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# 2015

# Gustavus Student Life Conference

# Program Proposal

Thank you for your interest in presenting at the 2015 Gustavus Student Life Conference, which will be held on the afternoon of Monday, January 26, 2015. This year’s theme is “**The Involved Gustie**.” The purpose of the conference is to create dialogue and generate ideas about identifying and addressing the needs of our students. Our students choose to get themselves involved with many activities, organizations, clubs, teams, etc. during their time at Gustavus. What are they learning from that involvement? How is co-curricular and extra-curricular involvement influencing academic success? At what point is over-involvement a detriment to a student’s experience? We hope to have the Student Life Division engaged in conversation about these important questions during this year’s conference.

To foster these conversations, we are seeking proposals for sessions that you and your colleagues will create and facilitate. These sessions are 40 minutes in length. In 2014, most sessions had between 6-12 participants.

The topic and the format is totally up to you. Here’s a list of some potential topics around the theme of **“The Involved Gustie.”** The list is certainly not all-inclusive, so think about your work with students and what you could create and share with the division to help us develop as professionals!

Some potential topic areas may include:

* Commitment to Self
* Modeling work/life balance
* Emotional balance & boundaries
* Investing & engaging in social media
* Supportive supervision/advising
* Keeping goals relevant
* Wellness promotion
* Helping students be resilient
* Helping students focus

We look forward to seeing your submission! If you have any questions, please contact Charlie at cpotts@gustavus.edu or reach out to other members of the Student Life Professional Development Committee (Kata Traxler, Jenn Ehalt, Jordan Zahrte, Jocelyn Crist, Cinde Wiebusch). We are happy to help think about potential topic areas, think through program design and facilitation, assist with writing the proposal, etc.

Please submit completed proposals to cpotts@gustavus.edu.

#  2015

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# Program Proposal

**-----------------------------------------**

**Each program session will last 40 minutes.**

**Please return this completed form to Charlie Potts at** **cpotts@gustavus.edu**

**by Friday, January 16, 2015.**

**Primary Presenter Information:**

|  |  |  |  |
| --- | --- | --- | --- |
| Name: |       |  |       |
|  | First Name |  | Last Name |
| Office/Dept: |       | Email: |       |

|  |  |
| --- | --- |
| Name(s) of Additional Presenters: |  |
| 1.       | Office/Dept:       |
| 2.       | Office/Dept:       |
| 3.       | Office/Dept:       |
| 4.       | Office/Dept:       |

**Program Title:**

**Program Area:**

**(Please indicate if your program fits into one or more of the areas listed on page one of this document. This will enable us to create tracks specific to certain categories)**

**Program Description:**

**(To be included in conference brochure. Please limit to 75 or fewer words)**

**Program Plan:**

**(Please include a schedule breakdown of how the 40-minute session will be utilized)**

**Technology Needs:**

**(Please list all A/V needs – projector, screen, sound, etc)**

**Are you providing your own computer? Mac or PC?**