

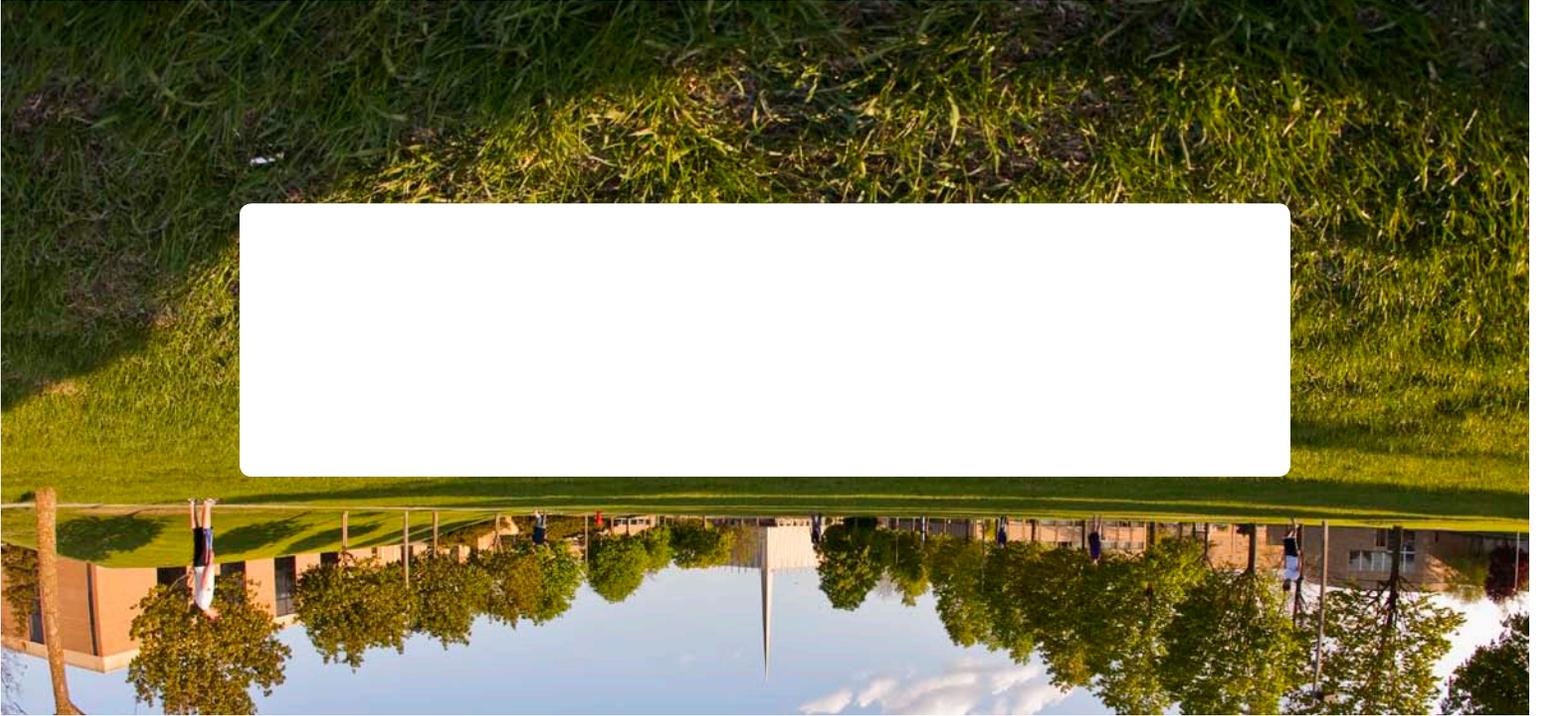
150 YEARS AND COUNTING

GUSTAVUS ADOLPHUS COLLEGE



gustavus.edu

800 West College Avenue
St. Peter, Minnesota 56082



YOUR FIRST 100 DAYS



WELCOME! This calendar represents a compilation of events and activities for **Your First 100 Days**. Each item has been selected to provide you with the opportunity to make connections and develop skills that will help you experience the five core values of Gustavus—Excellence, Community, Justice, Service, and Faith.



**YOU HAVE BEGUN
YOUR JOURNEY TO
THIS DESTINATION!**

Know that you are not alone in this journey—faculty, staff, Gustavus Alumni and your fellow students are here for you. Have a great first year at *"dear old G-A-C!"*



ALUMNI

- The Gustavus Alumni Association welcomes you to Gustavus! You are a Gustie! Did you know that there are Gusties living in all 50 states and DC, Puerto Rico, Virgin Islands, and Guam, as well as in 59 countries outside the US, including Sweden, India, Japan, Kenya, Peru, and Australia, just to name a few?
- Did you know that Gustavus is alma mater to: Minnesota governors Adolph Olson Eberhart 1895, Luther Youngdahl '19 and Harold LeVander '32; Minnesota lieutenant governor Joanel Dyrstad '64; Minnesota Attorney General Henry N. Benson 1893; and recent Speaker for the Minnesota House of Representatives Margaret Anderson Kelliher '90; judges, including the Hon. G. Barry Anderson '76, associate justice of the Minnesota Supreme Court, and the Hon. Paul A. Magnuson '59, senior judge of the U.S. District Court for the District of Minnesota; famous

Hollywood actors, including Peter Krause '87 (*Six Feet Under*, *Dirty Sexy Money*, *Parenthood*) and Steve Zahn '90 (*You've Got Mail*, *Employee of the Month*); professional athletes, including Eric Butorac '03 (professional tennis player) and Ryan Hoag '03 (2003's "Mr. Irrelevant"); Grammy Award-winning jazz vocalist Kurt Elling '89; TV news anchor Allison Rosati '85 of NBC5 in Chicago; and inventor Patsy O'Connell Sherman '52, co-inventor of 3M Scotchgard?

- Gusties are developing games at Nintendo and working on the new iPhone at Apple; one is serving as assistant press secretary to First Lady Michelle Obama; plus, they are working as costume designers, tree climbers, construction managers, trademark lawyers, zookeepers, bed and breakfast owners, missionaries, teachers, pastors, vice presidents, farmers, lawyers, and inventors, just

to name a few. A Gustie worked on the Apollo 13 flight, and Buzz Aldrin even brought a Gustavus flag to the moon! Gusties make their lives count.

- The best part is that all these amazing alumni are Gusties, just like you! They want to help you with an internship or a research project, they want to hear your stories, and they are supporting your time at Gustavus with their financial contributions. Contact the Office of Alumni Relations at x7511 or alumni@gustavus.edu to learn more.



EXPERIENCE GUSTAVUS

Gustavus Adolphus College expects students to attain their highest potential. By aspiring to the College's core values, students develop a capacity and passion for lifelong learning and lives of leadership and service.

EXCELLENCE

In the words of Eric Norelius, founder of the College, "Whatever we do, let us do it well."

- Over 70 majors, 14 with honors
- Academic assistantships
- Student research opportunities
- International education
- Internships
- Honorary and professional organizations
- Dean's List
- Leadership within student organizations
- Nobel Conference
- Chapter of Phi Beta Kappa

COMMUNITY

Gustavus has always been marked by a pervasive sense of connectedness among all members of the community.

- Residential college with more than 80% of students living on campus
- Over 110 student organizations with 99% of students involved in at least one organization
- 10 fraternities and sororities
- Gustavus Ambassadors
- Substance-free living options
- 25 athletic teams plus 40 intramural and club sports

JUSTICE

The College strives to be a just community in all of its actions and to educate students for morally responsible lives.

- Peace Studies minor and other social justice courses
- Hunger & Homelessness Awareness Week
- Student-led "Our Story" and "Building Bridges" conferences
- 12 social justice and multicultural student organizations
- Mayday! Peace Conference

SERVICE

We embrace the notion that true leadership expresses itself in service to others.

- Award-winning Community Service Center
- More than 10 service-centered student organizations
- Gustavus GIVE Day
- Spring Break Work Trips
- Leadership opportunities as a Gustie Greeter, Peer Assistant, or Collegiate Fellow
- G.O.L.D. Leadership Certificate Program

FAITH

Faith enriches learning, and we encourage an honest exploration of faith without expecting conformity.

- College firmly rooted in its Lutheran heritage
- Daily Chapel service
- Observance of other faith celebrations like Ramadan, Yom Kippur, Diwali, and Higan-e
- Taizé and Proclaim worship services
- Gustavus Youth Outreach
- Chapel Apprentice Program
- Center for Vocational Reflection

EXPLORE YOUR IDENTITY – INVEST IN OTHERS

You have joined a community of persons from diverse backgrounds who respect and affirm the dignity of all people. As a new student at Gustavus, this means truly knowing who you are and investing the time to learn about others.

EXPLORE YOUR IDENTITY

- What is your ethnic/cultural heritage?
- How does your heritage impact who you are today?
- What role has faith/religion/spirituality played in your life?
- How is your family alike or different from that of others?
- What have your experiences been with people who are different from yourself?
- How does who you are now, and what you believe today (your identity), impact others?
- Why do you believe what you believe?
- How do you imagine you will be the same or different four years from now (values, beliefs, traditions, opinions, etc)?

INVEST IN LEARNING ABOUT OTHERS

- Discuss families, heritage, faith, etc. with other students
- Visit with students, staff, and faculty in The Diversity Center – everyone is welcome!
- Attend E Pluribus Gustavus, Daily Chapel, Diwali, Day of the Dead Celebration, Mixed Blood Theatre, I Am We Are, events by the Crossroads Program, Kwanzaa
- Take a class focused on a topic different from your background/experiences (ethnic/cultural heritage, faith tradition, gender, and so on)
- Join a student organization that sound interesting (and is different from what you have done in the past)
- Ask others why they believe what they believe
- Volunteer to do community service

Counseling Center (x7027) – The Counseling Center works with Gustavus students to enhance their personal development and academic achievement. At times, students experience relational, emotional, social, or academic difficulties that they cannot fully resolve on their own, and find it helpful to talk to a professional counselor. The Counseling Center provides a variety of free, confidential services, including individual and group counseling, consultation, programs and workshops, training, and referrals to off-campus mental health resources.

Diversity and Multicultural Programs (x7449) – The Diversity Center is home to various diverse student organizations at Gustavus but welcomes all students, staff, & faculty who are interested in learning more or in shaping the climate of our campus. You might connect with a specific student organization, help plan an event, take the time to read the D-Center newsletter *Higher Ground*, or just hang out. Stop by to learn how the gifts of similarity and difference bring us together as a community.

Health Service (x7630) – The Student Health Service provides care and/or referral for acute medical injuries and illnesses, preventative health examinations, and promotes health and wellness through health maintenance, health education, and public health initiatives to maximize the lifelong health and learning of students.

Student Activities Office (x7598) – The Student Activities Office serves the campus as a resource for student leadership and programming, working with student organizations to develop high-quality programs for students. Looking for something to do? Want to join or start a student organization? The Student Activities Office is a great place to start!

Residential Life (x????) – Xxxxxx xxxxx xx
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The Center for Servant Leadership (x????)
– Each year more than 900 Gustavus students volunteer through the Center for Service Leadership. Through those efforts, the CSL has helped more than one million families, elderly, and children in St. Peter and beyond. We would love to have you join our programs and volunteer in your community! Our purpose is to encourage you to take a real look at the person you are and the gifts you possess, so you can find that way of life that matters—a life that’s true to who you are, but about more than yourself. We’re here to help you sort through the voices that tell you who to be, to listen to your own voice and learn to trust it. You can shape a life that blends your skills with the things you care about and the needs of the people around you. We are here to help you make your life count.

CONNECT WITH GUSTAVUS ONLINE

Options include Facebook (Gustavus Page, Gustavus Alumni), Twitter (follow GAC or President Ohle), Linked In, Youtube, & Flickr.

Alcohol/Drug Education (x7665) - The Office of Alcohol/Drug Education, in conjunction with the Peer Assistants, provides information and education on alcohol, drugs, and other health-related issues through workshops, speakers and awareness weeks. In addition, Judy Douglas, Director of Alcohol/Drug Education, provides individual counseling and alcohol screening, makes referrals to on and off-campus resources and works along with the Peer Assistants to promote healthy lifestyle programming.

Campus Safety (x8888) - Campus Safety is on duty 24 hours a day to provide the safest environment possible. The uniformed officers are responsible for residence hall, academic building, and grounds security, and respond to health and safety concerns. Each officer is also a trained First Responder.

Career Center (x7586) - One third of students come to Gustavus as open majors and half of the rest will change their minds! They will go through the process of finding out what majors and careers they are interested in pursuing, and will make plans to move toward those goals. The Career Center is here to help with the Strong Interest Inventory (to help make decisions about courses, majors and careers to explore), writing your résumé (which you may need to apply for a CF or other campus positions or summer opportunities) and also hosts employers seeking interns and employees. Stop by the Career Center to get started taking action toward your career goals.

Center for International and Cultural Education (x7545) - More than half of all Gustavus students study abroad before they graduate. Some students go on a January Interim off-campus program, others study abroad for a semester or academic year, and many students study away more than once! These students know that study away not only provides an opportunity for travel, helps you learn a language, and gives you experiences a classroom setting just cannot provide, it also enhances your employment prospects after you graduate. We are here to help you decide the best time and the best program for you!

Chaplains' Office (x7446) - The Chaplains' Office seeks to serve the entire Gustavus community students, staff, faculty, alumni, and friends. The center of our ministry is the worship of God rooted in the Lutheran Christian tradition. At the same time we value and support ecumenical cooperation and interfaith dialogue.

ACADEMIC SUCCESS

Academics are an important part of the college experience. Here are 10 study tips to help ease the transition from high school to college. This is the year of the Sesquicentennial. Make sure to check out all of the activities that celebrate Gustavus.

- Go to class. Skipping class is the #1 reason why students fail.
- Study at least 25 hours a week. College is a full time job. You should be in class, studying, or doing homework 40 hours per week.
- Schedule "goof-off" time. Everyone needs down time, but students need to manage their "goof-off" time.
- Know the last day to withdraw. After this date, you cannot withdraw from a class. Look for an e-mail from the Registrar regarding withdrawing from classes.
- Start your assignments early. The unexpected happens—you get sick or your computer crashes. Start assignments with plenty of time for the unexpected.
- Visit your advisor. Students need to meet with an advisor (usually in October or November) to plan for next semester.
- Go to your professors' office hours. Professors like to help students. Visit your professor during office hours.
- Take advantage of the tutors. Check with the Academic Advising Center for specific information.
- Form a study group. Studying complex material is more efficient with a study group.

ROOMMATES 101

- Discuss habits and schedules. Do you stay up late or get up early? What about housekeeping? Some are neat & some are not (you might need to relax a bit) but negotiate who does what when.
- Talk about social & personal expectations. Discuss expectations regarding loud music, significant others, other guests (overnight or otherwise), parties, time to "have the room to myself" and revisit expectations often.
- Respect & compromise are KEY! Value differences—in interests, friends, appearance, religion, values. Respect and learn about your roommate and chances are he/she will respect you.
- Talk before problems become big (NOT Facebook, E-mail, or Text—TALK IN PERSON!) As issues come up, brainstorm together to find ways to compromise . . .
- Not working out? First, talk with your roommate about your concerns. Also discuss your concerns with the CF and if necessary, schedule a mediated conversation.

GUSTIES ARE BUDDIES

- GUSTIES STICK TOGETHER when they go out! Never leave a friend alone—travel together in a group. Arrive together—stay together—leave together!
- Tell someone where you're going if you have to work in an isolated lab, practice room, or study lounge.
- Don't walk alone, especially after dark. Take a buddy and stay on populated, well-lit paths. If you need an escort, call Campus Safety.
- Take care of your stuff. Lock your door when you leave and remind your buddy to do the same.
- If you witness any suspicious behavior or if someone is in trouble, call Campus Safety immediately. Buddies watch out for each other and take care of our community by getting help if they need it.

WHAT'S HAPPENING?

While your academics should be your number one priority, all work and no play make a Gustie a dull student! There are activities, events, and programs throughout the year and here is how you find out what's happening on campus: College Calendar (gustavus.edu/news/calendar/) ■ Visit with your CF about upcoming events in your residence hall ■ Watch the changing wallpaper of posters in your building & around campus ■ Gustavian Weekly

SEPTEMBER 2011

- Turn in Health History form to Health Service
- Pay a visit to your professors during their office hours
- Get to know your advisor
- Take a picture with the statue of Gustav Adolf
- Join an organization or club that sounds interesting
- Hear new music Wednesday nights at the Courtyard Café
- Check out myPlan at Health Service
- Check out the weekly dance in The Dive Fridays, 11pm-1am, (GAC ID required)
- Check out free exercise classes in Lund
- Get moving for the Homecoming Fun Run
- Free movie in Wallenberg each Friday & Saturday at 7pm & 10pm and Sunday at 2pm
- Attend the Back to School Bash

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Men's Soccer vs. Wartburg College 4 p.m.	2 Women's Soccer vs. University of Wisconsin-Stout 12 p.m. Hypnotist Alumni Hall 10 p.m.	3 Women's Soccer vs. University of Wisconsin-Stevens Point 12 p.m. Men's Soccer vs. Presentation College 2 p.m.	
4 Men's Soccer vs. Clarke College 4 p.m.	5 Back to School Bash Lund Forum 5 p.m.	6 Classes Begin Opening Convocation Christ Chapel 10 a.m. Floor/Section Meetings 8 or 9 p.m.	7	8	9 Community Service Fair Campus Center 5-7 p.m. (subject to change) Outdoor Movie 9:30 p.m. Nobel Conference Preview Alumni Hall 2:30-3:30 p.m.	10
Orientation						
11	12	13 Kent Nerburn (The Wolf at Twilight – Reading in Common Speaker) Alumni Hall 7 p.m. Deadline Center for Servant Leadership	14 Men's Soccer vs. St. Olaf College 4 p.m.	15	16 Dueling Pianos Alumni Hall Fondue Friday CSL Office 2:30-4:30 p.m.	17 St. Peter Kickoff Lund Center & Arboretum Football vs. Mayville State University 1 p.m. Men's Soccer vs. Concordia College 2 p.m.
18	19 Semester Course Registration Deadline Gustavus Music Colloquium Series Björling Recital Hall 7:30-8:30 p.m.	20 Fall Internship Orientation SSC 101 3:30-4:30 p.m.	21 Volleyball vs. St. Olaf College 7 p.m. Twins Game vs. Mariners Target Field 7:10 p.m.	22	23 International Dance Lessons Alumni Hall 8 p.m.	24 Women's Soccer vs. College of Saint Benedict 1 p.m. Gustavus Music Colloquium Series Björling Recital Hall 1-2 p.m.
25	26 Homecoming Medallion Hunt Begins	27 Homecoming Window Painting Evelyn Young Dining Hall 6 p.m. Careers Possible: Employer Information Day Heritage and St. Peter Banquet Rooms 10:30 a.m.-2:30 p.m.	28 Rosh Hashanah (Sundown) Women's Soccer vs. Saint Mary's University 4 p.m.	29 Center for Servant Leadership Open House 10:30 a.m. Gustavus Music Colloquium Series Björling Recital Hall 3-4 p.m. & 7:30-9 p.m.	30 Sesquicentennial Kick-Off Lund Arena Homecoming Parade Ring Road 5:30 p.m. Homecoming Pepfest Intramural Fields 6 p.m. Homecoming Cookout Near Football field 7 p.m. Homecoming Bonfire Near Football field 8 p.m. Homecoming Fireworks Near Football field 10 p.m.	
Homecoming Week						

IMPORTANT PEOPLE & IMPORTANT OFFICES

Your Roommate! – Getting along with a roommate and sharing a living space are two of the key issues new students worry about. You have been assigned a room where you will sleep, study, relax, and entertain friends-and you are sharing this space with someone you most likely just met. Take the time now to get to know your roommate!

Gustie Greeters – The Gustie Greeters are a group of fifty upper-class student leaders who plan, organize, and lead incoming students through New Student Orientation. Each Gustie Greeter leads activities, discussions, and events during the four day Orientation program, and continuing throughout the entire year. Gustie Greeters are resources, friends, mentors, and leaders on campus and for incoming students.

Collegiate Fellow (CF) – Collegiate Fellows are carefully selected upper-class students who receive extensive training in peer counseling techniques, activity and program development, and about academic and campus resources. The CF's primary role is to help facilitate a positive living environment and act as your number one resource for information. The best part is they live right down the hall!

Peer Assistants (PAs)/Peer Assistance Center (x7607) – The Peer Assistants are peer educators who work to identify student needs and coordinate programs that support the Gustavus community in matters concerning alcohol/drugs, sexuality and other lifestyle issues. Additionally the PAs staff the Peer Assistance Center which offers literature on lifestyle issues and a place to find a listening ear-plus they have the most comfortable couches on campus! Visit them in the Campus Center.

Academic Advisor – Your faculty academic advisor is your number one resource for all of your academic questions and concerns. At Gustavus advising goes beyond simply prescribing courses-faculty and students talk about course choices, the integration of coursework and co-curricular choices, possible majors, and developing an academic program that will lead to further study or interesting careers. Visit your advisor early and often.

Academic Advising (x7027) – Along with your academic advisor, Collegiate Fellow, and professors, the Academic Advising staff offers advising and academic support services, as well as providing for the needs of students with disabilities. Conversations about how to take good notes, manage your time, and majors all happen at Academic Advising!

HAVE QUESTIONS ABOUT...

You are not alone on your journey at Gustavus, but you may wonder where to go to ask questions. Arranged by topic, here is a short list of people and places who are here to help you be successful.

Adding/dropping a class—Course Instructor, Your Academic Advisor, Registrar's Office

Getting involved, Clubs and Organizations—Student Activities Office, Your Greeter, Diversity Center, Community Service Center, Collegiate Fellow

Culture & Diversity Opportunities—Diversity Center, Student Activities Office, Collegiate Fellow

Faith/Spirituality—Chaplains' Office, Diversity Center, Religion faculty

Grades, a bad test or paper—Course Instructor, Your Academic Advisor, Academic Advising Office

Illness or Medical Needs—Health Service, Campus Safety, Collegiate Fellow

Majors—Your Academic Advisor, Center for Servant Leadership, Academic Advising Office, Career Center, Fellow students

Money concerns, employment, scholarships—Financial Aid Office, Your Academic Advisor

Roommate concerns/switching rooms—Your roommate, Collegiate Fellow, Area Coordinator

Rules, Policies, Judicial Issues—Collegiate Fellow, Area Coordinator, Dean of Students

Safety Concerns, Assault, Violence—Collegiate Fellow, Campus Safety, Sexual Assault Response Team, Counseling Center, Dean of Students

Selecting classes—Your Academic Advisor, Academic Advising Office, Faculty, Collegiate Fellow, Gustie Greeter

Stress, ongoing sadness or anxiety, etc.—Counseling Center, Chaplains' Office, Collegiate Fellow, Peer Assistants, Your Academic Advisor, Gustie Greeter

Writing/proofing papers—Course Instructor, Writing Center, Academic Advising Office

OCTOBER 2011

- Chat with your faculty about how your classes are going
- Take a draft paper to the Writing Center
- Attend a football game
- Have a bonfire at Seven Mile Park
- Take a picture with friends draped over the Gustavus sign
- Listen to an entire Nobel Conference presentation
- Schedule an appointment with your advisor before registration
- Spend an evening visiting the homes of all the Gustavus ghosts
- Attend & reflect during daily chapel
- See a movie at St. Peter Cinema 5 on Wednesday College Night

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 Women's & Men's Soccer vs. Simpson 2pm, 4pm	3	4 Women's & Men's Soccer vs. Crown College 4-7 p.m. Nobel Luncheon Registration Required, Free	5	6 Gustavus Music Colloquium Series Björling Recital Hall 10-11 a.m. & 7:30-9 p.m. Speaker - Steven Crowder Alumni Hall 7-9 p.m.	7 Volleyball vs. Bethel University 7 p.m. Yom Kippur (Sunset) On Ego Anderson Theatre 8 p.m.	8 Gustie Cup Flag Football Hollingsworth Football Field 12 p.m. Volleyball vs. Augsburg College 3 p.m. On Ego Anderson Theatre 8 p.m. SNL Lund (the blue) 10 p.m.-1 a.m.
Homecoming						
9 Gustavus Music Colloquium Series Björling Recital Hall 5-6 p.m. On Ego Anderson Theatre 8 p.m.	10	11	12 Men's Soccer vs. Hamline University 4 p.m. Volleyball vs. Hamline University 7 p.m.	13 Seminary/Divinity Day Event	14 Family Weekend Class Visits Weekend Movie Cars 2 Wallenberg Auditorium 7-9 p.m. & 10-11:45 p.m.	15 Weekend Movie Cars 2 Wallenberg Auditorium 7-9 p.m. & 10-11:45 p.m. First Year Family Pancake Breakfasts Co-Ed, Pittman, & Sobre Halls 8-10 a.m. Carnival Lunch Market Place 11:30 a.m.-1:30 p.m. Football vs. Bethel University 1 p.m. Men's Soccer vs. Augsburg College 1 p.m. How to Speak MN ??? ??? Family Weekend Banquet Campus Center Banquet Rooms 6:30-8 p.m. Sky Watch Olin Observatory 9-11 p.m.
Family Weekend						
16 Ala Carte Jazz Brunch Evelyn Young Dining Room 11 a.m.-12:30 p.m.	17	18 Women's Soccer vs. Bethel University 3:30 p.m. To Write Love on Her Arms (Jamie Tworkowski - Founder) Christ Chapel 7 p.m.	19	20	21 Finals for half semester courses Government Job & Internship Fair U of M Campus	22 Women's Soccer vs. University of St. Thomas 11 a.m. Football vs. Saint John's University 1 p.m.
Reading Days (No Classes)						
23	24	25	26 Midterm Grades Volleyball vs. St. Catherine's University 7 p.m.	27	28 Fondue Friday CSL Office 2:30-4:30 p.m.	29 Men's Soccer vs. Macalester College 1 p.m. Volleyball vs. Saint Mary's University 3 p.m.
Reading Days (No Classes)						
30 Gustavus Music Colloquium Series Björling Recital Hall 2-3 p.m. & 3:30-5 p.m.	31 J-Term (IEX) Registration	Reading Days (No Classes)				

