

### Department of Nursing – Sample Plan of Study (Challenge Curriculum)

The schedule below is a *recommendation only*. Prerequisite courses may be taken in a variety of ways. Consult nursing faculty with questions.

FIRST YEAR			SOPHOMORE			JUNIOR			SENIOR		
Fall		Cr	Fall		Cr	Fall		Cr	Fall		Cr
FTS 100	First Term Seminar	1	CHE 106	Intro to Chem Prin.	1	NUR 310	Med Surg Nursing I	1	NUR 383	Public Health	1
BIO 101	Principles of Biology	1	HES 234	Anatomy & Phys I	1	NUR 311	Fundamentals of Nur	1	NUR 385	Pediatric Nursing	1
PSY 100	General Psychology	1		Core or Elective		NUR 202*	Research in the Health Sciences	1	NUR 387	Maternal Newborn Nursing	1
	Core or Elective			Core or Elective			Core or Elective			Core or Elective	
<b>TOTAL</b>			<b>TOTAL</b>			<b>TOTAL</b>			<b>TOTAL</b>		
January Term		Cr	January Term		Cr	January Term		Cr	January Term		Cr
Spring		Cr	Spring		Cr	Spring		Cr	Spring		Cr
BIO 218	Fund. of Microbiology	1	HES 235	Anatomy & Phys II	1	NUR 335	Med Surg Nursing II	1	NUR 393	Psychiatric Mental Health Nursing	1
HES 212	Lifespan Development	1	NUR 201	Pre-Health Professions	1	NUR 337*	Prin of Pharm	1	NUR 395	Adv Med Surg Nur	1
S/A	1 course from list on p.2	1		Core or Elective			Core or Elective		NUR 398	Trans to Prof Pract.	1
	Core or Elective			Core or Elective			Core or Elective			Core or Elective	
<b>TOTAL</b>			<b>TOTAL</b>			<b>TOTAL</b>			<b>TOTAL</b>		
Summer		Cr	Summer		Cr	<u>FALL Only Prerequisites:</u> <input type="checkbox"/> BIO 101 <input type="checkbox"/> CHE106 <input type="checkbox"/> HES234		<b>SUMMARY OF CREDITS</b> Core / Electives = 12 cr. JAN term = 2 cr. Prerequisites = 9 cr. <u>Nursing Major = 11 cr.</u> Total Credits to Graduate = 34 cr.			
<b>TOTAL</b>			<b>TOTAL</b>								

(\*) Courses may be taken in the fall or spring of junior year.

## Core Requirements (Challenge Curriculum)

Arts (ARTSC): \_\_\_\_\_

Humanities (HUMN): \_\_\_\_\_

Natural Science (NTSCI): (BIO218, CHE106, HES235)

Hum Beh. and Soc Ins. (HBSI): (PSY100, S/A111, S/A113)

Theological Studies (THEOL): \_\_\_\_\_

Challenge Seminar: \_\_\_\_\_

Quantitative Reasoning (QUANT): \_\_\_\_\_

Wellbeing (WELBG): \_\_\_\_\_

Global Affairs and Cultures (GLAFC): (S/A111)

US Identities and Difference (USIDG): \_\_\_\_\_

Non-English Language

- Sem 1: \_\_\_\_\_
- Sem 2: \_\_\_\_\_

Writing in the First Year (WRIT): (F1S)

Writing and Information Literacy (WRITL): \_\_\_\_\_

Writing in the Discipline (WRITD): (NUR202)

WRITL / WRITD: (NUR398)

January Term

- Sem 1: \_\_\_\_\_
- Sem 2: \_\_\_\_\_

*It is preferred that students take the Non-English Language and QUANT requirements in the first two years.*

## Prerequisite Courses (9)

BIO 101	Principles of Biology (1)
BIO 218	Fundamentals of Microbiology (1)
CHE 106	Principles of Chemistry (1)
HES 212	Lifespan Development (1)
HES 234	Anatomy & Physiology I (1)
HES 235	Anatomy & Physiology II (1)
NUR 201	Pre-Health Professions (1)
PSY 100	General Psychology (1)

### **ONE OF THE FOLLOWING:**

S/A 111	Cultural Anthropology (1) <u>OR</u>
S/A 112	Introduction to Sociology (1) <u>OR</u>
S/A 113	Social Problems <u>OR</u>
S/A 225	Sociology of Aging <u>OR</u>
S/A 231	Kinship and Marriage <u>OR</u>
S/A 235	Social Inequality <u>OR</u>
S/A 242	Drugs and Society <u>OR</u>
S/A 262	Sociology of Medicine

All prerequisite courses must be completed prior to admission / beginning upper division nursing courses.

Students must obtain CNA certification before enrolling in nursing courses. Training sites:  
<https://www.health.state.mn.us/facilities/regulation/directory/natrainingsites.html>

## Nursing Major (11)

NUR 202 Research in the Health Sciences (WRITD)

*Highly recommended to be completed first year in the nursing major, typically junior year.*

NUR310 Medical-Surgical Nursing I

NUR311 Fundamentals of Nursing

NUR335 Medical-Surgical Nursing II

NUR337 Principles of Pharmacology

NUR383 Public Health

NUR385 Pediatric Nursing

NUR387 Maternal Newborn Nursing

NUR393 Psychiatric-Mental Health Nursing

NUR395 Advanced Med-Surg Nursing III

NUR398 Transitions to Professional Practice (WRITD)