

Career Management & Professionalism/Work Ethic

- Identify and articulate one's skills, strengths, knowledge, and experiences relevant to the position desired and career goals, and identify areas necessary for professional growth. The individual is able to navigate and explore job options, understands and can take the steps necessary to pursue opportunities, and understands how to self-advocate for opportunities in the workplace.
- Demonstrate integrity, resilience, accountability and ethical behavior. The ability to take initiative, maintain effective work habits (prioritize, plan and manage work) to produce high quality results and project a professional presence.

Assess yourself on Career Management & Professionalism/Work Ethic:

- Need to Develop
- Currently Developing
- Excelling

Ways to develop this competency:

- Attend a networking event or career/internship fair.
- Develop a personal pitch of introduction.
- Conduct informational interviews or job shadows.
- Use a planner or calendar to prioritize work/assignments and meet deadlines.
- Reflect on a recent challenge and identify areas of growth and improvement for the future.
- Review your social media through the eyes of a future employer and determine appropriateness.

Thought Provoking Question(s):

1. If you were given 2 minutes to introduce yourself to your dream employer what would you say to spark their interest in hiring you?
2. How do you manage your time? Do you think this will change when you enter the workforce, if so how?
3. What are your strengths and opportunities for growth?

Sample Interview Question(s):

1. How do you measure your own success?
2. Has there ever been a time that your integrity has been challenged? What did you do?

Podcast:

Informational Interviews: Guidance on a Successful Informational Interview by Manager Tools
<https://www.manager-tools.com/2017/06/informational-interviews>