



COLLEGE ARCHIVES

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**Gustavus Adolphus College Archives
St. Peter, Minnesota**

Zust, Barbara L. Collection of Barbara Zust, 1996-2022.

GACA Collection 474

Zust, Barbara L. Collection of Barbara Zust, 1996-2022. GACA Collection 474. 1 Hollinger box.

ABSTRACT:

The Barbara Zust collection consists of publications, grant writing, applications, syllabi, certificates, and correspondence. Barbara Zust taught maternity and mental health nursing at Gustavus from 2000-2022. The majority of her published content explores women's mental health, specifically relating to survivors of domestic violence and incarcerated women. Zust received many certifications during her time at Gustavus, several of which were online programs.

BIOGRAPHICAL NOTE:

Barbara "Barb" Zust graduated from Gustavus Adolphus College in 1976 with a B.A. in Nursing. She received her M.S. in Nursing Education from the University of Minnesota in 1998, followed by a PhD in Nursing from the University of Minnesota in 2003. After working for various hospitals in Minnesota and Colorado, Zust became a professor of nursing at Gustavus in 2000. During her master's research, she received a research grant with INSIGHT: A Group Cognitive Therapy Program for Women in 1996. Her research focused on women who were victims of domestic violence. Barbara continued this research through her doctoral program.

At Gustavus, Zust taught courses about mental health, perinatal health, psychiatric nursing, and general nursing concepts. Additionally, she led study away programs in Alaska, Sweden, India, Nepal, Tanzania, and Madagascar.

Zust was a member of Sigma Theta Tau International Honor Society of Nursing, the Minnesota Nurses Association, Rural Nursing Organization, and the Nursing Network Against Violence Against Women International. She received the Edgar M. Carlson Award for Teaching Excellence in 2011. Zust served as the President for the Chi-Chapter-at-Large, Secretary of the Minnesota Intercollegiate Nursing Consortium (MINC) Board, and as the secretary, editor, and board member for the Nursing Network on Violence Against Women International.

SCOPE AND CONTENT:

This collection contains three series: Course Materials, Personal Materials, and Publications and Presentations.

Course Materials, 2003-22 and undated, includes course proposals and syllabi created by Zust.

Personal Materials, 2000-11 and undated, is comprised of papers written for courses and certifications that Zust received.

Publications and Presentations, 2000-22 and undated, consists of published and unpublished articles written by Zust, along with presentations she gave.

RESTRICTIONS:

There are no restrictions on the use of this collection for research purposes. The researcher

assumes full responsibility for observing all copyright, property, and libel laws as they apply.

Researchers must use collection in accordance with the policies of the College Archives, the Folke Bernadotte Memorial Library, and Gustavus Adolphus College.

COLLECTION CITATION:

Zust, Barbara L. Collection of Barbara Zust, 1996-2022. GACA Collection 474. Gustavus Adolphus College Archives, St. Peter, Minnesota.

ACQUISITION:

Barbara Zust donated this collection during May 2023.

PROCESSED BY:

Ellen Dow, student worker, processed this collection and developed the finding aid during November 2023.

RELATED COLLECTIONS IN THE ARCHIVES:

Nursing Department. Records of the Nursing Department, 1946-Ongoing. GACA Collection 31.

SUBJECT HEADINGS:

Zust, Barabara L.

Gustavus Adolphus College -- Faculty.

Gustavus Adolphus College -- Nursing Department.

GACA Collection 474	Box	Folder
Course Materials, 2003-22 and undated		
Alaska Native and Native American Perspectives on Wellbeing Course Proposal, 2013	1	8
CADA Shelter in Mankato Partnership Proposal, undated	1	8
Correspondence about Curriculum, 2013 and 2018	1	10
Fourth Year Course Release Report, undated	1	12
Guatemala Spring Break Trip, 2003	1	14
Introduction to Psychiatric-Mental Health Nursing Syllabus, undated	1	15
J-Term Proposal, 2003	1	8
NUR 202: Research and Ethics in the Health Sciences Syllabus, 2022	1	17
NUR 205: Alaska Native/Native American Perspectives on Wellbeing Syllabi, 2014-15, 2017, and 2019	1	17
NUR 302: Healthcare Issues Syllabus, 2010	1	16
NUR 304: Nursing Concepts Syllabus, 2006	1	16
NUR 383: Public Health Clinical, 2017	1	17
NUR 386: Perinatal Health Syllabi, 2008-11	1	16
NUR 387: Reproductive and Perinatal Health Syllabus, 2015	1	17
NUR 392: Mental Health Syllabi, 2009-11	1	16
“Sweden Today” J-Term and Spring Semester Proposal, 2021	1	8
The Postpartal Family Syllabus, undated	1	15
Personal Materials, 2000-11 and undated		
Application for Research, Scholarship, and Creativity Grant, undated	1	13
“Application of the Calgary Family Assessment Model to enhance Family Self-esteem in Families who Experience Domestic Violence,” 2000	1	11
“ ‘Bittersweet Knowledge’: The Long-Term Impact of an International Experience,” undated	1	11
“Effect of Cognitive Group Therapy on Depression in Battered Women” Grant Writing, 1996	1	13
ELCA College and University Faculty and Administrative Study Grants Application 2002-03	1	13
Certificates of Completion/Attendance, 2000-11	1	9
Nursing Network on Violence Against Women International (NNVAWI) Excellence in Nursing Education Award Nomination, 2005	1	12
“Structure of Discipline” written for course at the University of Minnesota, undated	1	11
Tugamelenga Reflection, undated	1	18
Publications and Presentations, 2000-22 and undated		
“An Exploration of Anxiety Amongst Junior and Senior Nursing Students,” undated	1	6
“Assessing and Addressing Domestic Violence Experienced By Incarcerated Women,” <i>Creative Nursing</i> , vol. 14, no. 2, 2008	1	1
“Chapter 3: Philosophical Perspective,” undated	1	3

“Death as a Transformation of Wholeness: An ‘Aha’ Experience of Health as Expanding Consciousness,” <i>Nursing Science Quarterly</i> , vol. 19, no. 1, pp. 1-4, January 2006	1	1
“Effect of Cognitive Therapy on Depression in Rural, Battered Women,” <i>Archives of Psychiatric Nursing</i> , vol. XIV, no. 2, pp. 51-63, April 2000	1	2
“Effect of INSIGHT on Depression in Incarcerated Women and Their Recidivism,” undated	1	6
“Enhancing Student Nurses’ Perspective of Caring Through an International Service Learning Experience,” <i>Caring</i> , p. 21, June 2004	1	2
“Evangelical Christian Pastors’ Lived Experience of Counseling Victims/Survivors of Domestic Violence,” <i>Pastoral Psychology</i> , vol. 66, no. 5 pp. 675-687, October 2017	1	4
“Exploring the Lived Experience of Difficult Sleep and Good Sleep Among Psychiatric Inpatients”, undated	1	3
“Fifty Years of Nursing and More,” 2010	1	4
“Identifying Underserved Ethnic Populations Within a Community: The First Step in Eliminating Health Care Disparities Among Racial and Ethnic Minorities,” <i>Journal of Transcultural Nursing</i> , vol. 14, no. 1, pp. 66-74, January 2003	1	2
“Labor Induction Practices in a Rural Midwestern Hospital,” undated	1	6
“Letting Go for Learning: When Student Reciprocity Fails to Deliver,” Presentation Program, 2014	1	5
“Meaning of INSIGHT Participation Among Women Who Have Experienced Intimate Partner Violence,” <i>Issues in Mental Health Nursing</i> , vol. 27, pp. 775-793, 2006	1	1
“Nurse and Nursing,” Presentation, undated	1	5
“Nurses’ Experiences Caring for Incarcerated Patients in a Perinatal Unit,” <i>Issues in Mental Health Nursing</i> , vol. 22, pp. 1-5, 2012	1	4
“Partner Violence, Depression and Recidivism: The Case of Incarcerated Women and Why We Need Programs Designed for Them,” 2008	1	1
“Public Health Awareness of Climate Change’s Impact on Health,” <i>Public Health Nursing</i> , pp. 1-9, 2022	1	6
“Service”, <i>Rooted in Heritage, Open to the World: Reflections on the Distinctive Character of Gustavus Adolphus College</i> , 2017	1	7
“Stress Perception Among Rural and Urban Perinatal Patients,” undated	1	3
“The Meaning of Participation in an International Service Experience Among Baccalaureate Nursing Students,” <i>International Journal of Nursing Education Scholarship</i> , vol. 1, issue 1, pp. 1-14, 2004	1	2
“The Power of Music,” <i>Creative Nursing</i> , vol. 16, issue 2, pp. 84-86, 2010	1	4

“Tolerating Abuse for the Sake of Relationships: What College Initiation Rituals Really Teach our Students,” Presentation, undated	1	5
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