

Hour	First Year			Soph Year			Junior Year			Senior Year		
	Fall	J-T	Spring	Fall	J-T	Spring	Fall	J-T	Spring	Fall	J-T	Spring
8:00			*#HES 227 1.0 MWF *#HES 211 1.0 MWF			*#HES 227 1.0 MWF *#HES 211 1.0 MWF	HES 320 M-F 1.0		*#HES 227 1.0 MWF *#HES 211 1.0 MWF	*HES 398 1.0 MWF *HES 350 0.5 TR Take same semester		*HES 398 1.0 MWF *HES 350 0.5 TR Take same semester *#HES 227 1.0 MWF *#HES 211 1.0 MWF
9:00	*NUR- 253 1.0 MWF *HES 234 1.0 MWF + lab			*HES 234 1.0 MWF + lab *NUR-253 1.0 MWF		HES 206 1.0 M-F	*NUR-253 1.0 MWF		HES 313 1.0 M-F	*HES 351 0.5 TR - OPTIONAL CLASS: Take same semester as 350 and 398 *HES 300 .25 MW		*HES 351 0.5 TR - OPTIONAL CLASS: Take same semester as 350 and 398
Chapel												
10:30	*HES 222 .5 TR *HES 234 1.0 MWF + lab *#HES 211 1.0 MWF		*HES 222 .5 TR *HES 235 lecture 1.0 MWF + lab *#HES 238 1.0 MWF	*HES 222 .5 TR *HES 234 1.0 MWF + lab *#HES 211 1.0 MWF		*HES 222 .5 TR *HES 235 lecture 1.0 MWF + lab *#HES 238 1.0 MWF	HES 307 1.0 M-F		HES 311 1.0 M-F	*#HES 211 1.0 MWF	HES 318 .25 lab Day TBA	*HES 300 .25 TR *#HES 207 1.0 MWF
11:30	*HES 234 1.0 MWF + lab		*HES 219 1.0 M-F *#HES 238 1.0 MWF *#HES 207 1.0 MWF	HES 203 .5 MWF		HES 303 1.0 M-F	HES 220 1.0 M-F		*HES 219 1.0 M-F *#HES 238 1.0 MWF	HES 312 1.0 M-F		*HES 219 1.0 M-F *#HES 238 1.0 MWF
12:30	*#HES 211 1.0 MWF			*#HES 211 1.0 MWF		*HES 235 lecture 1.0 MWF + lab	*#HES 211 1.0 MWF		HES 310 1.0 M-F	*#HES 211 1.0 MWF		HES 353 1.0 TR + R night 6- 8pm
1:30	*HES 309 1.0 MWF		*HES 200 .25 TR	*HES 309 1.0 MWF					HES 308 1.0 MWF			

			*HES 309 1.0 MWF *NUR-253 1.0 MWF	*HES 200 .25 TR								
2:30							*NUR-337 1.0 MW (2:30-4:20)		*NUR-337 1.0 MW (2:30-4:20)	*NUR-337 1.0 MW (2:30-4:20)		*NUR-337 1.0 MW (2:30-4:20)
Course credits	0-4.5		0-5.75	2.75 – 5.25		3.0 – 4.5	3.0 – 5.0		4.0-5.0	1.0-4.75	.25	1.0-5.75

HES 368 (1.0 credit) is optional: can be during the semester senior year or during the summer between jr. and sr. year is most likely.

*- More than one time/semester course is offered, pick one.

Orange Font – Required for both Athletic Training and Exercise Physiology

Purple Font – Required for Exercise Physiology alone

#can take 1 of 211, 227, or 238

Blue Font – Required for Athletic Training alone

Bolded Font – must be enrolled in or completed by Sophomore Fall in order to apply to AT Program