International Students

Gustavus Student Health Service welcomes you! As part of our effort to provide quality health care we ask that you take time to thoroughly complete the enclosed STUDENT HEALTH HISTORY FORM and return it directly to Student Health Service BEFORE you arrive on campus. You may send it by mail, fax, or scan it into an email. Having this information readily available allows us to provide for your ongoing health care needs. Please review and complete the following requirements and recommendations.

IMMUNIZATIONS:
To be compliant with Minnesota State Law, ALL incoming students are REQUIRED to submit:
- Dates of immunization against tetanus and diphtheria (td) or Tdap (must be within the last 10 years)
- Dates of immunization(s) against measles, mumps, rubella (MMR)
- Please bring a copy of your immunization record
- Please DO NOT get a tuberculosis screening before you arrive to Gustavus. The Minnesota Department of Health recommends that we do the screening here.

Gustavus Adolphus College and the American College Health Association also strongly RECOMMEND:
- Hepatitis A/B series (see enclosed brochure)
- Meningitis vaccine (see enclosed brochure)
- HPV (Gardasil) vaccine
- Annual influenza vaccine

These immunizations are available at Gustavus Student Health Service. We encourage you to discuss these vaccinations with your healthcare provider during your appointment for your college physical examination.

PHYSICAL EXAM:
Gustavus Adolphus College REQUIRES that all students have a physical examination within the past 12 months. (Physical exam requires a signature by licensed medical provider.) If you will be on a Gustavus athletic team, you are required to have a physical within 6 months of the first day of practice.

COST OF SERVICES:
If you are unable to complete the above requirements in your home country, we can assist you in completing them upon your arrival at Gustavus. The cost of each requirement is approximately:
- Physical Exam $25
- Td/Tdap $40
- MMR $150
- Tuberculosis screen $12

General medical services are provided on campus. Please see the back side of this letter for more details, or check out our website at www.gustavus.edu/healthservice. If you have any questions do not hesitate to contact Student Health Service by phone or email prior to your arrival to the College. We look forward to assisting you with your health care needs.
HEALTH SERVICE:
The mission of Gustavus Student Health Service is to promote and provide quality health care and education, while enhancing healthy lifestyles.

Location: C. Charles Jackson Campus Center across from the BookMark.
Hours: Monday-Friday 8:00am – 4:30pm (while school is in session)

Services Provided:

- **General Medical Service**
  - Physical exams
  - Prescription refills
  - Mental Health
  - Gynecological exams
  - Sexual Health Counseling
  - Wellness & prevention

- **Acute Illness**
  - Eye, ear, nose, throat infections
  - Respiratory infections
  - Skin infections
  - Bladder infections

- **Injuries**
  - Sprains
  - Abrasions
  - Burns

- **Pharmacy**
  - A limited variety of commonly prescribed medications are available at minimal cost. Prescriptions can be written and filled at a pharmacy of your choice.

- **Procedures**
  - Wart treatment
  - Skin tag/mole removal
  - Ingrown toenail repair
  - Laceration repair
  - Suture removal

- **Immunizations**
  - Td/Tdap (tetanus, diphtheria and pertussis)
  - Hepatitis A and B
  - Gardasil (HPV)
  - Influenza (during flu season)
  - Mantoux (tuberculosis) skin test

- **Laboratory (on-site)**
  - Rapid Influenza test
  - Mononucleosis
  - Strep throat
  - Urinalysis
  - Pregnancy

  For all other lab tests, blood can be drawn or specimens collected by Health Service staff and sent to our contracting laboratory for processing.

A registered dietitian is also available for consultations. Appointments for all services are encouraged. During evenings and weekends, River’s Edge Hospital (located in St. Peter) has an Urgent Care and Emergency Room for urgent/emergent needs.

The Student Health Service aims to meet all student medical needs. Please call 507-933-7630 with questions or to set up an appointment. Further information about the Health Service and health education links may be found on the Gustavus website at gustavus.edu/healthservice.