

Hi Gusties with United HealthCare Student Resources insurance -

I hope this email finds you well. I wanted to let you know Gustavus Health Service is now offering telehealth appointments for students who are residing in Minnesota Monday through Friday during normal business hours. To schedule an appointment please log on to the [Gustavus Health Portal](#) and use the 'Appt. Scheduling' tab.

If you are living outside of Minnesota, or it is after hours you have another option! Included with your student insurance plan, and provided by HealthiestYou, is 24/7/365 access to board-certified physicians online or on the phone (where permitted). Totally worth it for minor stuff (like allergies, pink eye and earaches), the doctors on Telehealth can even send a prescription to your preferred pharmacy. The future is here!

Telehealth can be a win/win:

- Pay no fees (when you have the school sponsored insurance)
- If you are in MN, you can schedule with a Health Service provider M-F during regular business hours (see link above)
- If you are outside of MN, or looking for more immediate assistance, you can connect with a licensed physician 24 hours a day, 7 days a week by calling the toll free # is on your SR ID card or in [My Account](#)

If you have not yet created your *My Account*, we encourage you to do so today! It will allow you to access information about your coverage at your convenience, 24 hours a day, seven days a week at:

https://www.firststudent.com/school_detail/my-account-gustavus-adolphus-college/

With *My Account* you'll have immediate access to view and print your ID cards and access to your claim history, including EOBs (Explanation of Benefits).

If you have any questions please don't hesitate to reach out to health-service@gustavus.edu. We hope your online classes are going well!

[Healthiestyou Flyer](#)

[BetterHelp Flyer](#)

Take care -

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