

**CERTIFICATE OF ATTENDANCE**

Nobel Conference 60 at Gustavus Adolphus College – October 1 and 2, 2024

This certifies that \_\_\_\_\_ attended and participated in the  
**Nobel Conference 60: Sleep Unraveled**

\_\_\_\_\_ **Session 1 – 2.5 hours**

**Lecture by Robert Stickgold - Sleep, Memory, and Dreams: Pulling It All Together**

Professor of Psychiatry, Harvard Medical School

**Lecture by Amita Seghal - Using a Simple Model to Understand How and Why We Sleep**

Professor of molecular biology and chronobiology, Perelman School of Medicine, University of Pennsylvania

**Panel Discussion and Q&A**

\_\_\_\_\_ **Session 2 – 2 hours**

**Lecture by Marishka Brown - Sleep and Circadian Health: A National Research Agenda**

Director of the National Center on Sleep Disorders Research at the National Institutes of Health

**Panel Discussion and Q&A**

\_\_\_\_\_ **Session 3 – 2.25 hours**

**Lecture by Mary Carskadon - Clock, Hourglass and Teen Sleep**

Professor of Psychiatry and Human Behavior, Brown University

**Lecture by Maiken Nedergaard - The Glymphatic System**

Professor in the departments of neurology and of neurosurgery, and is the co-director of the Department of Neurology, Center for Translational Neuromedicine at the University of Rochester

**Panel Discussion and Q&A**

\_\_\_\_\_ **Session 4 – 2.25 hours**

**Lecture by Benjamin Reiss - Sleep and Inequality: A History**

Professor of English, Emory University

**Lecture by Tricia Hersey - Rest as Portal for Justice**

Performance artist, theologian and founder of The Nap Ministry

**Panel Discussion and Q&A**

**Total Hours Attended:** \_\_\_\_\_



Dr. Lisa Heldke, Nobel Conference Director

*Attendees of the Nobel Conference should present this certificate to their licensure renewal units committee.*

*For questions, please contact the Office of Marketing and Communication at 507-933-7520.*