



Appreciative Advising

Supporting the Whole Student for Study Away Success

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What is Appreciative Advising?



Appreciative Advising is the intentional collaborative practice of asking positive, open-ended questions that help students optimize their educational experiences and achieve their dreams, goals, and potential through a series of phases (Palmer, 2009).

*Appreciative Advising is not always a linear process!

Why Appreciative Advising?



- Builds rapport
- Increases student engagement
- Integrates experiences
- Empowers students through learning plans and goal-mapping
- Appreciative Advising is a mindset more than anything else
- Aligns with international education goals

Disarm



Focus on making a good first impression and establishing a safe and welcoming atmosphere

“I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

– Maya Angelou

Discover



Ask open-ended questions aimed at illustrating a complete picture of who the student is

- Learn their motivations for studying abroad
- Explore:
 - Strengths, Skills, Abilities, Interests, Experiences, Goals

Dream



Inquire about students' dreams, hopes, and fears

- Begin to formulate goals
- Connect studying abroad with:
 - Personal goals
 - Academic goals
 - Career goals
- Thoughtfully suggest programs and learning experiences to consider if the student is still thinking about program options

Design



Co-create a plan for making their dreams a reality

- Formulate goals and devise strategies to achieve them
- Brainstorm how best to achieve their goals based on:
 - When to study abroad
 - Where to study abroad
 - Program structure, content, characteristics, and opportunities
 - Other relevant criteria

Deliver



Encourage and support, using positive reinforcement and follow-up to emphasize the importance of putting plans into action

“[Hope] is not the belief that everything was, is or will be fine... The hope I am interested in is about broad perspectives with specific possibilities, ones that invite or demand that we act... To hope is to give yourself to the future—and that commitment to the future is what makes the present inhabitable.”

- Rebecca Solnit

Don't Settle



Build on positive momentum to challenge students to raise their expectations for what they can accomplish

- Engage students in directed reflection during and after program
- Adjust goals and plans as needed
- Connect students with:
 - cultural programming
 - opportunities to apply their experiences
 - career/post-grad opportunities

References & Resources



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