The Power of Music in Religious and Spiritual Life and for Human Health and Well-being:
Wisdom from Musicians, Religious Thinkers, and Psychologists

Join us at Gustavus Adolphus College this winter with another in-depth mini-course series!

Music has been central to cultures and faith traditions across centuries and around the world, and today a number of scientists are studying the potential benefits of music for health, well-being, and community life.

This series explores the power of music by bringing together musicians, psychologists, and religious thinkers who address a number of central questions, such as:
1. Why is music so pervasive across centuries, cultures, and religious traditions?
2. What are scientists saying about the potential health benefits of music and its role in human flourishing and quality of life?
3. How have musicians past and present spoken about the appeal, benefits, and power of music?
4. What diverse forms of music do we find in religious communities in the past and around the world today?
5. What do the Bible, other sacred texts, theologians, and religious thinkers say about the power of music for wellbeing and the life of faith?
6. What are some of the best ways music can be used to nurture moral and spiritual life, to strengthen faith communities, and to foster interfaith understanding and cooperation?

The course will be taught on four consecutive Monday evenings. For more information or to register, contact Sara Masters in Church Relations at Gustavus, 507-933-7001, or e-mail church-relations@gustavus.edu. This is a not-for-credit course organized and sponsored by the Office of Church Relations and the Bernhardson Chair

Instructors:
• Gregory Aune, associate professor of Music, conductor of The Gustavus Choir
• Julie Aune, musician and artistic director of the Lucia Choirs at the American Swedish Institute
• Jay Beech, director of the Center for Worship and Music Studies
• David Jordan Harris, vocalist, artistic director of Voices of Sepharad
• Mark Kruger, professor in Psychological Science at Gustavus
• Nirmala Rajasekar, musician and director of the Naadha Rasa Center of Music
• Patricia Reeder, assistant professor in Psychological Science
• Chad Winterfeldt, cantor of Christ Chapel at Gustavus

WHEN: Oct. 12, 19, 26 and Nov. 2 with Free Concert Nov. 8 (Sunday) 7-9 p.m.
WHERE: Gustavus Adolphus College, St. Peter, Olin Hall 103 (note: October 19 session is in the Fine Arts Building, Room 214; November 8 concert is in the Björling Recital Hall
WHO: Anyone who wants to explore this topic. All are welcome!
COST: $35/person (registration deadline: October 9)

TO REGISTER: Please complete the form below (space is limited) and return with payment to: Gustavus Adolphus College, Church Relations, 800 West College Ave., St. Peter, MN 56082

Registration Form for the Fall 2015 Exploring Religious Questions Series
Name: _______________________________ Phone Number: _______________________________
Home Address: ____________________________________________
Email: ____________________________ Home Church (and City): __________________________

Please make your check payable to Gustavus Adolphus College. Questions? Please contact Sara Masters in the Office of Church Relations at Gustavus at smasters@gustavus.edu.