

## Certified Nursing Assistant (CNA or NA) Information

### Things to consider for CNA training:

**Community College:** Hours/schedule are more full-time in nature and college credit is also award along with certification. Therefore, cost might be higher for credit/certification.

**Other organization:** (Examples Thro Company-Mankato or Red Cross) Course offerings tend to be more part-time in nature to accommodate working/students schedules. Cost might also be slightly lower because of no academic credit earned.

### Two CNA training options in Mankato area: Thro Company and South Central Technical College

Thro Company (Updated January 5, 2012 HB)

Address: PO Box 1236

Mankato, MN 56002

Contact: Mindy Beert, Director of Nursing Assistant Department

Phone: 507-625-8741

Email: narclass@throcompany.com

<http://www.throcompany.com/nursing-assistant-program>

### General Overview

Since 1979, The Thro Company has trained and graduated more than 1700 nursing assistants. The Thro Company offers 75 hour curriculum developed by the Minnesota State Colleges and Universities and is a Minnesota Department of Health approved training site. Successful completion of the training program qualifies the student for admittance to the Competency Evaluation at an approved Minnesota Technical College test site. Classes are offered in two locations, the Mankato Area:

The Thro Company Corp Office  
The Education Department  
638 South Bend Ave, Mankato, MN 56001

### Registration:

Our online registration is quick and easy. To register for the Mankato location, simply register online and pay with a Visa or MasterCard and a spot will be reserved for you instantly! Go to website <http://www.throcompany.com/nursing-assistant-program> and follow registration link.

### Program Costs

Tuition and registration fees of \$450 are payable online by Visa or MasterCard and will reserve your position in class.

Tuition Fees = \$400.00

+

Registration Fees = \$50.00

= \$450.00

## South Central Technical College

1920 Lee Boulevard  
North Mankato, MN 56003  
Contact: Julie Fredericks, 507-389-7489

Go to website to see information about searching for latest CNA classes and follow directions given.  
<http://www.southcentral.edu/nursing/certified-nursing-assistant.html>

Example below of course description and timeline for 75+ hours of training. HCTC Basic Nursing 101 (CNA)

Location: South Central- North Mankato  
Credits: 4 credits

## HCTC 1886 - Basic Nursing 101 (CNA)

Description: This course meets federal and state criteria for eligibility to take the state test to become a NAR, HHA, as well as the requirements for Basic Nursing 101, a requirement for the Practical Nursing Program. It introduces concepts of basic human needs, the health/illness continuum and focuses on preparing the student to safely perform basic nursing skills needed to function as a Nursing Assistant or Home Health Aide. (Prerequisites: None)

Notes:

- Example schedule: The classroom portion will be on Mon., Wed., and Thurs. from 12-6 p.m. The clinical portion will be held at a nursing home in Mankato or the greater Mankato area from 12-8:30 p.m. on Feb. 8, 9, and 13, 2012.

Tuition and Fees (approximate):

Tuition -resident: \$620.00

Tuition -nonresident: \$620.00

Approximate Course Fees: \$99.00

**TEST-OUT CANDIDATE:** You are a candidate who does not meet any of the other eligibility routes listed above. Examples are:

- if you were trained in another country
- if you have not taken a nursing assistant program
- if you have not worked as a nursing assistant in the last two years
- if you are from another state and do not qualify for reciprocity in Minnesota
- if you are a student nurse or graduate nurse candidate. You must take the NA written and skills evaluation tests.

\*For additional information on testing out, contact: Julie Fredericks, 507-389-7489

---

### Other places to get trained in the **state of Minnesota**

You can search for Nursing Assistant (certificate) programs at one of the Minnesota State Colleges & Universities

Find programs using a keyword or browse by academic area:

<http://www.mnscu.edu/collegesearch/index.php/program/search>

OR

You can find out about Nursing Assistant Training/Testing Sites

Use the MN Dept of Health website:

[www.health.state.mn.us/divs/fpc/directory/natrainingsites.cfm](http://www.health.state.mn.us/divs/fpc/directory/natrainingsites.cfm)

Search by city or organization. Easy to use.

2 steps to locating training sites:

Step 1 Search

By city: \_\_\_\_\_

By site name: \_\_\_\_\_

Select all:

Step 2 Click Submit

Example: By city: Mankato

1. South Central College Mankato

1920 Lee Blvd,

North Mankato, MN 56003

(507) 389-7200

(800) 722-9359

2. The Thro Company

PO Box 1236

638 Southbend Ave.

Mankato, MN 56001

(507) 388-2913

(507) 625-8741

---

A new potential training site in St. Peter:

Benedictine Living Community of St. Peter

1907 Klein Street, St. Peter, MN 56082

Phone (507) 934-2203

Fax (507) 934-8392

[www.benedictinelivingcommunityofstpeter.com](http://www.benedictinelivingcommunityofstpeter.com)

Contact:

Ellen Graham, Director of Nursing Services, (507) 934-8283

\*There may be a way to get trained here if you were interested in working here too.