

Happy Fall! October and November have a lot going on for Health Professions. As registration for the January Interim and Spring courses approach we will have Pop-Up Advising sessions around campus. Health Professions Week (HPW) will be kicked off with our Nov. 1st trip to Mayo Clinic and we are planning many great events & activities for that week.

**Mark your calendar: Pop-Up Advising**

- 1: Thursday, October 27 @ 11am-1pm Pop-Up Advising outside Nobel Hall.
- 2: Wednesday, November 2 @ 11am-1pm Pop-Up Advising outside Johnson Union
- 3: Tuesday, November 8 @ 11am-1pm (Final) Pop-Up Advising outside Lund

Heather & Heidi will be available to chat about January classes, Career Explorations and Spring classes. We will have prerequisite four year guides available. Look for our pop-up tent to find us!

**Podcast #38:** Gusties Vote 2022 Health

Amy Pehrson '91 and Megan Ruble share resources and helpful information about voting information and highlight top issues for elections in regards to health. Listen [HERE](#)

**BONUS Podcast #39:** Mayo Clinic Open House Preview: Learn about what to expect at the Mayo Open House event and learn more about the programs offered. And how you can earn your Pharmacy Tech or Phlebotomy Certification for FREE through the Mayo Clinic and get paid \$3,500! Listen [HERE](#).

Heather Banks & Heidi Selzler-Bahr  
Health Professions Specialists

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**Health Professions Week (HPW)** register for National sessions [here](#)

- *Tuesday, November 1st:* Road Trip Mayo Clinic Open House, TWO open seats (sign up [HERE](#))
- *Friday, November 4th:* Cruise on by 11am-1pm (location to be announced)
- *Monday, November 7th- Friday, November 11th:* Full week schedule coming soon!

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Athletic Training Interest Meeting  
Today, Wednesday, October 19th @ 10-10:30am, Lund Center 224  
AND  
Today, Wednesday, October 19 @ 8-8:30pm  
Virtual: <https://meet.google.com/efs-kkav-sjm>

*Come to an informational meeting to learn about the profession of athletic training and prerequisite courses to apply to graduate school.*

More information contact Mary Westy, [mjoos@gustavus.edu](mailto:mjoos@gustavus.edu)

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### Walktober- Take a Break be Active

Thursday, October 20 Walktober: Walk & Talk 8am- 4pm

Thursday, October 27 Walktober: Trick or Treat 8am-4pm

Stop by the GustieWELL anytime between 8 am-4 pm to participate. Walktober promotes fresh air, movement and connection while drawing attention to the many benefits physical activity has on mood, mental health, and cognitive function. There will be different prizes each week to win.

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### Create your own January Career Exploration

If you have a site in mind and are interested in **creating your own** January Interim Health Career Exploration the registration deadline is **December 14, 2022**. Contact Heather or Heidi to schedule a time to meet to talk through the registration process. We are happy to help! Additional Information [HERE](#)

**\*\*ALSO** we have LOCAL site or site(s) available for **VET, Dental & Optometry**. If you are a SO, JR, SR interested in one of those areas schedule a time to meet with Heather or Heidi to learn more.

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### Summer 2023 Research Funded Opportunity Mayo Clinic Deadline November 30, 2023 Mayo Clinic SURF Program

#### Gilyard Peterson Scholarship for the Mayo Clinic SURF Program

Gustavus has partnered with the Mayo Clinic thanks to a generous donor to offer the Gilyard Peterson Scholarship. This scholarship (\$6,000) will provide funding to selected students to participate in the Mayo Clinic SURF program. *\*Last summer 2022 seven Gusties received the scholarship and completed the SURF program.*

To be considered for the Gilyard Peterson Scholarship you need to complete the Mayo Clinic SURF application by November 30th at 11:45 pm and submit this [form](#).

#### Mayo Clinic SURF Program Information

The Mayo Clinic SURF program website can be found [here](#). The SURF program runs from Tuesday, May 30, 2023 - Friday, August 4, 2023.

SURF Admission Requirements:

You can apply for the SURF Program if you:

- Have completed two or three years at a U.S. College or university at the time the SURF program begins
- Have a grade point average of at least 3.0 (4.0 scale)
- Are seriously considering a biomedical research career as a Ph.D. or M.D.-Ph.D.
- International students who are attending a U.S. college or university as full-time students are eligible to apply.

Additional information and directions on application [HERE](#)

If you have any questions, please contact Jill VanOsdol '10 at [jvanosdo@gustavus.edu](mailto:jvanosdo@gustavus.edu)

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Mayo Clinic FREE Tuition Programs

Phlebotomy-

<https://college.mayo.edu/academics/health-sciences-education/phlebotomy-technician-certification-program-florida-and-minnesota/application-process/>

9 weeks

6 cohorts a year (2 in the summer that can be completed before returning to college)

Free tuition, no other fees

Stipend of \$3500 paid over the 9 weeks

Pharmacy Tech-

<https://college.mayo.edu/academics/health-sciences-education/pharmacy-technician-program/how-to-apply/>

20 weeks- first 12 weeks are online, last 8 weeks are full time

2 cohorts- January and July (this would run into fall start of college)

Free tuition, around \$400 in other expenses

Stipend of \$3500 paid over the last 8 weeks

They do have a clinical site in Mankato if people didn't want to come to Rochester

Clinical Neurophysiology Technology-

<https://college.mayo.edu/academics/health-sciences-education/clinical-neurophysiology-technology-program-minnesota/how-to-apply/>

2 years

1 cohort

Free Tuition

Must have bachelors degree or come through RCTC

Histology-

<https://college.mayo.edu/academics/health-sciences-education/histology-technician-program-arizona-florida-and-minnesota/how-to-apply/>

9 months

2 cohorts a year

Must have associate degree or bachelors degree or come through RCTC

Free Tuition

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*October is Breast Cancer Awareness Month*

Watch Latashia's [2 minute video](#) about Health Equity & being a Breast Cancer Survivor

*Breast cancer is the most common cancer in the nation, with more new diagnoses each year than any other form of cancer. Breast cancer is the second leading cause of cancer death in women. (Only lung cancer kills more women each year.)*

*Breast cancer death rates have been decreasing steadily since 1989, for an overall decline of 43% through 2020. The decrease in death rates is believed to be the result of finding breast cancer earlier through screening and increased awareness, as well as better treatments. Source: [American Cancer Society](#)*

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