

Welcome back from Fall Break! Lots of exciting things going on in the coming weeks. Mark your calendar for [Health Professions Week](#)! This is a national celebration and we are joining in on the fun. We are extremely excited for the workshop on Wednesday, Nov. 10- *Own Your Why: Crafting Your Personal Mission Statement*. RSVP required for the workshop, link below.

NEW Podcast #21: [GustieWELL](#)

Learn more about activities and events this important office offers to infuse wellness into everyday for Gustavus students.

Heather Banks & Heidi Selzler-Bahr

Tomorrow:

Thursday, Oct. 28 @ 10-10:30am Athletic Training Info. Session, Lund NCAA room or on google meets, meet.google.com/kof-dxns-nbc, Mary Westby, mwestby@gustavus.edu

HPW Activities (Nov. 4-Nov. 12)

Thursday, Nov. 4 @ 11-2pm [Northwestern Health Sciences University](#), tabling lower level campus center

Friday, Nov. 5 @ 11:30-3:30pm HPA Kick-Off Event OUTSIDE campus center
Join us (Heather & Heidi) outside of the Campus Center (inside if too cold) for Warm Apple Cider, Fun snack, & Free giveaways. Be sure to stop by!

Monday, Nov. 8 @ 11:30-1pm [Pre-Dental Club](#), tabling upper level campus center

Tuesday, Nov. 9 @ 11:30-1pm [HOSA Club](#), tabling upper level campus center

Wednesday, Nov. 10 @ 7-8pm Workshop: "Own Your Why: Crafting Your Personal Mission Statement." [Dr. Cindra Kamphoff](#) is a speaker, author, and certified mental performance consultant who helps individuals and teams gain the high-performance edge so they can thrive and reach new levels of potential. RSVP [HERE](#)

Thursday, Nov. 11 @ 10am-1:pm, tabling lower level campus center

- [University of MN Pharmacy](#)
- [EPPA Scribe Program](#)

Friday, Nov. 12

@ 12:30-1:30pm [The Association for Underrepresented Awareness](#), tabling upper level campus center

@ 4:30-5:45pm Movie Screening: [The Waiting Room](#) documentary, Wallenburg Hall

National HP schedule [HERE](#)