

This is our last bi-weekly email for the 2021-2022 year! Good luck with finals and enjoy this beautiful weather.

[Podcast #34](#): For this episode we focus on the Osteopathic Medicine (D.O.) program at Des Moines. We spoke with two guests Anna Cruz, Des Moines University Recruitment and Admissions Specialist and Talon Aitken, current D.O. student. A highlight was learning about both the many similarities of M.D. and D.O. and also what makes D.O. unique. They walked us through (OMM) Osteopathic Manipulative Medicine training and what that training looks like in school and in practice. We hope you enjoy the episode, listen [HERE](#).

Cruise on by tomorrow, **Thursday, May 12 @ 11:00-1:00pm**, Johnson Family Courtyard (between campus center and Lund).

Celebrate GUSTIE health profession students that have been ACCEPTED to graduate programs! FREE Frozen Yogurt and toppings bar!

Summer is right around the corner, we will have information to share on how to find summer patient care positions. Also, we will be checking out books and movies for some summer studying, reading and watching.

We hope that you take a moment to Cruise on by!

Heather Banks & Heidi Selzler-Bahr

Applying to a graduate program and need to request a transcript from Gustavus?

Step one: Before you request an electronic transcript, check MyGustavus to be sure your SPRING grades have been posted prior to requesting the electronic transcript through Parchment. Create and request a Parchment Account [HERE](#)

Step two: It is also highly recommended that you request a paper copy of your official transcript so you can use it to enter in the information accurately.

Gustavus Paper Transcript Requests

Only you may request your transcript. Verifying your identity can be done by providing the following information, in writing, by U.S.P.S., fax, or e-mail (telephone requests cannot be honored):

1. Full name and name when enrolled, if different;
2. Address and telephone number;
3. Gustavus ID number or Date of Birth (mm/dd/yyyy);
4. Current student: Yes/No; Year of graduation or last year in attendance;
5. Major;
6. An exact, legible name and address where the transcript is to be mailed. To send to an institution, organization, or company, you must include the name of the institution/business, street address, city, state and zip code;
7. If your name is now different from the name of record at Gustavus Adolphus College, a photocopy of a current driver's license, court change order, or marriage license must accompany the request, so that the file name can be updated.
8. Indicated that you would like- SPRING 2022 grades posted on the transcript as you are using this to apply to graduate school.

Send the request to:

- E-mail: transcripts@gustavus.edu

Step three: If you have taken college credit elsewhere, you need to get an official transcript from EACH school you earned college credit.

New FREE virtual job simulation offered in three Health Care areas:

Public Health Virtual Experience Program (5-6 hours)
Occupational Rehabilitation Virtual Experience Program (5 hours)
Leadership in Global Healthcare Virtual Experience Program (2-3 hours)

Register with your Gustavus email address to start an account, [HERE](#)

Career Interest: Health Care

NEW class just got added to Fall Schedule (teaching the course, Cynthia Favre, Director of Vocation and Career Readiness Programs)

Career Readiness: A .50 wellbeing credit class offered the second half of fall and spring semesters for a letter grade focuses on searching and gaining career related experiences (i.e. resumes, interviewing, etc.).

Gustavus requires 1.0 Wellbeing credit for graduation. "Career" is one dimension of wellbeing.



CRUISE ON BY!

MAY 12TH
11:00 PM - 1:00 PM

FrozenYogurt
creations



Chat with Health
Professions Specialists!



Enter to win an
inflatable couch!