

Vitals #17: May 10, 2023

This is it, our final Vitals email for the year! We will keep this message short and sweet.

Podcast #52 In our final episode of season three we feature three students that have participated in our volunteer programs: Parkinson's Exercise/Kickboxing class, Mayo Clinic Caring Hands, and Ecumen Hospice. Learn more about these great healthcare volunteer opportunities from the student perspective. Listen [HERE](#)

Congratulations on a great year and good luck with the final week of classes and finals.

Heather & Heidi

Summer Information Sessions @ University of Minnesota

University of MN Physical Therapy [HERE](#)

University of MN Occupational Therapy [HERE](#)

University of MN Veterinary Medicine [HERE](#)

University of MN Pharmacy [HERE](#)

University of MN Dentistry [HERE](#)

University of MN Medicine [HERE](#)

TODAY, Wednesday, May 10 @ 4-6pm

Food & Fitness Fair

Eckman Mall

Join the Peer Assistant's Physical Health & Nutrition committee for delicious smoothies and trail mix, fun yard games, and information on how to stay healthy and active during the summer.

TODAY, Wednesday, May 10 @ 4-7pm

Petting Zoo and Yard Games

Johns Family Courtyard

The Community Engagement Center and Recreation Program will be hosting a petting zoo and outdoor games. Come relax while petting goats, llamas, baby doll sheep, and a Great Pyrenees. Outdoor yard games will also be provided.

Tuesday, May 16 @ 12:00pm-12:50pm
ALL Welcome Lost Club Lunch & Learn, Guest speaker:
President Bergman
(Heather & Heidi will be there!)
[RSVP HERE](#)

The Lost Club hosts monthly lunch & learns, focused on a specific resource to shine a light on who we want to be & how to take steps to get there. The last lunch of the year is next Tuesday, May 16 in the President's Dining Room. The final speaker is **President Bergman!** Food is served buffet style starting at 11:45. Speaker is at 12 noon. Because President Bergman is our speaker we need you to complete the [RSVP form](#) to tell us if you plan to attend so that we have enough food! Do share dietary needs you have on the form.

Wednesday, May 17 @ 5:30pm
Open Reception Occupational Therapy, Art, Activity, Leisure Exhibit
Presented: Gabby Lavan '2023

Spring semester 2023, Gabby has been interning for the Saint Peter State Hospital through the Minnesota Department of Human Services. They collaborated to curate a travelling exhibit based around occupational therapy, art, activity, and leisure with a particular focus on patient centered art pieces. The exhibit will be displayed at Gustavus from May 17-23rd on the main floor of the Folke Bernadotte Memorial Library. The opening reception will take place on May 17th @ 5:30pm and snacks will be provided. This reception and exhibit is free and open to the public.

Thursday, May 18 @ 11:30am-1:30pm

Cruise on by

Johns Family Courtyard

FINAL event of the year for Health Professions. We will have a cool treat for you to enjoy to celebrate the year. And to celebrate ALL of our 2023 graduates and Alumni and where they got into graduate school. Come see the list of where are students got accepted and celebrate another great year of Gustie Health Professions Success!

