

## Physician Assistant Four Year Plan

<b>FIRST YEAR</b>	
<b>Pre-PA courses</b>	<b>Major courses</b>
<b>Fall</b>	
<p>FTS 100 (Writing Intensive course – WRIT)</p> <p>BIO 101 Principles of Biology (St. Scholastica, South Dakota)</p> <p>CHE 107 Principles of Chemistry (Augsburg, Bethel, Des Moines, St. Scholastica, St. Catherine, South Dakota)</p> <p>PSY 100 General Psychology (Bethel, Des Moines, St. Catherine, South Dakota)</p>	
<b>Spring</b>	
<p>BIO 102 Organismal Biology (St. Scholastica, South Dakota)</p> <p>CHE 141 Organic Chemistry I (Augsburg, Bethel, Des Moines, St. Scholastica, St. Catherine, South Dakota)</p> <p>Elective in S/A, Sociology or Cultural Anthropology (St. Scholastica)</p>	<p>HES 219 Group Exercise Leadership (or spring Second, Third or Fourth Year)</p> <p>HES 305 Kinesiology (offered every semester)</p>

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SECOND YEAR	
Pre-PA courses	Major courses
Fall	
<p>BIO 201 Cell and Molecular Biology (Des Moines, St. Scholastica) (serve as a pre-requisite for BIO 374 Genetics requirement)</p> <p>CHE 251 Organic Chemistry II (Augsburg, Bethel, Des Moines, St. Scholastica, St. Catherine, South Dakota) (Serve as pre-requisite for CHE 255 Biochemistry requirement)</p> <p>HES 212 (or Fall semester Third or Fourth year)</p>	<p>HES 222 Applied Nutrition (offered every semester)</p> <p><i>HES 220 Research and Statistics in Health and Exercise Science (or Fall semester Third year)</i></p>
Spring	
<p>BIO 202 Evolution, Ecology, and Behavior (Des Moines, St. Scholastica) (serve as a pre-requisite for BIO 374 Genetics requirement)</p> <p>CHE 258 Inorganic Chemistry I (recommended) (required St. Scholastica)</p> <p><i>HES 235 Human Anatomy and Physiology II (Augsburg [also accepts BIO 386], Bethel, St. Catherine, St. Scholastica)</i></p>	<p><i>HES 235 Human Anatomy and Physiology II (Augsburg [also accepts BIO 386], Bethel, St. Catherine, St. Scholastica)</i></p> <p>HES 227 Health Program Planning</p>

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<b>THIRD YEAR</b>	
<b>Pre-PA courses</b>	<b>Major courses</b>
<b>Fall</b>	
<p><i>HES 234 Human Anatomy and Physiology I (Augsburg [also accepts BIO 386], Bethel, Des Moines, St. Catherine, St. Scholastica)</i></p> <p>CHE 255 Biochemistry (Augsburg, St. Catherine, St. Scholastica) (or Spring)</p> <p>COM 117 or COM 120 (Des Moines-speech requirement)</p> <p>MCS 121 or 118/119 Calculus (St. Catherine, St. Scholastica, South Dakota)</p>	<p><i>HES 234 Human Anatomy and Physiology I (Augsburg [also accepts BIO 386], Bethel, Des Moines, St. Catherine, St. Scholastica)</i></p> <p>HES 300 Research in Health and Exercise Science (or spring Third Year, Fall or Spring Fourth year)</p>
<b>Spring</b>	
<p>BIO 218 Microbes Fundamentals of Microbiology or 380 Microbiology (Augsburg [waiting for approval of BIO 218], Bethel, Des Moines, St. Scholastica, St. Catherine, South Dakota)</p>	<p>*HES 313 Health Fitness Methods            *HES 308 Physiology of Exercise            *HES 310 Physiological Assessment</p> <p>*must take these three courses all together this semester.</p>

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<b>FOURTH YEAR</b>	
<b>Pre-PA courses</b>	<b>Major courses</b>
<b>Fall</b>	
PHY 122/121 Physics (Bethel)  HES 214 Medical Terminology (St. Catherine, St. Scholastica)  PSY 241 Abnormal Psychology (Des Moines – 3 psychology courses required, 1 of the 3 needs to be abnormal psychology)	*HES 398 Health Fitness Seminar *HES 350 Fitness Specialist *HES 351 Personal Training  *All required to take together (or take Spring semester Fourth Year)
<b>Spring</b>	
BIO 374 Genetics (Des Moines, St. Scholastica)  Elective Psychology course (Des Moines)	

**This is a general plan of study including only the requirements for Physician Assistant and the \_\_\_\_\_ Major. Please speak with your faculty advisor about if this is the best layout of classes for you and about fitting in your general liberal arts education courses.**