

TODAY, Wednesday, November 2 @ 11am-1pm Pop-Up Advising outside Johnson Student Union

At Pop-Up Advising will have four-year prerequisite plans available and be available to answer questions about January or Spring registration, or other questions. Or just stop by to check out our cool tent and say hi!

Pop on by, we look forward to seeing you.

[Podcast 40](#): Physician Assistant vs. Nurse Practitioner what are the similarity and differences, listen [HERE](#)

And ***Cruise on by*** kicks off Health Professions week this **Friday, November 4th!** Stop by to see us inside Nobel Hall. We have a schedule of events for HPW and FREE t-shirts for those that are following us on instagram *gustavushealthprofession* and reading our Vitals emails!

Heather & Heidi
Health Professions Specialist

Mark your calendar: 3rd (final) Pop-Up Advising

Tuesday, November 8 @ 11am-1pm (Final) Pop-Up Advising outside Lund

Gustavus Health Professions Week (HPW on campus)

Kicking off THIS...Friday, November 4th @ 11am-1pm *Cruise on by* to see us at Nobel Hall.

Tuesday, Nov. 8, 7pm-8:30pm central time, Office of Health Professions

Webinar: Careers in Women's Healthcare Panel

*Snacks and Drinks will be provided

Wednesday, November 9th:

11:00am-1:00pm Tabling upper level Johnson Union by caf

Come learn about essential components of health: Sleep, Water, Nutrition and Exercise & have some FUN!!!

Peer Assistance: Sleep

Pre-Health Club: Hydration Water

Pre-Dental Club: Nutrition

Pre- PT/OT Club: Exercise

Nursing Club: Stress Relief

11:30am-1:30pm Tabling lower level Johnson Union by courtyard cafe:

College of St. Scholastica: PA, PT, OT and more programs!
Courtney Eickman, Assistant Director, Enrollment Management.

Thursday, Nov. 10: Tabling lower level Johnson Union

10:00am-1:00pm Tabling lower level Johnson Union by courtyard cafe:

U of MN Pharmacy

11:00am-1:00pm

Life University (Chiropractor, Positive Psychology, Clinical Nutrition, Sport Health Science)

4:30-6:00pm Oprah PBS Documentary: The Color of Care

Wallenberg Auditorium in Nobelary

Hosted by The Association for Underrepresented Awareness Club

[Register HERE](#) for National Health Professions Week

Digital Wellbeing Week is the SAME week as HPW.

A few highlights in addition to what's in the graphic attached below...

- Students can sign up for the "Screen Time Challenge" to commit to reducing their screen time in ways that work for them over the course of the week. We'll provide incentives to sign up and will provide strategies to help them.
- We'll have "Phone Parking Lot" baskets on every table in the caf along with conversation cards to encourage face-to-face interaction during meals.
- We'll be tabling with tips, strategies, and give-aways all week during the lunch hour

Give your students a chance to discover their future at Northwestern Health Sciences University (NWHSU). **Your students are invited to join us for our [on-campus Discovery Day on November 5, 2022, 9 a.m. to 2 p.m.](#)** At Discovery Day, we welcome prospective students and advisors to learn how NWHSU's healthcare programs are designed to prepare them for a successful career in a number of programs such as chiropractic, acupuncture and Chinese medicine, and post-baccalaureate pre-health.

At Discovery Day, your students will meet current NWHSU students, faculty, and admissions staff and get all their questions answered. The best way for them to know if NWHSU is the right fit is to visit.