

It has been great to see and visit with so many of you at Pop-Up Advising! Registration for Fall 2024 has brought with it lots of changes to course numbers and course title. Here are the updated Four Year plans:

Four Year Prerequisite Course plans by health profession area:
<https://gustavus.edu/career/FourYearPlanPrerequisiteRequirements.php>

Podcast #68: The focus of this episode is on the *Innovation Scholars* program. Joining us are current Gustavians, Mr. Gustavus 2024, *Tyler Teichmiller* and *Ally Regenold*, both from the Class of 2024. We start with the application process, why they chose to participate and end by having them share their biggest takeaways from the experience. If you are interested in participating in this program we highly encourage you to learn more by visiting the Innovation Scholars [website](#).

Heather & Heidi

Volunteer Applications **Due May 1, 2024:**

- Mayo Clinic Caring Hands program 2024-2025, Apply [HERE](#)
- Parkinson Exercise & Kickboxing program 2024-2025, Apply [HERE](#)
- Ecumen Hospice program 2024-2025, Apply [HERE](#)

- **NEW this 2024-2025 academic year**, FIG Leader applications, Apply [HERE](#) *please note this particular application has a recorded portion, so plan accordingly.

Additional FIG program information:

+F.I.G. stands for: First year Interest Group

+Connects an upper class pre health student leader with a first year pre health student.

+Goals of the program provide: Access to Resources, Build Community & offer support.

Just added **NEW** MD and DO RESIDENCY PANEL**
Mayo Clinic Family Medicine

NEXT TUESDAY, APRIL 23 @ 7PM-8PM
LOCATION: OFFICE OF HEALTH PROFESSIONS
RSVP [HERE](#)

FREE Food will be served!
Flier with additional information below

Panelists:

Mikaela Lake, D.O.

Special Interest: addiction medicine, full-spectrum family medicine, osteopathic manipulative therapy, pediatrics, & women's health.

Abdi Jibril, M.D.

Special Interest: diabetes and obesity, health disparities, lifestyle medicine and sports medicine, & mental health.

Megan Kindom, M.D.

Special Interest: addiction medicine, emergency medicine, pediatrics, & primary/continuous care.

The College of St Scholastica

Tomorrow, Thursday, April 18 @ 11:30am-1:30pm

Tabling outside the caf

Visit with: **Courtney Eickman**, *Assistant Director, Enrollment Management*, ceickman@css.edu

- [Occupational Therapy \(MS\)](#)
- [PA Medicine Program \(MS\)](#)
- [Physical Therapy \(DPT\)](#)
- [Doctor of Nursing Practice \(BS to DNP\)](#)
- [Exercise Physiology \(MS\)](#)

Northwestern Health Sciences University

Wednesday, April 24 @ 10am-1pm

Tabling outside the caf

Visit with: Brian Krawiecki, Senior Admission Counselor, bkrawiecki@nwhealth.edu
College of Chiropractic

University of Medicine and Health Sciences

Thursday, April 25 @ 2pm-4pm

Office of Health Professions Conference Room

(open house format)
Hosted by: Pre-Health Club
FREE Panera Lunch with RSVP
Flier below with additional information below

Visit with: Corie Thayer, Admissions Officer
Come learn more about UMHS a Caribbean medical school in Basseterre, St. Kitts.

If you are interested in attending this event, please fill out this [google form](#) to RSVP!

Opportunity for this summer---to shadow at TRIA you need to attend & participate in a FREE virtual program first.

Shadowing and Observation
A Day in the Life of an Orthopedic Specialist @ TRIA

This program is intended to provide you with information about various orthopedic professions. This is a free virtual program.

Upcoming Program Dates

- Friday, June 7, 2024 | 9:00am – 12:30pm | [Register by 6/2/2024](#)
- Friday, August 9, 2024 | 9:00am – 12:30pm | [Register by 8/4/2024](#)

Careers covered*

- Athletic Trainer
- Nurse Practitioner
- Occupational Therapist
- Physical Therapist
- Physician (including Medical School, Residency, Fellowship)
- Physician Assistant
- Registered Nurse

Observation After the Program

This program is **REQUIRED** prior to an observation at any of our locations.

Gusties will Shine
Cruise on by

Winners of the NCAA DI Final Four Basketball Tournament Game

What team is going to win NCAA Men's Basketball Final Four?

Winner: *UConn*

What do you predict will be the final score?

Score: *75- 60*

Agro Gushwa, *Class of 2024* and **Matt Carlson**, *Class of 2025*

