

Welcome back and we hope you had a relaxing spring break. Fall 2024 registration is right around the corner and there are MANY changes with the implementation of the new curriculum. We are busy updating the four year plans with all the new course changes to be ready for registration.

We will not be doing individual advising appointment the next two weeks, but will instead be available at the Pop-Up Advising, dates & times listed below, no appointment necessary.

[Podcast #67](#): In this episode we speak with Associate Professor [Kathy Kniepmann](#), from the Occupational Therapy program at Washington University in St. Louis ([Number three ranked](#) OT program in the nation). There have been a lot of OT Gusties be admitted and choose to attend Wash U in the past 5 years so was great to learn more about the admission process and the unique features of their program. Listen [HERE](#)

Heather & Heidi

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**Pop-Up Advising  
Start planning for Fall Class Registration**

Fall Registration, Thursday, April 11 @ 11am-1pm Nobel Hall  
Fall Registration, Friday, April 12 @ 11am-1pm Campus Center Entrance  
Fall Registration, Monday, April 15 @ 11am-1pm Lund  
Fall Registration, Tuesday, April 16 @ 9:30-2:30pm Office of Health Professions

We will not be doing individual appointments due to the high demand and we will instead see students at the Pop-Up Advising sessions. If no time above will work, please send us an email with your question instead.

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**Narcan Training**  
Monday, April 8 @ 6pm-7pm  
Gustavus Heritage room (by caf)

NARCAN (Naloxone) training is being offered, for those of you be unfamiliar, NARCAN (Naloxone) is a medicine that rapidly reverses an opioid overdose.

This session will provide you the training, as well as a kit to administer NARCAN if you ever need to do so. This event is FREE for participants, and all are encouraged to come. Make sure you fill out the google form [HERE](#) so they can plan on how many people are going to attend.

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**Job Fair**

Tuesday, April 9, 2024 @ 10am-1pm  
Gustavus Heritage Room (outside the caf)

Looking for a Summer or Fall position in St. Peter or Mankato?  
Both Gustavus on campus departments and off campus employers will be on campus recruiting for opportunities.

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**AAMC Virtual Medical School Fair & Live Sessions 2024**  
**April 10-12, 2024**  
[Register Now](#)

Wednesday, April 10, Live Information Sessions: 10 a.m. – 3 p.m. CT  
Thursday, April 11, Chat with Medical Schools: 10 a.m. – 6 p.m. CT  
Friday, April 12, Postbaccalaureate Program Fair: 10 a.m. – 4 p.m. CT

Attend the [Virtual Medical School Fair](#) on **April 10th and 12th** to join free, [live information sessions](#) designed for aspiring physicians.

Listen live\* to learn:

- **Application Insights:** Understand the components of a strong application and how school's use holistic review.
- **Interview Prep:** Gain insights from mock interviews with current students.
- **Financial Wisdom:** Get tips on loans, budgeting, and scholarships.
- **Postbac Programs:** Explore the benefits of career-changer and record-enhancer postbaccalaureate programs.
- **Real-World Perspectives:** Hear advice from current students and admissions officers.

**Live Sessions: APRIL 10 SCHEDULE**

**10:00 a.m. – 11:00 a.m. CT**

**FINANCING YOUR MEDICAL EDUCATION: WHAT YOU NEED TO KNOW**

Speakers will discuss the cost of applying to medical school, how to apply for financial aid, the types of financial aid available and loan repayment options and loan forgiveness programs.

**11:00 am – 12:15 pm CT**

**STRATEGIES FOR STANDARDIZED TESTS: MASTERING THE MCAT® EXAM AND BEYOND**

Are you a great student but you struggle with anxiety, overthinking or low confidence before high stakes exams? Do you believe you're simply 'bad at taking standardized exams,' and see the MCAT as an obstacle preventing you from becoming a physician?

Medical Education Learning Specialist Dr. Shavonia Wynn will explain why tests are structured the way they are, and share strategies to set you up for success.

**1:00 pm – 2:00 pm CT**

**WATCH WHAT HAPPENS LIVE: MOCK INTERVIEWS WITH REAL ADMISSIONS OFFICERS**

This session will share tips for preparing for both virtual and in-person interviews, explain how schools use interviews as part of their assessment process, allow participants to view a live mock interview and hear feedback from current admissions officers.

**2:00 pm – 3:00 pm CT**

**HOW TO TELL YOUR STORY IN YOUR APPLICATION**

Your medical school application is unique to your specific lived experience. But when you're filling out the same application as everyone else, how do you communicate your unique perspective and stand out? In this session you'll learn how to leverage the different parts of the application to highlight your story, share a narrative about who you are, how you got to where you are now, and why you want to become a doctor.

**Live Session: APRIL 12 SCHEDULE**

**10:00 am – 11:00 am CT**

**HOW TO KNOW IF A POSTBACCALAUREATE PROGRAM IS RIGHT FOR YOU**

Postbaccalaureate pre-medical programs are designed for individuals who have already earned a bachelor's degree, but need additional preparation before applying to medical school. This session will go over the features of different postbaccalaureate programs, including, career changer programs, record enhancement programs, linkage agreements, and the difference between undergraduate and masters level programs.

Join us **April 11 and 12** to chat with representatives from [85+ medical schools, associations and student groups](#).

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**Attention: Pre-Dental Students**

GAP year job

General Dental Office in Eden Prairie, MN

Looking to hire ambitious pre-dental students who are taking a gap year and looking for experience before going to dental school. Some of the job responsibilities would be sterilization, chairside assisting, and helping the front office staff with scheduling and answering calls.

Interested, contact: Hannah Weber, [dr.webermdcc@gmail.com](mailto:dr.webermdcc@gmail.com)

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American Red Cross

**Position: Blood Collection Staff/Customer Service - Training Provided**

Mankato, MN

Full Job Description [HERE](#)

Pay Information:

- Starting rate \$21.50/hr
- Sign On Bonus: \$1,500

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### American Red Cross Volunteers

Urgent need for [volunteers](#)

- [Blood Donor Ambassador](#)
- [Blood Transportation Specialist](#)

Other Volunteer areas:

- [Disaster Action Team \(DAT\)](#)
- [Disaster Mental Health](#)

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### Gusties Will Shine

Alaska January Pre-Health Interim 2024

Lillian Selberg '25, Jade Anstine '27 , Ellie Gunderson '25

