

Welcome back! Spring is in the air in February and summer research applications will be due soon. Our Successful Applicant Workshop Series dates and details are below, RSVP to attend.

Podcast #63: We welcomed [Torben Urdahl](#) from the graduating class of 2021. Torben is currently in his 3rd year at the University of Minnesota, Twin Cities Medical School. The focus of this podcast was on Torben's experience in medical school at the U of MN. He also explained the residency process to us. Listen [here](#).

Heather & Heidi

Successful Applicant Series Workshops

Are you planning to apply this next cycle 2024-2025 or in the next year to a health professions program? If YES, this workshop series is for you.

[RSVP HERE](#) to attend ONE or ALL three!

Thursday, Feb. 29, 2024 @ 3-4pm, Centralized Application/Letter of Recommendation Workshop
This workshop will review important information regarding requirements, timeline, review logistics and provide recommendations for a successful application cycle. Applying does not have to be a complicated process. We will walk you through all you need to know so the application process will go smoothly.

Thursday, March 7, 2024 @ 3-4pm, Personal Statement Workshop

Thursday, March 14, 2024 @ 3-4pm Interview Like a Ninja Workshop

ROAD TRIP with Heather & Heidi to Health Summit

You are invited to join Heather & Heidi on a Road Trip for the Health Summit
It is FREE for you to attend: transportation, registration and lunch will be provided.

Event Date: Wednesday, April 3 @ 8:15 am - 3:00 pm

Location: MSU, Mankato

Bus leaving from three flags @ 8:00am

Bus returning to three flags @ 3:30pm

REGISTER for the Road Trip [HERE](#) and we will send you additional information!

[2024 Health Summit](#) at Minnesota State University, Mankato

Wednesday, April 3 @ 8:15 am - 3:00 pm

The topic this year is **Creating Community Wellbeing** and is focused on the **impact of social connections on health**.

[SCHEDULE](#)

8:15 a.m: Registration and check-in

9:15 -10:15 a.m Welcome & Keynote Speaker - [Dr. Sarah Vinson](#)

10:15 a.m: Coffee/treats & Posters, sponsor visits, and networking

10:45 a.m: Breakout Session

11:15 a.m: Breakout Session

11:45 a.m. - 1:00 p.m: Lunch

"Family Connection": Macy & [Brad Schipper](#), Posters, sponsor visits, and networking

1:00-2:00 p.m: Breakout Sessions

2:00-3:00 p.m: Featured Speaker: [Annie Frisoli](#), Closing

AT Still Osteopathic School of Medicine
Virtual Information Sessions

Register for one of the upcoming virtual information sessions for ATSU's Kirksville College of Osteopathic Medicine this Spring. These sessions offer you an opportunity to learn about the field of osteopathic medicine through ATSU-KCOM's curriculum, community, and current ATSU-KCOM students.

- February 27th at 12:00pm CST
- March 19th at 2:00pm CST
- April 23rd at 12:00pm CST
- May 21st at 12:00pm CST

Register [HERE](#)

For additional information or questions, email admissions@atsu.edu.

Your Future in Naturopathic Medicine Starts Now

Learn All About ND Schools:

Tuesday, March 5th at 1PM Eastern

[Register Here](#)

Join AANMC for an exciting and informative event that is geared to help take the first step to turning your passion for natural medicine into a fulfilling future! During the event, you'll hear from each of the AANMC member schools about what makes their program unique, as well as have the opportunity to connect directly with admissions representatives.

RNA Bioscience Initiative Summer Internship Program (RBISIP)

@ the University of Colorado School of Medicine. This is a 10-week, paid program with travel and housing covered to support undergraduates looking for full-time research experience in the broad field of RNA Biology who want to spend the summer in Denver. We aim for a diverse cohort every year, emphasizing recruitment from groups historically underrepresented in STEM.

The flyer is attached and here is the application link (two letters of rec, unofficial transcript required):

<https://medschool.cuanschutz.edu/rbi/training-and-education/summer-internship-program>

The deadline for application is **February 15th**.

\$7,000 stipend plus a \$2,100 food budget to participants, in addition to covering travel and summer housing, for those that are not from the Denver area.

Gustavus Summer Research Opportunities

FYRE: First Year

The First-Year Research Experience (FYRE) Program is dedicated to providing opportunities for students to engage in *bona fide* research experiences during the summer between their first and second years with a Gustavus faculty mentor in the Natural Sciences and Mathematics. For 2024, there will be 6 FYRE positions. The possible projects with full descriptions can be found [here](#).

The application for FYRE 2024 can be found [here](#)

SEAR: Second Year

New this year, the Second-Year Experience At Research (SEAR) Program is dedicated to providing opportunities for students to engage in *bona fide* research experiences during the summer between their second and third years with a Gustavus faculty mentor in the Natural Sciences and Mathematics. For 2024, there will be at least 2 SEAR positions (we are pursuing grant funds to increase this to 10 positions). The possible projects with full descriptions can be found [here](#).

The application for SEAR 2024 can be found [here](#)

Hormel: Second or Third Year

Dr. Dahlseid contact. This is an exciting NEW opportunity to do research at the Hormel Institute (HI) during the summer of 2024. Located in Austin, MN, "the Hormel Institute is an independent biomedical research department within the University of Minnesota's Research and Innovation

Office. The mission of The Hormel Institute is to conduct research and provide education in the biological sciences with applications in medicine and agriculture. While our scientists study primarily cancer, there is also research into many other diseases happening at The Hormel Institute, including Alzheimer's, Cockayne Syndrome, and Covid-19."1

The HI [Summer Undergraduate Research Experience \(SURE\)](#) is a ten week summer internship at the Institute through which undergraduates have the opportunity to conduct research in collaboration with [leading biomedical research scientists](#), working with state-of-the-art equipment in modern research laboratories at the Institute. Details about how to apply can be found [here](#) and links therein.

Please feel free to contact me with any questions! Amanda Nienow

Employment opportunities @ Benedictine St. Gertrude's & The Gardens
Shakopee, MN

Here at Benedictine we heavily rely on our core values of Hospitality, Stewardship, Respect, and Justice to achieve the best possible care for our residents, as well as build a healthy community within our staff.

Attached below is an informational flier. If you have questions you may reach out to Janina Denetelli, recruiter. janina.denetelli@benedictineliving.org 952-233-4492

Gusties Will Shine
Featured Gustavus Medical Student
[Torben Urdahl '21](#)
Enrolled Fall 2021 @ University of Minnesota Twin Cities Medical School

