

Vitals #1: September 6, 2023

Welcome! We are excited to see everyone back on campus and welcome the Class of 2027! We hope you all had a fabulous summer!

We are kicking off Season FOUR of our Gustavus Health Professions podcast starting with [Episode # 53](#) featuring Pre-Health students Annika '23 & Christina (Dec. '23). They share their experience shadowing 30+ hours per week at Capstone Clinics in the Wasilla/Palmer area of AK. And of course, they also share all the fun adventures they had in the beautiful outdoors of Alaska (dog sledding, skiing, hiking)! If you are interested in applying to this funded opportunity, we certainly recommend that you listen to this episode, listen [HERE](#)

Heather & Heidi

FINAL reminder, TOMORROW, Thursday, Sept. 7 First Year Pre-Health Advising Session

For FIRST Year students *or newly transferred students* with a pre-health interest.

- Session one: 3:00-3:45pm
- Session two: 4:00-4:45pm
- Session three: 5:00-5:45 pm

[RSVP HERE](#)

Where: Office of Health Professions (within Center for Career Development)

Thursday, Sept. 7 @ 9:30am-11:00am **Athletic Training Open House**, Lund 224

Tuesday, Sept. 12 **Fall Involvement Fair** 5-7pm Eckman Mall (Rain location: Lund Forum)

Office of Health Professions table

- Pre-Health Club table
- Pre-Physician Assistant Club table
- Pre-Dental Club table
- And many more!

*Walk through and explore over 100 student orgs, departments, and more. Stop by to participate in the best way to get involved on campus!

Wednesday, Sept. 13 @ 5:00-6:00pm **Nursing Open House** Information Session
Mattson 104

Monday, Sept. 18 @ 4pm **Add and Drop Deadline**. Last day to add or drop
courses. [Registrar's Office](#)

Friday, Sept. 22 @ 5pm **Open House Reception** in alumni hall for **Distinguished Alumni and current students** followed by the ceremony starting @ 6pm honoring the alumni and them sharing their stories. This would be a great opportunity for you to meet alumni in the health field and listen to their story.

- [Shirley Gholston Key '71](#) - biology and medical technology majors, career in education - *Distinguished Alumni Citation*
- [Scott J. Luhmann '86](#) - biology major, career in medicine - *Distinguished Alumni Citation*, side note that Dr. Luhmann was featured in season two on our *Gustavus Health Professions Podcast*, *[Episode 24!](#)
- [Dawn McDougal Miller '84](#) - music, career in medicine (music therapy) - *Distinguished Alumni Citation*

Opportunities:

Application Available TODAY, **January Interim 2024 Pre-Health Career Exploration Application: [online application](#)**,

January Interim 2024: Wednesday, January 3 - Friday, January 26

This learning opportunity is designed specifically for Gustavus students to follow and observe the patient/provider relationship and subsequent interactions, diagnostics and treatment. The experience is shadowing/observation only. And will provide 30+ hours of shadowing per week.

Sites partnerships in: Medicine/Physician Assistant, Dental, PT, OT, Optometry, Veterinary Medicine, Neurosurgery, Alaska (Med/PA)!

Requirements:

1. Cumulative grade point average of at least 3.2.

2. Sophomore, junior or senior standing, sophomores are particularly encouraged to apply.
3. Good standing with the College and not on any type of College probation.
4. Completed [online application](#), unofficial transcripts and one-page statement **submitted by, Wednesday, September 27, 2023 by midnight**. You need to be login to the Gustavus website to access the online application.

Innovation Scholars Program

Eligibility Requirements:

- Junior (16 credits) or senior academic status
- Cumulative grade point average of 3.5 or higher

Deadline: Friday, Sept. 29, 2023

(Flyer below with QR code to application)

This program offers a unique opportunity for multi-disciplinary teams of liberal arts students to explore the interface of science, healthcare and medicine, economics, business, and entrepreneurship. Students work as a team to analyze real innovations in real time. Teams work on projects originating from Mayo Clinic, from early-stage to mid-sized medical companies affiliated with Medical Alley, or new this coming year: projects from Medtronic and NASA. For additional information, see www.mnprivatecolleges.org/members/mayo-innovation-scholars

Position: Volunteer Front Desk Free Clinic

Site: St. Peter Community Free Clinic, St. Peter, MN

Providers: Dr. Carrie Stelter and Dr. Keith Stelter

The vast majority of the patients that come to the Free Clinic are Spanish speaking so the front desk volunteers **needs to have good conversational Spanish**. The clinic is **open Thursday evenings from 5-8**, there is some flexibility. No experience is necessary. Learn more about the clinic by going to website stpeterfreeclinic.org

Contact Dr. Carrie Stelter:

stpeterfreeclinic@gmail.com

507-327-4296

Past Gustie volunteers: Lilly Anderson, Elizabeth Tribbett, Erica Graebe, and Matt Carlson

CareerEXPO, Friday, Sept. 22 @ 10:30-11:30am

Did you do research or an internship this summer and want to share with the Gustavus community what you did? Then sign up to share at the CareerEXPO and be entered to win a cash prize. Register [HERE](#). For more information contact cfavre@gustavus.edu

Program: The Mayo Clinic Undergraduate Plummer Scholars (UPS)

UPS is an online training program designed to expose, excite, and engage underrepresented undergraduates with high potential of pursuing a career in medicine. Sophomores, 3.2 GPA and above. [Undergraduate Plummer Scholars \(UPS\) Program - Programs - Mayo Clinic College of Medicine & Science](#),
Deadline: September 30th.
Contact: Ronda Lewis, Program Director
Email: lewis.yerronda@mayo.edu

Featured Gustie Medical Student

[Tyra Banks '21](#)
Enrolled Fall 2023 @ TCU Medical school
YouTube video [LINK](#)



