

Physician Assistant Four Year Plan

FIRST YEAR	
Pre-PA courses	Major courses
Fall	
<p>FTS 100 (Writing Intensive course – WRITI)</p> <p>BIO 101 Principles of Biology (St. Scholastica, South Dakota)</p> <p>CHE 107 Principles of Chemistry (Augsburg, Bethel, Des Moines, St. Scholastica, St. Catherine, South Dakota)</p> <p>PSY 100 General Psychology (Bethel, Des Moines, St. Catherine, South Dakota)</p>	<p>*HES 222 Nutrition (10:30 TR)</p>
Spring	
<p>BIO 102 Organismal Biology (St. Scholastica, South Dakota)</p> <p>CHE 141 Organic Chemistry I (Augsburg, Bethel, Des Moines, St. Scholastica, St. Catherine, South Dakota)</p> <p>MCS 121 Calculus I (St. Scholastica, St. Catherine, South Dakota)</p> <p>Elective in S/A, Sociology or Cultural Anthropology (St. Scholastica)</p>	<p>HES 200 First Aid/CPR (8, 12:30, or 1:30 MW)</p>

Fall – 4.0-4.5 credits

Spring – 4.25 credits

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SECOND YEAR	
Pre-PA courses	Major courses
Fall	
<p><i>HES 234 Human Anatomy and Physiology I (Augsburg [also accepts BIO 386], Bethel, Des Moines, St. Catherine, St. Scholastica)</i></p> <p>BIO 201 Cell and Molecular Biology (Des Moines, St. Scholastica) (serve as a pre-requisite for BIO 374 Genetics requirement) – Will need to email professor to get permission to add course</p> <p>PHY 122/121 Physics (Bethel)</p>	<p><i>HES 234 Human Anatomy & Physiology I</i></p> <p>HES 203 Introduction to AT (11:30 MWF)</p> <p>HES 305 Kinesiology (1:30 TR)</p>
Spring	
<p><i>HES 235 Human Anatomy and Physiology II (Augsburg [also accepts BIO 386], Bethel, St. Catherine, St. Scholastica)</i></p> <p>BIO 218 Fundamentals of Microbiology (Augsburg, Bethel, Des Moines, St. Scholastica, St. Catherine, South Dakota)</p>	<p><i>HES 235 Human Anatomy and Physiology II</i></p> <p>HES 206 Medical Topics in AT (9:00 M-F)</p> <p>HES 303 AT Techniques I (11:30 M-F)</p> <p>*HES 231 Drug in Sports and Performance (8:00 MW)</p>

Fall – 4.0 credits

Spring – 4.0 – 4.5 credits

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THIRD YEAR	
Pre-PA courses	Major courses
Fall	
<p>CHE 251 Organic Chemistry II (Augsburg, Bethel, Des Moines, St. Scholastica, St. Catherine, South Dakota) (Serve as pre-requisite for CHE 255 Biochemistry requirement)</p> <p>PSY 241 Abnormal Psychology (Des Moines – 3 psychology courses required, 1 of the 3 needs to be abnormal psychology)</p>	<p>HES 307 Athletic Training Tech II (10:30 M-F)</p> <p>HES 320 Therapeutic Agents in Athletic Training (9:00 M-F)</p>
Spring	
<p>CHE 258 Inorganic Chemistry (recommended) (required St. Scholastica)</p> <p>HES 214 Medical Terminology (St. Catherine, St. Scholastica)</p> <p>BIO 202 Evolution, Ecology, and Behavior (Des Moines, St. Scholastica) (serve as a pre-requisite for BIO 374 Genetics requirement) - – Will need to email professor to get permission to add course</p>	<p>HES 311 Athletic Training Tech III (10:30 M-F)</p> <p>HES 308 Physiology of Exercise (1:30 MWRF)</p> <p>*HES 231 Drugs in Sport and Performance (8:00 MW)</p>

Fall – 4.0 credits

Spring – 4.25 -4.75 credits

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FOURTH YEAR	
Pre-PA courses	Major courses
Fall	
<p>CHE 255 Biochemistry (Augsburg, St. Catherine, St. Scholastica)</p> <p>HES 212 Lifespan Development (Augsburg, St. Scholastica)</p> <p>BIO 374 Genetics (Des Moines, St. Scholastica)</p>	<p>*HES 222 Nutrition (10:30 TR)</p> <p>HES 312 Leadership in Athletic Training (11:30 M-F)</p>
Spring	
<p>MCS 142 – Introduction to Statistics (Augsburg, Bethel, Des Moines, St. Scholastica, St. Catherine, South Dakota)</p> <p>Elective Psychology course (Des Moines)</p> <p>COM 117 or COM 120 (Des Moines speech requirement)</p>	<p>*HES 222 Nutrition (10:30 TR)</p> <p>*HES 231 Drugs in Sport and Performance (8:00 MW)</p> <p>HES 353 Senior Seminar in Athletic Training (12:30 TR and Night R)</p>

Fall: 4.0 – 4.5 credits

Spring: 4.0 – 5.0 credits

This is a general plan of study including only the requirements for Physician Assistant and the Athletic Training Major. Please speak with your faculty advisor about if this is the best layout of classes for you and about fitting in your general liberal arts education courses.

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This does not leave any room for Gen Ed requirements. May need to look at summer classes for some of these prerequisites or narrow down school choice early so you don't take classes needed for schools you will not apply to.