

My Personal Best

We have learned from leadership research that *experience is the best teacher*. Most people learn what to do from trying it themselves or watching others. We believe it is important to base our leadership practices on the *best* experiences, those times when we do our absolute *personal best*.

Take a few moments to write down some notes about your personal best leadership experience. Don't worry. There is no competition about whose experience is best or whether this is some all-time best. You will be sharing your experiences with others in a small group, exploring the behaviors and actions that make a difference.

Here's how to proceed:

Briefly describe the context of this situation or experience:

List the five most important actions or behaviors you took as a leader in this situation. In other words, what things did you do as a leader that made a difference in this situation?

What were the results?

What lessons did you learn from this experience?