

Multiple Intelligence Quiz

By answering the following questions you will be able to gauge which forms of intelligence are your strongest and weakest. This will enable you to focus on making sure you make the most of your exciting abilities and--if you so desire--see if you can develop some of the others.

Most of us have a mixed portfolio of intelligence so there is not purpose in trying to simply label someone into one specific type.

Make a check by the number on each statement that applies to you and add the total # of check marks.

Linguistic*

1. You enjoy wordplay. Making puns, tongue-twisters, limericks. You enjoy poems, stories, and rhymes.
 2. You read everything--books, magazines, newspapers, even product labels.
 3. You can easily and confidently express yourself either orally or in writing, i.e., you're a persuasive debater and a good storyteller or writer.
 4. You pepper your conversation with frequent allusions to things you've read or heard.
 5. You like to do crosswords, play Scrabble, or have a go at other word puzzles. You can spell well.
 6. You have such an excellent vocabulary that people sometimes have to ask you to explain a word you've used. You enjoy using the precise word in context.
 7. In school, you prefer subjects such as English, (language or literature) History, and Social Studies.
 8. You can hold your own in verbal arguments or debates, and you give clear directions or explanations.
 9. You like to "think aloud," to talk through problems, explain situations, ask questions.
 10. You can readily absorb information by listening to the radio or audio cassettes or lectures. The words are easily imprinted in your mind.
- Total: _____

Logical/Mathematical*

1. You enjoy working with numbers and can do mental calculations.
2. You're interested in new scientific advances, and like to experiment with things to see how they work.
3. You can easily balance your checkbook and create a budget. You create numerical targets in classes or co-curriculars.
4. You like to put together a detailed itinerary for vacation or trips. You often prepare, number, and implement a to-do list.
5. You enjoy the challenge of brainteasers or other puzzles and games that require logical and statistical thinking, e.g., checkers, chess.
6. You tend to readily identify the logical flaws in things people say and do.

7. Math and science are among your favorite subjects.
 8. You can find specific examples to support a general point of view, and feel comfortable analyzing situations and arguments.
 9. You take a systematic, step-by-step approach to problem-solving. You like to find patterns and relationships between numbers or objects.
 10. You need to categorize or group things to properly appreciate their relevance.
- Total: _____

Visual-Spatial

1. You have an appreciation of the visual arts and enjoy painting and sculpture. You have a good sense of color.
 2. You tend to make a visual record of events with a camera or camcorder.
 3. You find yourself doodling when taking notes or thinking through something. You can draw quite accurately.
 4. You have no problem reading maps and navigating. You have a good sense of direction.
 5. You enjoy games such as jigsaw puzzles or mazes.
 6. You're quite adept at taking things apart and putting them back together. You can assemble kits quite easily and can follow diagrams.
 7. You like lessons in art and prefer geometry to algebra.
 8. You often make your point by providing a diagram or drawing and can interpret charts easily.
 9. You can visualize how things look from a different perspective or how a building might look from a plan.
 10. You prefer reading material that is heavily illustrated.
- Total: _____

Bodily-Kinesthetic

1. You take part in a sport or regularly perform some kind of physical exercise.
 2. You're quite adept at "do-it-yourself."
 3. You like to think through problems while walking or moving about.
 4. You don't mind getting up on the dance floor.
 5. You like the most thrilling, body-contorting rides at the fun park.
 6. You need to physically handle something and grasp it to manipulate it and understand it. You enjoy jigsaws or model-making.
 7. The classes you most enjoy are sports, PE, or any hands-on class. You enjoy sculpture as an artform.
 8. You use hand gestures or other kinds of body language to express yourself.
 9. You like rough-and-tumble play.
 10. You need to tackle a new learning experience "hands-on" rather than by reading a manual or watching a video.
- Total: _____

Musical

1. You can play a musical instrument.
2. You can manage to sing on key.
3. Usually you can remember a tune after hearing it just a couple of times.
4. You often listen to music at home and in your car, and you sometimes go to concerts.
You like--even need-- a musical background when you're working or studying.
5. You find yourself tapping in time to music. You have a good sense of rhythm.
6. You can identify the sounds of different musical instruments.
7. Theme music or commercial jingles often pop into your head.
8. You can't imagine a life without music. You find music evokes emotions and images for you as you listen to it.
9. You often whistle or hum a tune.
10. You often use rhythm or rhyme to remember things, e.g., saying a telephone number rhythmically.

Total: _____

Interpersonal*

1. You enjoy walking with other people as part of a group or activity.
2. You take great pride in being a mentor or advisor to someone else.
3. People tend to come to you for advice.
4. You prefer team sports such as basketball, softball, soccer and football to individual sports such as swimming and running.
5. You like games involving other people--Bridge, Monopoly, Trivial Pursuit.
6. You're a social butterfly. You would prefer being with a group of friends than home alone.
7. You have several very close personal friends.
8. You communicate well with people and can help resolve disputes.
9. You have no hesitation in taking the lead: showing other people how to get things done.
10. You talk over problems with others rather than trying to solve them on your own.

Total: _____

Intrapersonal

1. You keep a personal diary.
2. You often spend "quiet time" reflecting on important issues in your life.
3. You have set your own goals--you know where you're going.
4. You are an independent thinker--you make up your own mind.
5. You have a private hobby or interest that you don't really share with others.
6. You like to go fishing or walking by yourself.
7. Your idea of a good vacation is an isolated hilltop cabin rather than a five-star resort and lots of people.

8. You have a realistic idea of your own strengths and weaknesses.
 9. You have been through some kind of counseling to learn more about yourself.
 10. You are considering working for yourself--owning your own business--or doing your own thing
- Total:_____:

Naturalist

1. You keep or like pets.
 2. You can recognize and name many different types of trees, flowers, or plants.
 3. You have an interest in and good knowledge of how the body works--where the main internal organ are, for example.
 4. You are conscious of tracks, nests, and wildlife on a walk and can "read" weather signs.
 5. You could envision yourself as a farmer, or maybe you like to fish.
 6. You are a keen gardener and are familiar with the effects of the season.
 7. You have an understanding and interest in the main global environmental issues.
 8. You keep reasonably informed about developments in astronomy, the origins of the universe, and the evolution of life.
 9. You are interested in social issues, psychology, and human motivations.
 10. You consider that conservation of resources and achieving sustainable growth are two of the biggest issues of our times.
- Total:_____

Adapted from:

Rose, C. and Nicholl, M. (1997). Accelerated Learning for the 21st Century. New York, NY: Dell Publishing. Pp110-115

Directions for use with The Multiple Intelligences

- 1) Tell the audience that this is from research from Dr. Howard Gardner, a professor at Harvard. He did this work around the 1980s. His theory is that we are gifted in these areas when we are born, some more than others.
- 2) When done, have them get in duos or trios and share their findings with others.
- 3) On the white board, write down all 8 intelligences, then invite participants to come and write their names below their top one.
- 4) Ask them how their intelligence(s) plays out...in other words, where do they see the giftedness in their lives...
- 5) Finally, tell them that the three with asterisks (Linguistic, Logical-Mathematical, and Interpersonal) are the three that are most highly rewarded in our educational system.