



## TENNIS & LIFE CAMPS

**OUR MISSION: Transforming tennis and life through the Three Crowns • Positive Attitude • Full Effort • Good Sportsmanship<sup>SM</sup>**

TLC provides a unique learning experience through our Three Crowns<sup>SM</sup> training techniques. We teach concentration and relaxation techniques, confidence-building strategies, match strategies for beginners to advanced players and mechanics you can count on when the match gets tight. What we apply on the court can be applied to every area of your life. We call these the Three Crowns • Positive Attitude • Full Effort • Good Sportsmanship<sup>SM</sup>.

We do all this through first-rate instruction, humor, reflection, music, and interactions with campers on and off the court. Our instructors will not just teach you tennis and leave you once they walk off the court. They will dine with you, counsel junior campers, carry your luggage, be in a variety show act with your child, play GVS with you, and be there for you because they believe in you as a player and a person.

### LET LOVE SERVE: Steve Wilkinson's Legacy

43 years ago, TLC co-founder Steve Wilkinson believed there was a better way for superior tennis and sportsmanship to go hand-in-hand using the Three Crowns<sup>SM</sup>. This philosophy was thanks to two people in his life: Karen Gibbs and Arthur Ashe. Karen, a 19-year-old tennis champion, lost her battle to cancer but won the hearts of everyone she met by never giving up, keeping a positive attitude through brutal chemo regimens, and treating her opponents with the utmost respect, win or lose. Steve's friend, Arthur Ashe, encountered racism and prejudice but did not give in or respond in kind. Instead, he upheld the highest standards of sportsmanship while championing human rights throughout his storied career. Steve practiced these Three Crowns until his own passing in January 2015. We seek to continue that legacy in our campers and staff.



### LOCATION AND FACILITIES

All camps are located on the beautiful campus of Gustavus Adolphus College, located in Saint Peter, Minn., 65 miles southwest of the Twin Cities on Highway 169. With 12 outdoor and 6 indoor courts, Tennis & Life Camps at Gustavus has one of the finest tennis facilities in the country.

### NONPROFIT

Steve and Barb Wilkinson donated Tennis & Life Camps to Gustavus in 2010. Tennis & Life Camps at Gustavus is committed to providing the TLC experience to families and youth who would otherwise be financially unable to attend. We rely on contributions from individuals and organizations to help make this happen. Thank you for considering a donation at [tennisandlifecamps.org](http://tennisandlifecamps.org).



**TENNIS &  
LIFE CAMPS**  
GUSTAVUS ADOLPHUS COLLEGE

Tennis & Life Camps  
800 West College Avenue  
Saint Peter, MN 56082  
507-933-8805  
[tennisandlifecamps@gustavus.edu](mailto:tennisandlifecamps@gustavus.edu)

**REGISTER ONLINE!**  
[tennisandlifecamps.org](http://tennisandlifecamps.org)



Follow us on Social Media!

2019 Summer Camps

**TENNIS &  
LIFE CAMPS**  
OUR 43RD YEAR

*"One of the top tennis camps in  
the United States" –Tennis Magazine*

**GUSTAVUS**   
GUSTAVUS ADOLPHUS COLLEGE

MAKE YOUR LIFE COUNT<sup>®</sup>



**TENNIS &  
LIFE CAMPS**  
GUSTAVUS ADOLPHUS COLLEGE

### THE TLC PHILOSOPHY

**Trust:** We teach techniques to build trust among teammates, with opponents, and in yourself.

**Love:** We teach techniques—using principles practiced by Arthur Ashe, Mahatma Gandhi, and Martin Luther King Jr.—that can transform your tennis game and your life.

**Courage:** We teach techniques to let go of fear on and off the court by focusing on what you can control in every challenging situation—your attitude, effort, and sportsmanship—and letting go of the rest.

### RESULTS

With our 4:1 student to instructor ratio, many state champions and countless state tournament participants have emerged from TLC with this philosophy, as have internationally ranked juniors, NCAA champions, and Eric Butorac, past ATP Player's Council President and top world doubles player. They emerge not only as better players, but, we hope, better people.

We hone your strokes, strategy, and mental toughness by teaching a radical approach to winning more matches: take the focus off winning.

### OUR COMMITMENT

Tennis & Life Camps reflect the mission of Gustavus Adolphus College, which welcomes people from diverse backgrounds who respect and affirm the dignity of all.



### 2019 CAMPS AND DATES

#### Junior camps (ages 11-18)

Beginners (1.5) through advanced (5.5) players are divided according to age and ability. Campers focus on mechanics, strategy, and mental training.

- June 10-13
- June 17-20
- June 24-27
- July 8-11
- July 18-21
- July 22-25
- July 29-Aug. 2
- August 5-8

#### Adult camps (ages 18 and up)

Beginners through advanced players will experience point play, competitive opportunities between groups, and live ball strategy, while still receiving plenty of stroke mechanic instruction in drills. Training adjusted to your present playing and conditioning level.

- June 13-16
- June 20-23

#### Tournament Players camp (ages 11-18)

Advanced players (4.0 to 5.5) who participate in USTA tournaments or rank at the top of their high school teams; players experience sustained drills, match play, strategy, and mental training.

- July 15-18

#### Family camps (ages 7 and up)

Beginners (1.5) through advanced (5.5) attend with other family members. Can be multi-generational. Campers are divided into groups according to age and ability. Non-tennis players may accompany their families and attend off-court sessions together. We also incorporate 10-and-under tennis drills!

- June 27-30
- July 11-14
- July 25-28
- August 1-4



All camps are \$605 and include lodging and all meals. \$50 early registration discount (register by Feb. 28).

Up to \$80 group discounts available.

Scholarships available to qualified applicants based on need and merit.

To register, visit:

**TENNISANDLIFECAMPS.ORG**

### STAFF INFORMATION



#### Neal Hagberg

*Director*

USPTA Elite Professional | TLC Assistant Director, 1981–2010 | Director, 2011–present | professional musician/facilitator; recipient of two McKnight Artist Fellowships



#### Kinzee Salo

*Assistant Director of Tennis*

MS, Kinesiology | Assistant Women's Tennis Coach, St. Catherine University 2016-2019 | Tucker Center for Research on Girls & Women in Sport 2017-2019



#### Kevin Lungay

*Assistant Director of Operations*

BA in Public Accounting | TLC Instructor and Office Manager since 2015

### Professional Staff

USPTA professionals, university, and high school coaches | Current and former All-American players and collegiate players



#### Barb & Steve Wilkinson

*Founders, TLC*

Steve is an inductee in the USPTA and NCAA Tennis Halls

of Fame and is a recipient of the International Tennis Association Hall of Fame Educator's Award.