

GUSTAVUS RUNNING CAMP COVID PREPAREDNESS PLAN

Gustavus Running Camp and Gustavus will follow CDC and Minnesota Department of Health COVID safety recommendations which continue to evolve. The information posted here will be updated as recommendations are updated, always with your safety in mind.

Please review these guidelines. Please note that if you choose to participate at Gustavus Running Camp, these guidelines must be followed. Any violation of these guidelines may result in an early dismissal from camp with no refund.

We are keeping 2021 summer camp capacity at lower numbers.

FAQs:

What protocols is the camp following to ensure camper and staff safety?

- Campers and staff will maintain 3 or more feet of physical distance from each other to the best of our ability when appropriate.
- Hand sanitizer will be readily available.

How will you keep campers physically distanced in all activities such as dining, activities, and socializing.

- Dining: the dining room is currently set-up to be three people per table. will have assigned dining hall times to ensure capacity limitations are followed for all on campus.
- Inside Activities: We will maintain a 3 foot distance.
- Outside Activities: We will maintain a 3 foot distance when appropriate.

What is your policy on masking and hand hygiene?

- Campers will only have to be masked if they are indoors and unvaccinated, including dining (except when they are eating). If outside, campers are not required to be masked unless they choose to. Campers are expected to either wash their hands or use hand sanitizer upon entering and exiting indoor spaces.

What will happen if a camper is exposed to someone with COVID?

- If they have had exposure closer than 6 feet for longer than 15 minutes, they will be quarantined, you will be notified, and we will request you pick them up for the safety of all. This is one reason following protocol, physical distancing, and mask wearing is so important for all campers and staff.
- If camp staff learns of a positive COVID case, we will investigate any possible close contacts to the person who tested positive. A close contact is defined by the MDH as a person who was within 6 feet for 15 minutes within the 48 hours before the test date or 48 hours before symptoms started. MDH guidance currently says that all close contacts need to quarantine for 14 days. If a camper is determined to be a close contact, they will be moved to a quarantine space until they are picked up later that day to go home.

What happens if a camper has COVID symptoms?

- Each day campers will be expected to review a list of possible COVID symptoms. If symptoms start, the camper will need to be removed from activities and be away from others.
- The emergency contact person listed on the registration will be notified immediately. Your child (or any child who shows symptoms) will be moved to a quarantine area until it is determined if they need to leave camp or if they will be able to stay.

What happens if just before coming to camp a camper has symptoms, is a close contact, or has a COVID test?

- A camper should not come to camp if they have any COVID symptoms that cannot be explained, have a recent known exposure and are in quarantine, or are awaiting COVID test results.

What happens if a camp staff member gets COVID?

- If a camp staff member is experiencing COVID symptoms they will be tested and remain in isolation until test results are returned. If the test results are negative, they will return to work when symptoms improve.
- If a camp staff member is exposed as a close contact to someone who tested positive, they will be tested and remain in quarantine for 14 days.
- If a camp staff member tests positive for COVID, contact tracing will determine any close contacts and the staff member will remain in isolation for 10 days.

What precautions are in place before my child/family or myself arrives?

- Hand sanitizer will be readily available in entrances and exits.
- Campers will sign a statement saying they will not attend camp if they have had any symptoms of COVID, a known COVID exposure, or a positive test in the previous two weeks.

If available, will vaccination be required?

- Currently, we are not requiring vaccination prior to attending camp.
- We are STRONGLY encouraging all staff members to be fully vaccinated prior to the start of camp.

What can we do as campers before arriving?

- We would like for you to limit activity around groups that cannot be physically distanced and wearing masks in the two weeks prior to camp, and be tested for COVID where it is available within two days of arriving to camp, since carriers can be asymptomatic.

Should my camper bring their own sanitizer and masks?

- Please bring your own masks. We will have hand sanitizing stations but not personal hand sanitizers for campers.
- Masks should have two layers of fabric and be a snug fit. They must be worn over the nose and mouth.

What about testing?

- We are not requiring testing or vaccines for day campers. We do ask that you are honest about the camper's condition (we'd rather you be safe than sorry).

What is the refund policy if a camper is sick or in quarantine two weeks prior to camp?

- We will refund the camper's family in case of being unable to attend due to sickness or COVID precautions.