

Women 60 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Stowell, McKayla	Gustavus Ado	7.97Q	1
2 Krier, Jillian	Bethel (Minn	8.08Q	2
3 Gray, Adonya	Gustavus Ado	8.14Q	3
4 Frekot, Hanna	Bethel (Minn	8.16q	3
5 Smith, Anna	St. Thomas (8.24q	1
6 Murray, Katie	St. Thomas (8.26q	1
7 Kretlow, Steph	St. Thomas (8.31q	2
8 Meakim, Lillie	St. Olaf	8.44q	3
9 Schmidt, Linsey	Gustavus Ado	8.48	1
10 Anderson, Jalia	St. Thomas (8.56	1
11 Henkemeyer, Ellie	St. Thomas (8.80	3
12 Dahl, Emily	Bethel (Minn	8.80	2
13 Bruess, Sarah	St. Thomas (8.88	3
14 Terharr, Mariah	St. Thomas (8.89	2
15 Robbins, Emma	Gustavus Ado	9.18	1
16 Doyle, Chloe	Bethel (Minn	9.25	2
17 Rowland, Ellie	St. Thomas (9.54	2

Women 60 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Stowell, McKayla	Gustavus Ado	7.96	9
2 Krier, Jillian	Bethel (Minn	8.12	7
3 Gray, Adonya	Gustavus Ado	8.13	6
4 Frekot, Hanna	Bethel (Minn	8.28	5
5 Kretlow, Steph	St. Thomas (8.29	4
6 Meakim, Lillie	St. Olaf	8.34	3
7 Smith, Anna	St. Thomas (8.35	2
8 Murray, Katie	St. Thomas (8.40	

Women 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Labatt, Delia	Bethel (Minn	59.32	2	9
2 Johnson, AddieKay	Bethel (Minn	1:00.94	2	7
3 Wegner, Sara	Bethel (Minn	x1:01.95	2	
4 Bierman, Brielle	St. Thomas (1:03.13	1	6
5 Anderson, Lily	Gustavus Ado	1:03.32	1	5
6 Duevel, Abby	Bethel (Minn	x1:06.68	2	
7 Archer, Ester	Gustavus Ado	1:10.03	1	4

Women 600 Meter Dash

Name	Year School	Finals	H#	Points
1 Barton, Carly	St. Thomas (1:40.89	2	9

2	Dammann, Morgan	St. Thomas (1:41.60	2	7
3	Adamson, Mallory	St. Thomas (x1:42.03	2	
4	Schnabel, Abigail	Gustavus Ado	1:42.79	2	6
5	Kintop, Natalie	St. Thomas (x1:44.24	1	
6	Smith, Keely	St. Thomas (x1:46.23	1	
7	Jensen, Jerlie	St. Olaf	1:55.53	1	5

Women 200 Meter Run

Name	Year School	Finals	H#	Points	
1	Krier, Jillian	Bethel (Minn	26.69	4	9
2	Kretlow, Steph	St. Thomas (27.16	4	7
3	Anderson, Lily	Gustavus Ado	27.51	3	6
4	Murray, Katie	St. Thomas (27.87	3	5
5	Smith, Anna	St. Thomas (x27.97	3	
6	Meakim, Lillie	St. Olaf	28.28	2	4
7	Gray, Adonya	Gustavus Ado	28.32	1	3
8	Bassier, Emma	St. Thomas (x28.35	2	
9	Schmidt, Linsey	Gustavus Ado	x28.63	1	
10	Henkemeyer, Ellie	St. Thomas (x29.12	2	
11	Forker, Sarah	Bethel (Minn	29.38	1	2
12	Uribe, Elizabeth	Gustavus Ado	x29.92	4	
13	Singh, Prabhjot	Gustavus Ado	x30.35	3	
14	Schwakopf, Jordan	Gustavus Ado	x30.80	2	
15	Robbins, Emma	Gustavus Ado	x30.99	2	
16	Doyle, Chloe	Bethel (Minn	x31.18	1	
17	Rowland, Ellie	St. Thomas (x31.93	1	

Women 800 Meter Run

Name	Year School	Finals	H#	Points	
1	Balzer, Nicole	Bethel (Minn	2:21.52	2	9
2	Lutz, Jordan	St. Olaf	2:21.63	2	7
3	Naas, Mary	St. Olaf	2:26.10	2	6
4	Trezona, Allison	St. Olaf	x2:27.49	2	
5	Brekke, Josephine	St. Olaf	x2:27.96	2	
6	Fisher, Lisa	St. Olaf	x2:28.43	1	
7	Chase, Callie	Bethel (Minn	2:29.24	2	5
8	Anderson, Haley	Gustavus Ado	2:30.99	1	4
9	Moore, Meredith	St. Olaf	x2:33.78	1	
10	Kemp, Lindsey	St. Olaf	x2:37.00	1	
11	Olson, Erica	St. Thomas (2:40.38	1	3
12	Schoustra, Mackenzie	St. Olaf	x2:40.61	1	
13	Yangkyi, Choyang	St. Olaf	x2:40.62	1	
14	York, Kathryn	St. Olaf	x2:45.15	1	

Women 1000 Meter Run

Name	Year School	Finals	Points	
1	Halverson, Annika	Bethel (Minn	3:00.87	9
2	Janto, Kayla	St. Thomas (3:02.01	7
3	Walz, Jenny	St. Thomas (3:03.36	6
4	Novak-Klug, Sadie	Gustavus Ado	3:06.93	5
5	Glassbrenner, Ali	St. Thomas (x3:08.40	
6	Simones, Victoria	St. Thomas (x3:15.65	
7	Giefer, Julia	St. Thomas (x3:16.94	

Women 1 Mile Run

Name	Year School	Finals	H#	Points
1 Fossum, Alex	St. Thomas (5:08.80	2	9
2 Naas, Mary	St. Olaf	5:16.07	2	7
3 Brekke, Josephine	St. Olaf	5:20.79	2	6
4 Ness, Sara	St. Thomas (5:22.14	2	5
5 Marsh, Melissa	St. Thomas (x5:22.83	2	
6 Gossfeld, Megan	St. Thomas (x5:22.94	2	
7 Fisher, Lisa	St. Olaf	x5:27.80	2	
8 Herath, Lydia	Bethel (Minn	5:30.94	2	4
9 Moore, Meredith	St. Olaf	x5:30.94	2	
10 Schmitt, Bridget	St. Thomas (x5:36.04	2	
11 Claypoole, Joy	St. Olaf	x5:49.05	1	
12 Roach, Helen	St. Thomas (x5:53.05	1	
13 Thorison, Meg	Bethel (Minn	6:01.73	1	3
14 Munson, Olivia	St. Olaf	x6:17.41	1	
15 Krause, Elissa	St. Olaf	x6:21.53	1	
16 Brakob, Rose	St. Thomas (x6:29.78	1	
17 Bentley, Rachael	St. Olaf	x6:40.53	1	

Women 3000 Meter Run

Name	Year School	Finals	Points
1 Bentley, Jessica	St. Olaf	11:02.88	9
2 Launder, Jenny	St. Thomas (11:09.31	7
3 Passmore, Gabriela	Gustavus Ado	11:09.32	6
4 Schifsky, Lotus	Gustavus Ado	11:21.56	5
5 Johnson, Lindsay	Bethel (Minn	11:27.31	4
6 Segura, Kelly	Bethel (Minn	11:29.96	3
7 Crocker, Olivia	Gustavus Ado	x11:43.83	
8 Block, Siri	St. Olaf	12:46.27	2

Women 5000 Meter Run

Name	Year School	Finals	Points
1 McGivern, Bridget	St. Thomas (18:29.41	9
2 Hawgood, Bryony	St. Olaf	18:34.05	7
3 Sands, Emily	Gustavus Ado	19:14.94	6
4 Rosenow, Olivia	Gustavus Ado	19:17.83	5
5 Anderson, Sarah	Gustavus Ado	x19:37.98	
6 Clarke, Molly	St. Thomas (19:42.09	4
7 Cramer, Madeline	Bethel (Minn	21:04.32	3

Women 60 Meter Hurdles

Name	Year School	Prelims	H#
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Preliminaries

1 Schoustra, Mackenzie	St. Olaf	9.53Q	1
2 Eischens, Laura	St. Thomas (9.63Q	2
3 McKinstrey, Corin	Bethel (Minn	9.84q	1
4 Terpstra, Allie	Bethel (Minn	9.92q	2
5 Grizhebovsckaya, Masha	St. Olaf	10.15q	1
6 Meakim, Lillie	St. Olaf	10.39q	2
7 Petterson, Samantha	Bethel (Minn	10.57q	2
8 Keelin, Abby	Bethel (Minn	10.70q	2
9 Schwakopf, Jordan	Gustavus Ado	10.70	1
10 Balzer, Mara	Bethel (Minn	10.75	1

Women 60 Meter Hurdles

Name	Year School	Finals	Points
1 Schoustra, Mackenzie	St. Olaf	9.51	9
2 Eischens, Laura	St. Thomas (9.56	7
3 Grizhebovsckaya, Masha	St. Olaf	9.78	6
4 Terpstra, Allie	Bethel (Minn	9.85	5
5 McKinstrey, Corin	Bethel (Minn	9.88	4
6 Keelin, Abby	Bethel (Minn	x9.94	
7 Petterson, Samantha	Bethel (Minn	x10.56	
8 Meakim, Lillie	St. Olaf	x10.94	

Women 4x200 Meter Relay

School	Finals	Points
1 Gustavus Adolphus 'A'	1:51.42	9
1) Stowell, McKayla	2) Gray, Adonya	
3) Schmidt, Linsey	4) Anderson, Lily	

Women 4x400 Meter Relay

School	Finals	H#	Points
1 St. Thomas (Minn.) 'A'	4:11.03	2	9
1) Adamson, Mallory	2) Barton, Carly		
3) Glassbrenner, Ali	4) Janto, Kayla		
2 St. Thomas (Minn.) 'B'	x4:13.50	2	
1) Bierman, Brielle	2) Dammann, Morgan		
3) Kintop, Natalie	4) Smith, Anna		
3 Bethel (Minn.) 'B'	4:15.12	2	7
1) Balzer, Mara	2) Johnson, AddieKay		
3) Wegner, Sara	4) Watson, Annika		
4 Bethel (Minn.) 'A'	x4:17.00	2	
1) McKinstrey, Corin	2) Labatt, Delia		
3) Balzer, Nicole	4) Chase, Callie		
5 St. Olaf 'B'	4:23.60	1	6
1) Lutz, Jordan	2) Hoops, Suzie		
3) Naas, Mary	4) Kemp, Lindsey		
6 St. Olaf 'A'	x4:27.94	2	
1) Fisher, Lisa	2) Brekke, Josephine		
3) Trezona, Allison	4) Moore, Meredith		
7 Gustavus Adolphus 'A'	4:38.07	1	5
1) Uribe, Elizabeth	2) Singh, Prabhjot		
3) Schwakopf, Jordan	4) Anderson, Haley		
8 St. Olaf 'C'	x4:45.59	1	
1) Jensen, Jerlie	2) Yangkyi, Choyang		
3) Grizhebovsckaya, Masha	4) York, Kathryn		

Women High Jump

Name	Year School	Finals	Points
1 Bordson, Grace	St. Thomas (1.57m	9
1.42 1.47 1.52 1.57 1.64			
0 0 XXO 0 XXX			
2 Andersen, Margaret	St. Olaf	1.52m	7
1.37 1.42 1.47 1.52 1.57			

	O	O	O	XXX			
3	McFerson, Matilda		St. Thomas (1.52m	6	
	1.42	1.47	1.52	1.57			
	O	XO	O	XXX			
4	Dahl, Emily		Bethel (Minn		1.52m	5	
	1.37	1.42	1.47	1.52	1.57		
	O	XXO	XXO	O	XXX		
5	Severson, Sidney		St. Thomas (x1.52m		
	1.42	1.47	1.52	1.57			
	O	O	XXO	XXX			
6	Gerovac, Kelsie		St. Olaf		1.47m	4	
	1.37	1.42	1.47	1.52			
	O	O	XXO	XXX			
7	Jensen, Jerlie		St. Olaf		x1.42m		
	1.32	1.37	1.42	1.47			
	O	O	XO	XXX			
8	Hlavka, Courtney		Bethel (Minn		1.42m	3	
	1.32	1.37	1.42	1.47			
	O	XO	XXO	XXX			
9	Novak, Kendall		St. Thomas (x1.37m		
	1.37	1.42	1.47				
	O	PPP	XXX				
10	Schoustra, Mackenzie		St. Olaf		x1.37m		
	1.32	1.37	1.42				
	XO	O	XXX				
11	Anderson, Alexandra		Gustavus Ado		1.37m	2	
	1.32	1.37	1.42				
	XO	XO	XXX				

Women Pole Vault

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Name	Year School			Finals	Points	=====	
=====							
1	Novak, Kendall		St. Thomas (3.36m	9	
	2.98	3.13	3.28	3.36	3.44		
	O	O	XO	XO	XXX		
2	Terharr, Mariah		St. Thomas (3.13m	7	
	2.53	2.68	2.83	2.98	3.13	3.28	
	O	O	O	XO	XXO	XXX	
3	Anderson, Jalia		St. Thomas (x2.98m		
	2.98	3.13					
	O	XXX					
4	Prine, Avery		St. Olaf		2.83m	6	
	2.38	2.53	2.68	2.83	2.98		
	O	O	XO	O	XX		
5	Forker, Sarah		Bethel (Minn		2.83m	5	
	2.53	2.68	2.83	2.98			
	O	O	XXO	XXX			
6	Singh, Prabhjot		Gustavus Ado		2.83m	4	
	2.38	2.53	2.68	2.83	2.98		
	XO	O	XO	XXO	XXX		
7	Rieth, Jenna		Gustavus Ado		2.68m	3	
	2.23	2.38	2.53	2.68	2.83		
	XO	XO	XO	XXO	XXX		
8	Murdock, Cara		St. Thomas (x2.53m		
	2.23	2.38	2.53	2.68			
	O	O	O	XXX			
9	Mitchell, Alyssa		Bethel (Minn		2.38m	2	
	2.23	2.38	2.53				
	O	O	XXX				
10	Watry, Kate		St. Thomas (x2.38m		

	2.23	2.38	2.53			
	XO	XO	XXX			
11	Watson, Annika			Bethel (Minn)	x2.23m	
	2.23	2.38				
	O	XXX				
--	Brown Ton, Corinna			St. Olaf	NH	
	2.53					
	XXX					

Women Long Jump

Name	Year	School	Finals	Points		
1 Frekot, Hanna		Bethel (Minn)	5.25m	9		
	5.02m	5.15m	4.97m	5.01m	4.85m	5.25m
2 Quandt, Taylor		St. Thomas (4.67m	7		
	FOUL	FOUL	4.21m	4.36m	4.67m	4.61m
3 Russell, Elizabeth		St. Thomas (4.66m	6		
	FOUL	FOUL	4.66m	PASS	PASS	PASS
4 Bruess, Sarah		St. Thomas (x4.56m			
	4.53m	4.56m	4.52m	FOUL	FOUL	FOUL
5 Hlavka, Courtney		Bethel (Minn)	4.37m	5		
	4.36m	4.12m	4.37m	4.31m	4.19m	4.18m
6 Keelin, Abby		Bethel (Minn)	x4.32m			
	FOUL	4.32m	FOUL	4.28m	3.78m	FOUL
7 Pendergast, Anna		St. Olaf	4.04m	4		
	3.70m	3.86m	3.77m	3.70m	4.04m	3.74m
-- Aschenaki, Yodit		St. Olaf	FOUL			
	FOUL	FOUL	FOUL			

Women Triple Jump

Name	Year	School	Finals	Points		
1 Russell, Elizabeth		St. Thomas (10.57m	9		
	10.35m	10.19m	10.57m	10.41m	10.12m	9.89m
2 Quandt, Taylor		St. Thomas (10.09m	7		
	9.80m	FOUL	10.09m	FOUL	9.99m	10.03m
3 Grizhebovskaya, Masha		St. Olaf	9.93m	6		
	FOUL	FOUL	9.55m	9.93m	FOUL	9.66m
-- Watry, Kate		St. Thomas (FOUL			
	FOUL	FOUL	FOUL			
-- Pendergast, Anna		St. Olaf	FOUL			
	FOUL	FOUL	PASS			

Women Shot Put

Name	Year	School	Finals	Points		
1 Lange, Libby		St. Thomas (12.03m	9		
	12.03m	11.68m	FOUL	11.90m	10.96m	11.35m
2 Olson, Siri		Gustavus Ado	10.50m	7		
	FOUL	9.98m	10.35m	10.50m	10.09m	10.48m
3 Diederichs, Kristen		St. Olaf	10.34m	6		
	10.01m	9.64m	9.03m	10.17m	10.34m	10.27m
4 Eischens, Laura		St. Thomas (10.11m	5		
	9.28m	9.67m	9.74m	9.53m	9.41m	10.11m
5 Keelin, Katie		Gustavus Ado	9.19m	4		
	8.60m	FOUL	8.17m	8.99m	9.19m	9.00m
6 Carlson, Madison		Gustavus Ado	x8.97m			
	8.96m	8.95m	8.37m	8.97m	8.96m	8.94m

7	Agerlie, Anika					Bethel (Minn	8.77m	3
	8.44m	8.15m	8.77m	8.39m	8.72m	FOUL		
8	Nordby, Hannah					St. Olaf	8.65m	2
	8.49m	8.60m	8.65m	8.49m	8.41m	8.40m		
9	Nelson, Amy					Bethel (Minn	8.26m	1
	8.26m	7.96m	8.03m	7.82m	7.18m	8.00m		
10	Hlavka, Courtney					Bethel (Minn	x8.13m	
	FOUL	7.92m	8.13m					
11	Johnson, Olivia					Bethel (Minn	x7.89m	
	FOUL	FOUL	7.89m					
12	Neamonitaki, Myrto					St. Olaf	x6.85m	
	FOUL	6.30m	6.85m					

Women Weight Throw

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Name	Year School			Finals	Points	=====		
1	Graham, Olivia			St. Thomas (14.90m	9		
	FOUL	13.39m	14.63m	14.78m	FOUL	14.90m		
2	Mellin, Allison			St. Thomas (14.86m	7		
	14.86m	14.75m	FOUL	14.48m	FOUL	FOUL		
3	Keelin, Katie			Gustavus Ado	11.92m	6		
	11.92m	FOUL	10.38m	FOUL	FOUL	FOUL		
4	Nordby, Hannah			St. Olaf	11.90m	5		
	11.90m	11.19m	11.70m	11.56m	11.63m	11.32m		
5	Agerlie, Anika			Bethel (Minn	11.59m	4		
	FOUL	10.92m	11.05m	11.59m	FOUL	10.11m		
6	Erickson, Courtney			Gustavus Ado	11.02m	3		
	9.80m	10.36m	9.87m	FOUL	FOUL	11.02m		
7	Johnson, Olivia			Bethel (Minn	10.02m	2		
	FOUL	9.96m	10.02m	9.86m	9.97m	FOUL		
8	Nelson, Amy			Bethel (Minn	x9.59m			
	FOUL	9.59m	FOUL	FOUL	8.32m	9.53m		
9	Carlson, Madison			Gustavus Ado	x9.58m			
	FOUL	9.51m	9.58m	PASS	PASS	PASS		
10	Diederichs, Kristen			St. Olaf	9.18m	1		
	9.18m	8.64m	8.97m					
11	Neamonitaki, Myrto			St. Olaf	x7.68m			
	7.06m	5.98m	7.68m					
--	Lange, Libby			St. Thomas (FOUL			
	FOUL	FOUL	FOUL					

Men 60 Meter Dash

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Name	Year School			Prelims	H#

Preliminaries

1	Olsen, Karl			Bethel (Minn	7.17Q	1
1	Duellman, Colin			St. Thomas (7.17Q	2
3	Carroll, Brooks			St. Thomas (7.20Q	4
4	Neville, Ryan			St. Thomas (7.25Q	3
5	Bednarkek, Luke			St. Thomas (7.21q	4
6	Antoine, David			St. Thomas (7.21q	1
7	Blaney, Jack			Gustavus Ado	7.29q	2
8	Weiss, Logan			St. Olaf	7.35q	3
9	Kaiser, Adam			St. Olaf	7.39	2
9	Jevne, Scott			St. Thomas (7.39	4
11	Onkware, Alvin			Gustavus Ado	7.40	2
12	Erickson, Peter			Bethel (Minn	7.42	3
13	O'Connell, Sean			Gustavus Ado	7.48	2
14	Trentacoste, Daniel			Gustavus Ado	7.54	4

15	Queenan, Ryan	St. Thomas (7.54	3
16	Eickhoff, Isaac	Bethel (Minn	7.65	1
17	Montplaisir, Matthew	Gustavus Ado	7.67	2
18	Knaack, Greg	Gustavus Ado	7.73	4
19	Rogers, Jeremiah	Bethel (Minn	7.89	4
20	McDonald, Clifford	Gustavus Ado	7.93	1
21	Tensaie, Baeza	Bethel (Minn	8.00	4
22	Jaye, Elliot	St. Thomas (8.07	3
23	Pankow, Maxx	Bethel (Minn	8.43	3
24	Gaubert, Andre	St. Thomas (8.49	1

Men 60 Meter Dash

Name	Year School	Finals	Points
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Finals

1	Olsen, Karl	Bethel (Minn	7.14	9
2	Duellman, Colin	St. Thomas (7.15	7
3	Antoine, David	St. Thomas (7.15	6
4	Carroll, Brooks	St. Thomas (7.16	
5	Bednarkek, Luke	St. Thomas (7.21	
6	Neville, Ryan	St. Thomas (7.21	
7	Blaney, Jack	Gustavus Ado	7.31	5
8	Weiss, Logan	St. Olaf	7.33	4

Men 400 Meter Dash

Name	Year School	Finals	H#	Points
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1	Klamm, Carl	Bethel (Minn	50.02	4	9
2	Klamm, Patrick	Bethel (Minn	50.85	4	7
3	Prater, Joshua	St. Thomas (51.11	4	6
4	Erickson, Isaac	Bethel (Minn	x51.13	4	
5	Monroe, Shawn	Bethel (Minn	x52.91	3	
6	ReMine, Sam	Gustavus Ado	52.97	3	5
7	Swanson, Kyle	Bethel (Minn	x53.09	3	
8	Jevne, Scott	St. Thomas (53.32	1	4
9	Gifford, Ben	St. Thomas (x53.35	2	
10	Anderson, Phillip	Bethel (Minn	x53.37	3	
11	Malim, Mohamed	St. Thomas (x53.53	3	
12	Koegel, Joseph	St. Thomas (x53.72	2	
13	Coates, Austin	St. Thomas (x54.02	2	
14	Trapp, Ryan	St. Thomas (x54.17	2	
15	Graff, Chase	St. Thomas (x54.29	1	
16	Verchota, Bobby	Gustavus Ado	55.35	1	3
17	Dahl, Duncan	St. Thomas (x55.98	1	
18	Kraling, Hunter	Gustavus Ado	x58.14	1	

Men 600 Meter Dash

Name	Year School	Finals	H#	Points
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1	Fredrickson, Kyle	Gustavus Ado	1:21.02	2	9
2	Mueller, Chris	St. Thomas (1:22.56	2	7
3	ReMine, Ed	Gustavus Ado	1:23.48	2	6
4	Lenz, Jonathon	St. Olaf	1:26.58	2	5
5	Palyan, Jess	St. Thomas (1:28.07	1	4
6	Schoenfelder, Jonah	St. Thomas (x1:32.41	1	
7	Fourre, Elijah	Gustavus Ado	x1:34.56	1	

Men 200 Meter Run

Name	Year School	Finals	H#	Points
1 Ekholm, Anthony	St. Thomas (23.01	5	9
2 Neville, Ryan	St. Thomas (23.11	4	7
3 Witschen, Michael	St. Thomas (x23.21	4	
4 Sauro, Daniel	St. Thomas (x23.54	3	
5 Duellman, Colin	St. Thomas (x23.57	3	
6 Weiss, Logan	St. Olaf	23.67	5	6
7 Blaney, Jack	Gustavus Ado	23.88	5	5
8 Queenan, Ryan	St. Thomas (x23.94	2	
9 Skidmore, James	St. Thomas (x23.95	3	
10 Gifford, Ben	St. Thomas (x23.95	4	
11 Trentacoste, Daniel	Gustavus Ado	24.25	3	4
12 O'Connell, Sean	Gustavus Ado	x24.60	2	
13 Eickhoff, Isaac	Bethel (Minn	24.67	4	3
14 VanZuilen, Luke	St. Thomas (x24.70	2	
15 Verchota, Bobby	Gustavus Ado	x25.05	3	
16 Rogers, Jeremiah	Bethel (Minn	25.69	1	2
17 Kraling, Hunter	Gustavus Ado	x25.90	2	
18 Pankow, Maxx	Bethel (Minn	x29.23	1	

Men 800 Meter Run

Name	Year School	Finals	H#	Points
1 Lonergan, Sean	St. Olaf	1:59.71	2	9
2 Karlson, Samuel	St. Thomas (1:59.92	2	7
3 Sandberg, Ryley	Gustavus Ado	2:00.73	2	6
4 Fredrickson, Alex	Gustavus Ado	2:01.35	2	5
5 LaChance, Bailey	St. Thomas (2:02.15	2	4
6 Longenbach, Sam	St. Olaf	2:02.27	2	3
7 Wahlstedt, Dan	Bethel (Minn	2:02.57	2	2
8 Madigan, Ben	Gustavus Ado	x2:03.14	1	
9 Simon, Jackson	St. Olaf	x2:03.88	2	
10 Bauer, Max	Gustavus Ado	x2:08.45	1	
11 Lee, Zach	St. Olaf	x2:08.85	1	
12 Andrews, Kevin	St. Thomas (x2:08.90	1	
13 Nuese, Brendon	Bethel (Minn	2:08.93	1	1
14 Hartshorn, Andy	Bethel (Minn	x2:09.26	1	
15 Storvick, Jeremy	St. Olaf	x2:11.53	1	
16 Malwitz, Joel	Gustavus Ado	x2:14.34	1	

Men 1000 Meter Run

Name	Year School	Finals	Points
1 Kirtley, Alec	St. Olaf	2:36.73	9
2 Brecheisen, Justin	Bethel (Minn	2:45.56	7
3 Finne, Nelson	Gustavus Ado	3:03.37	6
4 Thayer, Jeremiah	St. Thomas (3:24.27	5

Men 1 Mile Run

Name	Year School	Finals	H#	Points
1 Knowlton, Austin	St. Thomas (4:23.52	3	9
2 Ketola, Keith	St. Olaf	4:23.87	3	7
3 Henschel, Jack	St. Olaf	4:25.71	3	6
4 Jones, Charlie	St. Thomas (4:26.05	3	5
5 Suttie, Grant	St. Thomas (x4:26.22	3	

6	Haugen, Connor	Bethel (Minn	4:26.32	3	4
7	Hatton, Evan	Bethel (Minn	4:26.60	3	3
8	Wachter, Karl	St. Thomas (x4:26.70	3	
9	Lerdall, Thomas	St. Olaf	x4:27.77	3	
10	Dammann, Carston	Gustavus Ado	4:28.01	3	2
11	Kiley, Collin	St. Thomas (x4:32.76	2	
12	Webster, Nate	St. Olaf	x4:33.34	2	
13	Anderson, William	St. Olaf	x4:33.62	3	
14	Rudberg, Andy	St. Olaf	x4:34.49	2	
15	Burback, Allen-Michael	St. Thomas (x4:38.97	3	
16	Garrett, Ryan	St. Thomas (x4:39.23	2	
17	Mahota, Daniel	St. Thomas (x4:42.43	2	
18	Pavelka, Bridger	Gustavus Ado	4:43.52	1	1
19	Hanson, Seguy	Bethel (Minn	x4:45.32	2	
20	Slagel, Isaac	St. Olaf	x4:48.58	1	
21	Stordahl, Tyler	Gustavus Ado	x4:49.02	1	
22	Schold, Chris	St. Olaf	x4:51.69	1	
23	Schreiber, Kevin	St. Thomas (x4:51.81	2	
24	Zollner, Austin	Gustavus Ado	x4:52.39	1	
25	Johansen, Syver	St. Olaf	x4:54.31	1	
26	Chmelik, Joey	St. Olaf	x4:58.56	1	
27	Sandok, Connor	Gustavus Ado	x5:09.95	1	
28	Saxton, Brent	St. Olaf	x5:21.35	1	

Men 3000 Meter Run

Name	Year School	Finals	H#	Points
1	Berhe, Alex	St. Olaf	8:46.35	2 9
2	Lehn, Calvin	St. Olaf	8:52.18	2 7
3	Aarness, Tayler	St. Olaf	x8:52.94	2
4	Berkowitz, Adam	St. Thomas (8:58.07	2 6
5	Timm, Paul	St. Olaf	x9:05.19	2
6	Knobbe, Thomas	Gustavus Ado	9:07.06	2 5
7	Brenk, Christopher	St. Olaf	x9:12.42	2
8	Fritz, Andrew	St. Thomas (9:13.19	2 4
9	Barnhart, Andy	Bethel (Minn	9:14.31	2 3
10	Nelson, Robert	Gustavus Ado	9:15.58	2 2
11	Rasmussen, Anders	Bethel (Minn	9:18.71	2 1
12	Buchmeier, Dan	St. Olaf	x9:18.75	2
13	Bakken, Eric	St. Olaf	x9:23.63	1
14	Wischnack, Andrew	Gustavus Ado	x9:27.94	1
15	DeBlicck, Derek	St. Olaf	x9:29.91	1
16	McGivern, George	St. Thomas (x9:30.03	1
17	Peterson, Ricky	St. Thomas (x9:32.71	2
18	Shields, John Mark	Bethel (Minn	x9:33.81	2
19	Foster, Caleb	Bethel (Minn	x9:41.25	1
20	Shinn, Keaton	Bethel (Minn	x9:43.71	1
21	Elliott, Andrew	St. Thomas (x10:06.41	1
22	Lowery, Nick	Bethel (Minn	x10:06.71	1
23	Johnson, Brandon	Bethel (Minn	x10:53.98	1
24	Pearson, Keenan	Bethel (Minn	x11:02.40	1
--	Henschel, Jack	St. Olaf	DNF	2

Men 5000 Meter Run

Name	Year School	Finals	Points
1	Jones, Evan	Gustavus Ado	16:00.42 9
2	Benson, John	Gustavus Ado	16:57.67 7
3	Haberman, Emmett	Gustavus Ado	x17:34.47

Men 60 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1 Maxwell, Trevor	Gustavus Ado	8.87Q	1
2 Dahl, Duncan	St. Thomas (9.07Q	2
3 Coates, Austin	St. Thomas (9.05q	1
4 Paal, Mathew	St. Olaf	9.08q	1
5 Moyer, James	Bethel (Minn	9.10q	1
6 Gredvig, Jacob	St. Thomas (9.13q	1
7 Syler, Colton	Bethel (Minn	9.17q	2
8 Anderson, Phillip	Bethel (Minn	9.22q	2
9 Scott, Benjamin	St. Olaf	9.68	2
10 Thayer, Jeremiah	St. Thomas (9.86	2
11 ReMine, Ed	Gustavus Ado	9.92	2
12 Schoenfelder, Jonah	St. Thomas (10.15	2
13 Peterson, Christopher	St. Thomas (10.45	1
14 Stichman, Kyle	Bethel (Minn	10.59	2
15 Skinner, Caden	Bethel (Minn	11.23	1
16 Pankow, Maxx	Bethel (Minn	11.83	1

Men 60 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 Paal, Mathew	St. Olaf	8.85	9
2 Maxwell, Trevor	Gustavus Ado	8.86	7
3 Syler, Colton	Bethel (Minn	9.03	6
4 Coates, Austin	St. Thomas (9.09	5
5 Moyer, James	Bethel (Minn	9.10	4
6 Dahl, Duncan	St. Thomas (9.12	3
7 Anderson, Phillip	Bethel (Minn	x9.26	

Men 4x200 Meter Relay

School	Finals	Points
1 St. Thomas (Minn.) 'A'	1:31.58	9
1) Witschen, Michael	2) Sauro, Daniel	
3) Queenan, Ryan	4) Ekholm, Anthony	
2 Gustavus Adolphus 'A'	1:35.72	7
1) Trentacoste, Daniel	2) Blaney, Jack	
3) Onkware, Alvin	4) ReMine, Sam	

Men 4x400 Meter Relay

School	Finals	H#	Points
1 Bethel (Minn.) 'B'	3:23.76	2	9
1) Monroe, Shawn	2) Wahlstedt, Dan		
3) Erickson, Isaac	4) Klamm, Carl		
2 Bethel (Minn.) 'A'	x3:25.62	2	
1) Swanson, Kyle	2) Klamm, Patrick		
3) Olsen, Karl	4) Hatton, Evan		
3 St. Thomas (Minn.) 'A'	3:25.98	2	7
1) Witschen, Michael	2) Queenan, Ryan		
3) Sauro, Daniel	4) Ekholm, Anthony		
4 Gustavus Adolphus 'A'	3:26.18	2	6

	1) ReMine, Ed	2) ReMine, Sam		
	3) Sandberg, Ryley	4) Fredrickson, Kyle		
5	St. Thomas (Minn.) 'B'		x3:34.23	2
	1) Dahl, Duncan	2) Coates, Austin		
	3) Trapp, Ryan	4) Graff, Chase		
6	St. Olaf 'A'		3:35.59	2 5
	1) Lonergan, Sean	2) Herman, Zach		
	3) Paal, Mathew	4) Kaiser, Adam		
7	Gustavus Adolphus 'B'		x3:38.97	1
	1) O'Connell, Sean	2) Madigan, Ben		
	3) Finne, Nelson	4) Verchota, Bobby		
8	St. Olaf 'B'		x3:40.04	1
	1) Lenz, Jonathon	2) Aehl, Peter		
	3) Danielson, Ben	4) Longenbach, Sam		
9	Bethel (Minn.) 'C'		x3:44.12	1
	1) Syler, Colton	2) Haugen, Connor		
	3) Nuese, Brendon	4) Hanson, Seguy		
10	Gustavus Adolphus 'C'		x3:54.98	1
	1) Stordahl, Tyler	2) Kraling, Hunter		
	3) Pavelka, Bridger	4) Zollner, Austin		
11	Gustavus Adolphus 'D'		x4:01.79	1
	1) Fourre, Elijah	2) Malwitz, Joel		
	3) Sandok, Connor	4) Bauer, Max		

Men High Jump

Name	Year School	Finals	Points
1 Cross, Evan 1.80 1.85 1.88 1.91 O O O O	St. Thomas (1.91m	9
2 White, Conor 1.70 1.75 1.80 1.85 O O XO XXX	St. Thomas (1.80m	7
3 Moyer, James 1.65 1.70 1.75 1.80 XO XXO XO XXX	Bethel (Minn	1.75m	6
4 Finne, Nelson 1.70 1.75 1.80 O XXO XXX	Gustavus Ado	1.75m	5
5 Skinner, Caden 1.55 1.60 1.65 O XXO XXX	Bethel (Minn	1.60m	4
6 Thayer, Jeremiah 1.50 1.55 1.60 1.65 O XO XXO XPP	St. Thomas (x1.60m	
7 Stichman, Kyle 1.50 1.55 1.60 O O XXX	Bethel (Minn	x1.55m	

Men Pole Vault

Name	Year School	Finals	Points
1 Cronin, Lucas 4.28 4.43 4.58 4.71 XO XO XO XXX	St. Thomas (4.58m	9
2 Gursky, Jacob 4.13 4.28 4.43 4.58 O O O XXX	St. Olaf	4.43m	7
3 Huntley, Derek	Gustavus Ado	4.28m	5

	4.13 4.28 4.43								
	O O XXX								
3	Keil, Evan	St. Thomas (4.28m			5	
	4.13 4.28 4.43								
	O O XXX								
5	Moyer, James	Bethel (Minn			4.28m			5	
	4.13 4.28 4.43								
	XO XO XXX								
6	Bury, Michael	St. Thomas (x4.13m				
	3.83 3.98 4.13 4.28								
	O O O XXX								
7	Knighton-Johnson, Boston	Bethel (Minn			3.83m			3	
	3.68 3.83 3.98								
	O XO XXX								
8	Peterson, Christopher	St. Thomas (x3.68m				
	3.68 3.83								
	O X								
9	Schabelski, David	Gustavus Ado			3.53m			2	
	3.08 3.23 3.38 3.53 3.68								
	XO O O XXO XXX								
10	Kaiser, Adam	St. Olaf			2.93m			1	
	2.48 2.63 2.78 2.93 3.08								
	XO O XO O XXX								
11	Skinner, Caden	Bethel (Minn			x2.78m				
	2.48 2.63 2.78 2.93								
	O O O XXX								
12	Finne, Nelson	Gustavus Ado			x2.78m				
	2.63 2.78 2.93								
	XO O XXX								
13	Stichman, Kyle	Bethel (Minn			x2.78m				
	2.78 2.93								
	XO XXX								
--	Ritzenthaler, Aiden	St. Thomas (NH				
	4.43								
	XXX								

Men Long Jump

Name	Year	School	Finals	Points
1 Cross, Evan		St. Thomas (6.70m	9
	6.38m 6.48m FOUL FOUL	6.60m 6.70m		
2 White, Conor		St. Thomas (6.69m	7
	6.37m FOUL FOUL 6.41m	6.68m 6.69m		
3 Witschen, Michael		St. Thomas (x6.56m	
	FOUL 6.56m 6.23m FOUL FOUL FOUL			
4 Bullert, Grant		Bethel (Minn	6.33m	6
	6.27m 6.13m 6.29m 6.33m	6.05m 6.17m		
5 VanZuilen, Luke		St. Thomas (x6.25m	
	FOUL FOUL 6.25m 6.01m	6.10m FOUL		
6 Guggemos, Nicholas		St. Thomas (x6.15m	
	6.15m 6.09m 5.59m 5.59m	FOUL 5.72m		
7 Lichliter, Bill		St. Thomas (x5.99m	
	5.84m FOUL 5.89m 5.84m	5.89m 5.99m		
8 Peterson, Christopher		St. Thomas (x5.94m	
	5.36m FOUL 5.89m 5.70m	FOUL 5.94m		
9 Erickson, Peter		Bethel (Minn	5.82m	5
	5.81m 5.82m 5.76m 5.58m	FOUL 5.58m		
10 Weiss, Logan		St. Olaf	5.75m	4
	5.75m 5.62m 5.60m			
11 McDonald, Clifford		Gustavus Ado	5.50m	3

5.50m	4.75m	FOUL				
12	Jaye, Elliot		St. Thomas (x5.31m	
	FOUL	5.31m	FOUL			
13	Montplaisir, Matthew		Gustavus Ado		5.23m	2
	5.20m	5.01m	5.23m			
--	Onkware, Alvin		Gustavus Ado		FOUL	
	FOUL	FOUL	FOUL			
--	Gorrilla, Thomas		St. Thomas (FOUL	
	FOUL	FOUL	FOUL			

Men Triple Jump

Name	Year	School	Finals	Points		
1 Onkware, Alvin		Gustavus Ado	12.76m	9		
	12.59m	12.11m	12.09m	12.76m	FOUL	
2 Klun, John		St. Thomas (12.21m	7		
	12.00m	12.15m	12.08m	FOUL	FOUL	12.21m
3 Lichliter, Bill		St. Thomas (11.93m	6		
	11.93m	FOUL	11.29m	11.37m	11.37m	FOUL
4 Bullert, Grant		Bethel (Minn	11.85m	5		
	11.59m	11.31m	11.22m	11.32m	11.77m	11.85m
5 Montplaisir, Matthew		Gustavus Ado	11.36m	4		
	11.16m	11.09m	10.71m	11.26m	11.36m	FOUL
6 Peterson, Christopher		St. Thomas (x11.23m			
	11.23m	11.05m	10.89m			
7 Prater, Joshua		St. Thomas (x10.14m			
	FOUL	10.14m	FOUL			
-- Kunkel, Javon		St. Thomas (FOUL			
	FOUL	FOUL				
-- Spann, Nicholas		St. Thomas (FOUL			
	FOUL	FOUL	FOUL			

Men Shot Put

Name	Year	School	Finals	Points		
1 Hausman, Micah		St. Thomas (15.16m	9		
	FOUL	14.67m	14.80m	15.16m	FOUL	FOUL
2 Woods, Nick		St. Olaf	15.09m	7		
	14.49m	14.96m	14.09m	14.91m	14.56m	15.09m
3 Kurtz-Enko, Nathan		St. Olaf	14.65m	5.50		
	14.50m	14.65m	14.30m	13.73m	FOUL	14.26m
3 Murtha, Craig		St. Thomas (14.65m	5.50		
	14.65m	FOUL	14.00m	FOUL	FOUL	FOUL
5 Hensch, Michael		Gustavus Ado	14.19m	4		
	13.66m	13.71m	14.19m	14.19m	14.04m	FOUL
6 Jochum, Austin		St. Thomas (x13.42m			
	FOUL	12.34m	13.24m	FOUL	FOUL	13.42m
7 Neuenfeldt, Will		Gustavus Ado	12.80m	3		
	12.52m	12.68m	12.38m	12.00m	12.80m	12.62m
8 Holst, Eric		St. Thomas (x12.56m			
	11.94m	12.56m	11.82m	12.18m	FOUL	FOUL
9 David, Danhauer		St. Thomas (x12.55m			
	12.16m	11.99m	12.55m	11.95m	12.32m	FOUL
10 Larson, Dylan		Bethel (Minn	12.48m	2		
	12.29m	FOUL	12.48m			
11 Maxon, Keith		Gustavus Ado	x11.90m			
	11.90m	11.17m	11.89m			
12 Puett, Andrew		Gustavus Ado	x11.87m			
	11.53m	10.94m	11.87m			

13	Nelson, Wes				Bethel (Minn		11.77m	1
		11.75m	11.60m	11.77m				
14	Kaiser, Adam				St. Olaf		x10.44m	
		10.44m	FOUL	10.30m				
15	Irons, Ben				Bethel (Minn		x10.14m	
		9.74m	10.14m	9.95m				
16	Ward, Matthew				St. Thomas (x8.76m	
		8.64m	8.76m	FOUL				
--	Catterton, Andrew				St. Thomas (FOUL	
		FOUL	FOUL	FOUL				

Men Weight Throw

Name	Year	School	Finals	Points			
1 Jochum, Austin		St. Thomas (17.57m	9			
	16.05m	15.06m	15.44m	17.27m	17.57m	FOUL	
2 Hausman, Micah		St. Thomas (16.71m	7			
	15.53m	16.15m	16.26m	16.71m	16.38m	FOUL	
3 David, Danhauer		St. Thomas (x15.16m				
	14.37m	13.97m	13.61m	14.12m	13.98m	15.16m	
4 Murtha, Craig		St. Thomas (x15.04m				
	15.04m	15.02m	14.85m	14.10m	14.01m	FOUL	
5 Woods, Nick		St. Olaf	15.00m	6			
	14.36m	13.32m	15.00m	FOUL	14.24m	FOUL	
6 Maxon, Keith		Gustavus Ado	14.77m	5			
	14.77m	FOUL	FOUL	FOUL	FOUL	FOUL	
7 Hensch, Michael		Gustavus Ado	14.65m	4			
	14.41m	14.65m	14.04m	13.93m	FOUL	14.38m	
8 Neuenfeldt, Will		Gustavus Ado	x14.16m				
	13.45m	14.14m	FOUL	14.02m	FOUL	14.16m	
9 Holst, Eric		St. Thomas (x14.07m				
	FOUL	FOUL	14.05m	14.00m	14.07m	FOUL	
10 Irons, Ben		Bethel (Minn	13.90m	3			
	12.82m	13.00m	13.90m				
11 Kurtz-Enko, Nathan		St. Olaf	13.10m	2			
	FOUL	FOUL	13.10m				
12 Larson, Dylan		Bethel (Minn	12.30m	1			
	11.46m	12.30m	11.03m				
13 Catterton, Andrew		St. Thomas (x12.08m				
	10.46m	11.68m	12.08m				
14 Nelson, Wes		Bethel (Minn	x12.07m				
	12.07m	FOUL	11.29m				

Women - Team Rankings - 18 Events Scored

1) St. Thomas (Minn.)	196	2) Bethel (Minn.)	134
3) St. Olaf	118	4) Gustavus Adolphus	113

Men - Team Rankings - 18 Events Scored

1) St. Thomas (Minn.)	203.50	2) Gustavus Adolphus	146
3) St. Olaf	111.50	4) Bethel (Minn.)	111