Cost: $50 per Athlete

Each player receives a Gustavus Baseball Clinic T-shirt

Make checks to Gustavus Baseball

Send to: Mike Carroll
800 West College Ave
St. Peter, MN 56082

For online brochure go to: https://gustavus.edu/athletics/bb/links.php

For further information contact:
Mike Carroll
Email: mcarroll@gustavus.edu
Office Phone: 507-933-6297

Player Name:_______________________
Address:__________________________
____________________________________
Phone #:___________________________
Email:______________________________
Grade:_____________________________
T-Shirt Size:________________________

Date: Saturday, Nov. 29th

Session 1- Grades 2-6
9:30-11:30- Camp
11:30-12:00- Pitchers and Catchers

The focus of the first session is to teach the players basic fielding, throwing and hitting mechanics all while focusing on having fun. There is a scrimmage whiffle ball game to conclude each session.

The pitchers and catchers camp will teach kids proper pitching mechanics to increase velocity and maintain arm health. The athletes will also be clocked from the mound, so they will know their own personal velocity.

Session 2- Grades 7-12
12:00-2:00- Camp
2:00-2:30- Pitchers and Catchers

The focus of the second session is to teach the players more advance skills and drills for playing baseball at high school or collegiate level. Many of the drills taught during this session are the same drills we use with our players at Gustavus. Each athlete will receive instruction on throwing, fielding or hitting mechanics from a member of our coaching staff.

The pitchers and catchers camp will cover the basic mechanics, drills and training we use at Gustavus. All pitchers will be clocked from the mound, so they will have a reading of their velocity. Catchers will learn a variety of catching drills as well as being timed for throws to second base.