

Test Preparation Tips

Prepare your content:

Create a study plan

- Create a study plan that spreads out your study.
- Starting early will eliminate the need for cramming.

Create flash cards/review sheet

- Take the most important information and use it to make your own review sheets and flash cards.
- Highlight all key words and phrases.

Explain it to a mirror or friend

- You really know something if you can explain it in your own words.
- Stand in front of a mirror, or sit with a friend and teach yourself or your friend what you need to know.

Adjust your studying for the test accordingly

- **True or false, and multiple choice test:** know facts and detailed information.
- **Essay tests:** know main ideas and key facts.
- **Open book tests:** create bookmarks (sticky notes) in order to find information quickly.

Review on a daily basis

- When you review, you move information from your short-term memory into your long-term memory.
- Reviewing is a huge contributor to success and actual learning the information.

Prepare your yourself:

