



Submit Online by 6/4

Complete the Curriculum Preference form at [gustavus.edu/firstyear/checklist/](http://gustavus.edu/firstyear/checklist/) to indicate your top five preferences for First-Term Seminar courses or Three Crowns Curriculum. If you list the Three Crowns Curriculum as your first preference, you will be enrolled in the two classes described in the Three Crowns Curriculum materials (Historical Perspectives I and Biblical Traditions). All others will be enrolled in one of your top five FTS preferences. When you come to campus for Gustie Gear-Up! or speak with a faculty advisor over the phone we will help build the rest of your fall course schedule around your Three Crowns seminars or FTS.

**EXPLORING THE MEANING OF HAPPINESS ACROSS CULTURES.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of the meaning of happiness across cultures. The seminar will provide students with a forum for analyzing the universal nature of happiness and how its definition varies across cultures. We will start by consulting the definition of happiness by some of the greatest minds in history and in present day, and then proceed to dig deeper by exploring the cultural dimensions of happiness. We will also discuss how the conceptions of happiness across cultures relates to the perception of goodness and the decisions that individuals make in different cultural contexts for their own good and the common good of society.

FTS-100-002 Sidonia Alenuma-Nimoh T R 1:30 PM–3:20 PM

**LEISURE QUEST.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation into the concept of leisure time from historical, socio-cultural, and personal perspectives. For one semester we will examine the most precious commodity in America: Time. Specifically, we will explore the role and meaning of leisure time in the United States, on both the individual and societal level, through writings, readings, films, lectures, class discussion and personal experience. Additionally, we will examine how access to leisure experiences develops identity and promotes greater life satisfaction. More importantly, however, we will consider how lack of access to leisure experiences impacts the human experience.

FTS-100-005 Aaron Banks M W F 12:30 PM–1:20 PM

**REPRODUCTIVE TECHNOLOGIES: SAVING GRACE OR BRAVE NEW WORLD?** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of technologies used to monitor or modify reproductive processes. In coordination with this year's Nobel Conference, students will examine the biological basis of several reproductive technologies (e.g., contraception, genome-editing, mitochondrial transfer, prenatal genetic testing), analyze the scientific and social contexts in which these technologies have been developed and used, and explore the risks and promises of various technologies.

FTS-100-009 Margaret Bloch Qazi M W R F 10:30 AM–11:20 AM

**COMMUNICATE VALUES.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of value statements in contemporary public discourse. It challenges students to consider questions

of value as applied to speeches and other public statements from a variety of overlapping contexts in contemporary society, including politics, religion, science, economics, business, education, justice, entertainment and popular culture, health and human services, and social services. Values and public communication are intertwined; from cable news to talk radio, from political ads to corporate apologies... each of these message sources communicates values. In this seminar students will critically analyze values-centered public messages organized around three main themes: (1) Speeches that Create Concern for Problems, (2) Speeches that Affirm Propositions of Value, and (3) Speeches that Intensify Social Cohesion.

FTS-100-016 Mark Braun T R 8:30 AM–9:50 AM

FTS-100-017 Mark Braun T R 10:30 AM–11:50 AM

**RACE & THE AMERICAN VISION.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of race in America. This seminar explores the impact of race on the fundamental American vision of freedom and equality for all. Against the backdrop of the American ethos, how has race shaped and formed the experience of Black Americans, in particular, in their quest to achieve inclusion into the American vision of freedom and equality? We will examine how Black Americans have thought about the problem of race and the American vision as well as read of their experiences when confronted with the paradoxes that arise from the contradiction of living in a society that is reluctant to include them into this vision and the basic struggle to get that society to live up to its own principles and beliefs. We will read Frederick Douglass' "Narrative, The Autobiography of Malcolm X," "The Souls of Black Folks" by W. E. B. DuBois, and "A Testament of Hope" by Martin Luther King, Jr.

FTS-100-026 Philip Bryant M W F 11:30 AM–12:20 PM

**THE SCIENCE AND ETHICS OF GENETIC TESTING.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of genetic testing and its broader human impact. We will explore how recent advances in scientific technologies have allowed individuals to test for their risk or their offspring's risk for a wide variety of human diseases ranging from breast cancer to cystic fibrosis to Huntington's Disease. We will ask: Is the ability to predict the likelihood of developing a disease necessarily a good thing for the individual and society? Students will assess the costs and the benefits of genetic testing from a variety of perspectives and explore the nuances of a developing field with great potential to improve human health, but that also presents complicated ethical issues.

FTS-100-033 Laura Burrack M W R F 10:30 AM–11:20 PM

**INTERFAITH ENCOUNTERS: CONTEMPLATION, COMPASSION AND COMMUNITY.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of interfaith relations and how these strengthen spiritual practices, ethical commitments, and community building in a pluralistic world. We will focus on writers from Buddhist, Christian and Hindu religions, as well as perspectives from other traditions, including secular humanism, and examine the positive impact interfaith relations have on participants and society at large.

FTS-100-051 John Cha M W F 10:30 AM–11:20 AM

**GREECE AND ROME AT THE MOVIES.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of television and film productions of ancient Greek and Roman history, myth, and literature. We examine works from the earliest days of cinema to the present, with special attention to the renaissance of ancient world stories on screen from 2000 onward. Throughout the course, students will consider modern visual narratives in conjunction with ancient source material. Particular points of focus include: how filmmakers and showrunners establish the look and feel of the ancient world; how filmmakers and showrunners adapt ancient literature, themes, or myths to other times and places; and the social and historical factors involved in such recreations, including the politics of race, gender and sexuality.

FTS-100-079 Sean Easton M T W F 8:00 AM–8:50 AM

**FOOD AND CULTURE.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of the connections between culture and the foods we consume. What do your food choices say about who you are? Most of us give little thought to our food preferences, but our diets are influenced by cultural traditions, beliefs, emotions, gender, sense of self, and aesthetics. Meanwhile, the types and quantities of food available in any given place are defined and limited by politics, economics, and a changing environment and climate. In this course we seek understanding of our own dietary regimes, the will to redefine our food choices to match our values, and open-mindedness to food practices in other cultures. We will also discuss the global issues of food insecurity and malnutrition and the impacts of industrial agriculture.

FTS-100-088 Annika Ericksen M W F 11:30 AM–12:20 PM

**ONE THIRD OF YOUR LIFE (THE SCIENCE AND VALUE OF SLEEP).** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of the neurobiology of sleep, the impact of sleep on the health and performance of the individual, and the costs suffered by a sleep deprived society. A number of important questions will be addressed including: Why do we sleep? Why do we dream? What happens in the brain during sleep and dreams? How does sleep change across the lifespan? How can we apply what we know about the neurobiology of sleep to improve the treatment of sleep disorders such as insomnia and jet lag? How might the quantity and quality of sleep lead to a more productive lifestyle and prevent development of diseases such as Alzheimers and cancer?

FTS-100-089 Michael Ferragamo M W R F 11:30 AM–12:20 PM

**ANIMAL MINDS.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of animal minds. Sophisticated minds produce thoughts, emotions, and consciousness. As humans, it is easier to observe and measure our own intellect, so what do we know about the intelligence of other animals? In this course, we will explore the similarities and differences between human and nonhuman animal minds. In doing so, we will gain an understanding of their identity and ours, allowing us to evaluate the “animal vs. human” perspective. Along the way, as we learn how humans think about and study animal minds, we will consider how this knowledge informs ethical treatment of animals in a variety of situations.

FTS-100-134 Lauren Hecht M T W F 9:00 AM–9:50 AM

**LOSING MY RELIGION.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of unbelief in America. We will explore why some people stop believing in God or, at least, stop

believing that anyone could be certain about God's existence. We will consider the relationship between “intellectual” reasons for disbelief--developments in science, for example--and ethical reasons, such as human suffering. Our texts will include novels, such as *The Damnation of Theron Ware* as well as non-fiction works, such as Sam Harris' *Letters to a Christian Nation*. Written and oral assignments will give students the opportunity to understand the inner logic of unbelief and to consider their own beliefs.

FTS-100-170 Sarah Ruble M T W F 9:00 AM–9:50 AM

**THE TIMES THEY ARE A-CHANGIN'.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of popular music and its relationship to events and trends in the United States during the 20th and 21st century. Through analysis of the evolution of popular music in the last 100+ years we will develop an enhanced understanding of this art form. An overview of select historical persons and events and the ways popular music intersects with its times will serve to generate a more personal comprehension of important events from the 20th century to now. We will primarily think about music and feel about history, and only secondarily feel about music and think about history.

FTS-100-173 Michael Jorgensen M T W F 9:00 AM–9:50 AM

**THE BERLIN WALL: MUSICAL SURROUNDINGS, 1961-1989.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of music and its relationship to events in Germany/Europe during the Berlin Wall from 1961-1989. We will discuss a brief music history survey (musical/art periods of music) leading up to music of the mid-20th century. An overview of select historical persons and events (primarily during WWII, the early Cold War, and the erection of the Wall in Berlin) will serve to generate a comprehension of the intersection of history and music of the time. In addition, discovery and exploration revolving around the intersection of creativity and crisis will be a predominant theme throughout the course.

FTS-100-187 Justin Knoepfel M W F 10:30 AM–11:20 AM

**NORDIC EXPLORERS.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of Nordic exploration. Scandinavians since the Viking Age have gone around the world as explorers, seeking adventure, economic benefits, and scientific understanding. They encountered many different civilizations and faced off against nature, gaining greater understanding of the world in which we live. This course will focus on explorers heading to North America, Africa, the South Pole, and even into space, in order to address issues of cross cultural contact and environmentalism, as recorded through oral traditions and memoirs.

FTS-100-190 Glenn Kranking M T W F 9:00 AM–9:50 AM

**CHILDHOOD IN NORDIC FOLK & FAIRY TALES.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of how childhood is depicted in Nordic folk and fairy tales. This seminar will explore narratives written primarily for and/or about children and childhood, with a focus on well-known folk tales from throughout the Nordic region and the fairy tales of Danish storyteller Hans Christian Andersen. We will consider the origins of the tales, analyze their staying power, and explore their global reach.

FTS-100-193 Ursula Lindqvist M T W F 9:00 AM–9:50 AM

**OUTSIDERS IN AMERICA?: ASIAN AMERICANS IN LITERATURE AND FILM.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills through an investigation of Asian Americans in literature and film. The people of Asian descent have been in the U.S. since the 1800's and have largely contributed to such important U.S. achievements as the transcontinental railroad and a robust agricultural industry. Despite this history, they are still often seen as foreigners and outsiders. Furthermore, the mainstream American society has often described them as sneaky, dangerous, primitive, heartless, weak—attributes that go against American values. Why is this the case? In this context, how can we better understand the struggles and successes of Asian Americans? Through readings in literature, history, and social sciences, and films and other visual media, we will explore the experiences of multiple Asian Americans from different historical periods. By studying such varied peoples as the Chinese railroad workers, the Filipino farming communities, and recent Vietnamese and Hmong immigrants, students will learn about Asian American lives in the past and the present.

FTS-100-194 Sun Hee Lee M W F 11:30 AM–12:20 PM

**FILM MUSIC.** This course introduces students to critical thinking and a discussion of values, and develops oral and written communications skills, through an investigation of films and their musical scores. The main objectives of the course are: to offer a brief history of film music, to explore the ethical issues regarding copyright and worker's rights, to discuss the purposes and roles of music in the context of film production, to render a fundamental understanding of the various elements of music and its role in film music, and to gain a better understanding of the role of film composer.

FTS-100-195 Ruth Lin M W 2:30 PM–3:50 PM

**THE POLITICS OF HOUSING & HOMELESSNESS.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills through an investigation of housing and homelessness in the United States. In the U.S. housing is a part of the "American Dream" that confers privileges on its occupants; it is also a critical component of the economy and of personal wealth. In contrast, homelessness exists in the United States. Why? Who does it affect, and what is being done to end homelessness? As part of this course students will participate in a three day, three night, November Sleepout in recognition of National Hunger and Homelessness Week.

FTS-100-199 Richard Leitch M T W F 9:00 AM–9:50 AM

FTS-100-203 Richard Leitch M T W F 8:00 AM–8:50 AM

**BEAUTY AND JUSTICE.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of the relationship between beauty and justice. Is beauty the handmaiden of the privileged; does it distract us from greater social causes or does the experience of beauty prompt us towards ethical fairness and a greater concern for justice in society? How do various positions on beauty affect our perceptual, moral and emotional lives? By engaging in a variety of arguments and primary source readings from a range of perspectives the class will study how themes and attitudes about beauty in politics, humanities, the sciences and in our culture as a whole have evolved.

FTS-100-208 Kristen Lowe T R 10:30 AM–12:50 PM

**THINK LIKE A SCIENTIST?** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of important issues confronting the world (and the scientific community) in the 21st century. Students will learn to analyze, critique, develop, and refute arguments related to these issues. In addition to the course readings on other issues, Nobel Conference 2018, "Living Soil: A Universe Underfoot," will provide

us with case studies to examine. While certainly appropriate, this course is NOT intended exclusively for students contemplating a major in the sciences. The ultimate goal is to achieve an understanding of and an ability to communicate effectively about important issues like environmental sustainability, energy use and production, space exploration, and terrorism.

FTS-100-231 Steven Mellema M T W R F 11:30 AM–12:20 PM

**AMERICAN MUSIC & POPULAR CULTURE.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of intersections between popular culture and art music. From video game music scores to the symphonic concert hall, musical theater to the movie theater, contemporary music composed in America reflects society and culture in often surprising and significant ways. Does art music influence our politics, culture, or ethical decisions? How are contemporary operas and symphonies intertwined with video games like *The Legend of Zelda* or *Final Fantasy*? How do musicals like *Wicked!* and *West Side Story* comment on American politics and is that significant? And, most importantly, how does the music of your favorite artists, bands, films, or video games reflect and influence our society?

FTS-100-237 James Patrick Miller M W F 9:00 AM–9:50 AM

**RENEWABLE ENERGY.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of the renewable energy. The United States, and the rest of the world, meets most of its energy needs through fossil fuels (oil, coal, natural gas). Even at a time when these supplies are dwindling, and it seems that global warming is indeed caused by human activity, interest in renewable sources of energy is only now getting started in earnest. A few states, including California and Minnesota are taking the lead, along with colleges, universities, and an increasing number of businesses. Energy independence is of concern to some, while to others reducing our carbon footprint, or even becoming carbon neutral in the near future is the primary goal. In this course, we will do a quantitative study of energy resources and policies, especially relating to renewables. This will include careful analysis of the conflicting "facts" stated by different interest groups. We will explore the limitations of sources of renewable energy and related energy storage system in a number of laboratory experiments and simulations. We will use the results of these explorations and other studies to determine the feasibility of utilizing renewable energy in various situations, both on a large and small scale. In the end, the students will recommend plans for our energy future.

FTS-100-248 Charles Niederriter M T W R F 9:00 AM–9:50 AM

**REDISCOVERING FOOD.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of food choices. The course is divided up into four themes beginning with "What do you eat?" During the first quarter students will have the opportunity to reflect on their current food choices. We will discuss what is actually in our food and where it comes from. Topics of discussion may include food additives, label reading, ingredient lists, production, and distribution. The second theme is "Why do you eat?" During this second quarter students will develop an understanding of the factors contributing to their food choices such as family, culture, tradition, media, and peer pressure. The third quarter of class the theme will change to "What should you eat?" During this time we will discuss current food and nutrition recommendations and talk about where these recommendations come from. The theme for the final quarter is "What will you eat?" This week will be devoted to spending time discussing how our attitudes about food may or may not have changed over the semester. Students will be asked to reflect on what they have seen and learned and about how they think their food choices may change in the future.

FTS-100-254 Stephanie Otto T R 8:30 AM–9:50 AM

**ECONOMIC LITERACY.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills through an investigation of current economic issues. We will see how economic thinking can be applied to a variety of social and political issues such as globalization and climate change. We will also look at how economic theory adds insight into understanding individual decision-making over a wide range of situations such as marriage and family, personal safety, and consumption and saving to name a few. Monitoring current economic issues will be a priority, so course content will adapt as events warrant. We will read, discuss, and write about books, articles, and blogs written by economists for a broader audience.

FTS-100-255 Jeffrey Owen M T W F 10:30 AM–11:20 AM

**IMMIGRATION–PAST, PRESENT AND FUTURE.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of immigration - from our own immigration stories to current issues and challenges as well as perspectives on the future impact of immigration on our nation and the world.

FTS-100-264 Debra Pitton T R 10:30 AM–12:20 PM

**SPORT, LEISURE AND SOCIETY.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of societal factors and cultural ideologies as they impact opportunities in sport, leisure and exercise. Students will analyze and explore the links that exist between sport and the major spheres of social life. Students will be asked to critically examine their assumptions about sports and to view the social worlds that are created around sports with fresh eyes.

FTS-100-270 Bonnie Reimann M T W R F 12:30 PM–1:20 PM

**CULTIVATING PRACTICE: UNLEASHING THE CREATIVE.** The seminar introduces students to critical thinking and a discussion of values, and develops oral and written and communication skills through an investigation of creativity as a form of practice. Practice refers to the cultivation of a disciplined activity requiring a consistent pattern of engagement with clarity of intent and focus. Consistent practice, unfolding awareness and creative inspiration have a cross pollinating influence upon one another. Engagement in experiential practice; writing, meditation (sitting/standing/walking) and contemplative movement to unleash the imagination towards creative activity is one focal point of this course. Additionally, the class will examine the archival material of artists, scholars and teachers espousing a variety of viewpoints concerning the nature of creativity and practice.

FTS-100-277 Melissa Rolnick M T W R F 9:00 AM–9:50 AM

**POWER & PRIVILEGE IN SPORT.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of power and privilege in sport. Throughout this class students will explore how sport as an institution has influenced the United States and how the norms, values, and inequities of the United States have shaped American Sport. Students will learn about issues related to race, gender, socioeconomic status, and age within the context of youth, college, Olympic and professional sport and as such begin to think about sport from a more critical perspective.

FTS-100-282 Hayley Russell M T W F 12:30 PM–1:20 PM

**NOW YOU SEE IT: GENDER ISSUES IN GLOBAL FILM.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of the ways in which contemporary films produced in regions of the world outside North America portray the human experiences of

gender and sexuality in a different light from films produced in the US/ Canada. We will address a wide range of topics, while keeping focus on the intersection of social justice, gender equality, and sexual rights. We will try to answer questions such as “what does it mean to be a woman or a man in different countries?”, “how do cultures build their ideas on sexuality?”, “is gender a category, a way of feeling, or something else entirely (some argue that gender is a pretzel!)?”

FTS-100-283 Dario Sanchez-Gonzalez M T W F 12:30 PM–1:20 PM

**WHY MULTI MATTERS: MULTILINGUAL & MULTI-LITERATE IN THE 21ST CENTURY.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of what it means to be “multi” in our culture. Why does “multi” matter? We might name ourselves multilingual, multicultural, multiliterate--what difference does it make? In this course, we’ll consider why publications like Scientific American and the New York Times are touting the importance of “the bilingual advantage,” as we examine why “multi” may be the most important prefix for any educated American citizen to embody. We’ll read a wide range of fiction and nonfiction, considering what it means to communicate in multiple languages in our home and academic communities. *This course is intended specifically for students who speak more than one language at home.*

FTS-100-303 Rebecca Fremo T R 12:30 PM–2:20 PM

**THIS LAND IS YOUR LAND.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills through an investigation of land, environment, and power. Through discussion, film, readings, field trips, and interviews, we explore the human-land relationship from sense of place to land reform to zoning. We examine agriculture, urbanization, mining, national parks, wind farms, and other ways societies change and use the land. We study the ethics of land use, who controls land, and the environmental and social impacts of various land uses. We explore a variety of models of human-land relationships from around the world, and discover local land uses through field trips, map-making, and interviews with local farmers and landholders in order to raise awareness and questions about land issues in our own backyard.

FTS-100-315 Anna Versluis M T R F 12:30 PM–1:20 PM

**THE MAKEOVER: REALITY TELEVISION AND THE PLEASURES OF CONSUMPTION.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of the ethical and theoretical issues that are present in reality television makeover programs. The course readings and classroom discussions will focus on the styles, codes, strategies and structures that are used to influence audiences. The course pays particular attention to how “makeover texts” articulate expectations for citizenship, construct gender, delineate class boundaries and stimulate material and consumer fantasies.

FTS-100-316 Phillip Voight M W 8:00 AM–9:50 AM

FTS-100-317 Phillip Voight M W 12:30 PM–2:20 PM

**MUSIC AND NATURE.** This seminar introduces students to critical thinking and a discussion of values, and develops oral and written communication skills, through an investigation of the relationships between music and nature. How are music and nature connected? Composers find inspiration in nature to create some of their most beautiful and lasting works. The same balance and design found in nature are also underlying principles of many great musical pieces. From pop music to art music, nature’s influence is clear. Through multi-faceted and engaging activities, you will explore the relationships between music and nature.

FTS-100-325 Esther Wang T R 12:30 PM–2:20 PM