



May 2013 NEWSLETTER FOR GUSTAVUS

NURSING ALUMNI

VOLUME 22, NUMBER 1



Barbara Zust '76
Department Chair



Barb's mother

Greetings Gustavus Nursing Alumni!

First of all – THANK YOU for all that you do! As staff nurses caring for our loved ones, as preceptors with our students, and as advisors and friends of our program – you help us so much! When we celebrated the 50th anniversary of the first Gustavus class to graduate with a baccalaureate degree in nursing, the Class of 1960 said, “You need to reach out to Gustavus nursing alumni more!” And, so we began to much more intentionally seek your wisdom and your offer of time – in the classroom with students, clinical area with students, and now we are exploring your participation in cyberspace with students (See article on Mentoring Program)!

I want to share with you a little personal news about the loss of my mom this year. She was a nurse from the Bethesda program and the reason I went into nursing. I remember watching her starch and press her white nursing cap; polish her white nursing shoes and slip into that crisp, white uniform before heading to work. “I could never be a nurse in those “jamies” they wear today!” she

told me on numerous occasions. Back in her day, patients didn’t order their own food, wander the halls by themselves, or decide to bathe on their own. Nurses provided “morning cares” that included bathing and a clean bed; and “HS cares” that included “freshening up the bed” and a back rub to settle the patient for sleep. Nurses talked eyeball to eyeball with patients, as there were no computers in the room with lists of questions. An old nurse’s experience of being a patient in today’s hospital has been interesting to think about.

I learned a lot about the state of nursing when I sat with my mom after her aortic valve replacement. I learned that nursing care in small and in big ways made a huge difference in my mom’s recovery. I LOVED it when Gustavus and St. Olaf nurses were on duty! One of our nurses always gave her a warm washcloth to wash her face and hands before breakfast. She would do anything that nurse asked her to do, such as use the incentive spirometer, walk in the hall with her, and take a few

more sips of water. I learned that there were many nurses who would have let my mom lie in bed all day if she chose to do so, and reasoned that it was in keeping with patient autonomy. I wondered if they ever read her chart or knew that her cardiologist had stressed that she needed to get moving, for the sake of her heart and every other system.

My mom developed sundowner's delirium for a little while, and I learned that even if she couldn't remember being "goofy" at night, she remembered vividly the frustration of the nurse who cared for her; the humiliation of being reprimanded like a child, and tied to a bed rail when she thought she needed to go to the bathroom.

It was because of the "warm wash cloth" type nurses, who negotiated incentive spirometer time, talked with my mom while she walked in the halls, and encouraged her to sit in a chair for awhile, that she eventually earned her way to the Sister Kinney Institute – aka "the Boot Camp of Rehab." My mom passed all her Sister Kinney skills in two weeks. She was discharged to her own home in Marshall. The first stop was her Marshall beauty shop where she got her '50's beehive look going again! I thought we turned the corner and I had my spunky little mom back. Unfortunately, only a few weeks later she died a sudden death in my brother's arms, as they walked into a restaurant to have pie and coffee.

I am now sharing what I learned with our students. Even if it doesn't always fit with the content for the day, I occasionally toss in a random advertisement about fundamental nursing principles of care that are both small and large. My mom would be happy about that. I'm sure she'd

also love me to do something about the "jamies," but.....well, you know.

Again, thanks for being out there for us! We all need you!

A Note From Sarfo

Can you imagine yourself being the person that stuck out like a "sore thumb" in the midst of your faculty? Or, can you imagine yourself with little or no swimming experience and waking up in the middle of a deep ocean? Well, that's exactly the experience I had at Gustavus Adolphus College right after my master's degree in May, 2012. Besides didactic instructions, I also supervised students' clinical. At the same time, I was working as a bedside nurse at University of Minnesota Medical Center.

One of my ultimate goals in life is to be of service to others; provide equitable service to all who need it, irrespective of their background. And I feel at home because this is what nursing is actually about – the ability to provide hope for those who are in need of it and to passionately care for all those who entrust their healthcare needs in your hands – typical hallmark of nursing. Therefore, in many ways, as a nursing faculty, I tend to perceive my students as patients who need my help. My obligation to provide them with the utmost help in their learning experience is dear to me. As a beginner, this did not always come easily.

Needless to say, my days at GAC were among some of the incredible moments I have ever had and will cherish forever – especially the numerous memorable moments that I shared with my students.

~Sarfo Nimoh



Sarfo Nimoh

A Note From Lynnea

Greetings from Gustavus Nursing! I am excited to share some happenings from the past year in Gustavus Nursing.

This past fall, I began teaching the Community Health nursing course at Gustavus. Having worked at the Minnesota Department of Health as a Child Health Consultant just prior to joining Gustavus in 2011, public health is a true passion for me. We were fortunate to have both clinical rotations at Sibley County Public Health and Human Services in Gaylord, MN where the students were able to refine their planning, implementation, and evaluation skills while working on health promotion and health education projects in the community.

Our students taught child health topics to teen moms, heart health sessions to middle school students and the elderly, and conducted sessions on public health nursing and advanced practice nursing careers for high school students participating in health science courses through Sibley East High School in Arlington, MN and the High Step program in St. Peter, MN.

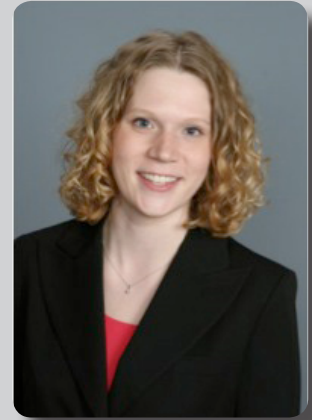
The students also had the opportunity to take a behind-the-scenes tour of the Minnesota Department of Health (MDH) Public Health Laboratories and meet with public health leaders from MDH through a nursing panel. Thank you to our alumni nurses (Nicole Brown and Patricia Adams) who participated in that panel. If there are other public health nurses who would like to serve on a similar panel for Fall 2013 or provide a guest lecture on a public health topic (e.g. environmental health,

infectious disease, community planning, etc.), please contact me – I am always excited to connect students with alumni in public health practice!

Another exciting component of our Community Health course is the unique clinical rotation in maternal-child health and public health in Fairbanks and Barrow, Alaska. The rotation was expanded to 6 weeks and included time in both Fairbanks and Barrow. While completing their public health rotation in Barrow, the students were able to join nurses on trips to the villages to provide primary nursing care to clients within those communities. Additionally, they taught health sessions to students in the local schools and conducted community interviews to learn more about the Inupiat culture. We plan to send 6 students next year for a similar rotation.

Along the lines of public health, I am excited to announce the development of a Gustavus January Interim Internship in public health at the Centers for Disease Control and Prevention (CDC) and Emory University Rollins School of Public Health. Alyssa Gaulrapp '13 (nursing and psychology) was our first intern this past January (see related article).

In working with Dr. Gordon Mansergh '84 (psychology) and Kristin Unzicker '00 (biology), the internship was designed to provide exposure for a student to public health at the federal and international level. I had the distinct opportunity to travel to Atlanta at the start and end of the internship and was able to tour the CDC museum and HIV/AIDS lab, as well as meet with the Chief of Staff and other professionals within the



Lynnea Myers '05

CDC, Emory University, and the Carter Center. This promises to be an exciting internship for years to come and a truly unique experience for our Gustavus students!



Gordon Mansergh '84, Kristin Unzicker '00, Alyssa Gaulrapp '13, & Lynnea Myers '06 in Atlanta, GA

This past summer, Heidi Meyer and I served as co-faculty for the inaugural Gustavus Adolphus College Summer Institute of Nursing. We hosted 20 high school students from 5 states at the Institute. The students were exposed to nursing through a variety of activities including skills sessions, nursing panels, tours of healthcare facilities, high-fidelity simulation, and interactions with current Gustavus nursing students. Thank you to our alumni who came back to serve on the nursing panel (Jennifer Lammert, Genella Mussell, Jeanne Oelfke, Nicole Brown, Barbara Zust, Kari Evans, and Margaret Swanson). The high school students participating in the Institute highly rated the experience (and many have come back to visit and apply to Gustavus) and we are excited to offer our 2nd Summer Institute of Nursing on July 7-11, 2013.

We were also fortunate to receive grant funding to support the Institute this year through the Mansergh-Stuessy Fund for College Innovation. If you know of an incoming high school junior, senior, or college freshman who would be interested in this experience, please direct them to our website (www.gustavus.edu/camps/nursing) for more information! We are also looking for volunteers for the nursing panel on Tuesday, July 9 from 8:30-11:00am. If you are interested, please contact me at Imyers@gustavus.edu or 507-933-6127.

This spring, I am teaching the Child Health Nursing course. As part of the course, students complete clinical experiences at Children's Hospital in Minneapolis. Additionally, I am a Fellow in Community-Based Learning at Gustavus, so we are continuing our work with the high school students participating in health science courses through Sibley East High School in Arlington, MN and the High Step program in St. Peter, MN and providing sessions designed by Gustavus Nursing students around pediatric health topics.

The sessions are designed for 20-40 high school students at a time and include didactic and hands-on instruction on a pediatric health care topic and include simulated patient care experiences. We have found through research with the Summer Institute of Nursing that high school students are most interested in pediatric and obstetric nursing and so we felt sessions exposing high school

students to the topic of pediatric nursing through simulation exercises would be an exciting teaching and learning opportunity for both the high school and Gustavus nursing students. Initial evaluations from the high school students rate these experiences highly and they love the hands-on skills sessions in our labs at Gustavus and working with real nursing students!

I am also excited to announce I will be starting my PhD in Nursing this fall at Vanderbilt University. I am excited to continue learning more about nursing research and applying these concepts to further develop my research. I have had the honor of mentoring several senior nursing students in nursing research projects this past year (along with Dr. Barbara Zust and Heidi Meyer) and I am excited to continue to develop my expertise and passion for nursing research!

~Lynnea Piotter Myers '05



Gustavus Nursing Alumni at the 1st Summer Institute of Nursing

A Note From Heidi

WARM greetings from the hill after this chilly spring! We are anxiously awaiting the beautiful cherry blossoms to bloom – but I fear that may not be until June!

Every year continues to fly by. I continue to teach in the junior level (fall and spring) of the program, however I will be switching to teach seniors in their final semester next spring. I am so excited to be able to teach and see student progress from their first to their final semester. The students still have a variety of clinical experiences in their junior year, with a mixture of rural and urban clinical sites. Traveling to Abbott this spring has posed somewhat of a challenge with the weather, but we continue forward as this has been such a valuable experience for our students.

We also continue to implement simulation into the curriculum. The juniors are currently doing 3 to 5 simulation days in their spring semester and I am constantly trying to implement simulation into the classroom as an interactive teaching strategy. The students groan and moan as I transition into

my role-play as the elderly wife, teenage daughter, or adult child of our “patient,” but I truly believe we need more engagement and active learning in the classroom. I am currently implementing this as part of a Gustavus SoTL grant and am looking forward to the results of this endeavor!

This year has also been busy as I have joined with my Gustavus colleague, Lynnea Myers, as well as with St. Olaf, Bethel, and St. Catherine's nursing faculty in doing a multi-site pilot research study. We looked at the impact of the Debriefing for Meaningful Learning tool on students' clinical reasoning skills during simulation. We are presenting our findings at a few conferences this summer and are in the planning stages to implement a full study next fall. This has been a valuable experience in not only looking at how simulation and debriefing impacts clinical reasoning, but partnering with other schools of nursing that are similar to Gustavus.

I hope this finds all of you well and that you are ready to enjoy the sunshine that the summer months bring! Go Gusties!



Heidi Pettis Meyer '98



~Heidi Pettis Meyer '98

Junior Gustavus Nursing students at Region's Simulation Center

A Note From Jessica

It was not too many years ago when I was a student in the classroom I now teach in. My roles have changed recently as I embarked on a new job as a lab facilitator/simulation coordinator for Gustavus' nursing program. I thoroughly enjoyed fall semester teaching nursing skills in the lab, and now spring, helping with simulations and iStan. I also work as an RN on a cardiac/pulmonary floor at Mayo Clinic Health Systems-Mankato. I enjoy both of these jobs very much and learn something new everyday from my students, patients and coworkers. While I'm not teaching, I spend most of my time with my husband, Justin and our dog, Ryder. I love to go on walks, scrapbook, and watch all sports. I'm already looking forward to next fall!

~Jessica Pelzel Helget '11

Student Insight on Barrow, AL

I thoroughly enjoyed my cultural immersion experience (6 weeks) in Alaska this fall. Working with the Inupiaq Eskimo population first in Fairbanks and then in Barrow, Alaska, was truly an eye-opener to some of the most detrimental health disparities that exist in the country. I never thought I would travel 300 miles north of the Arctic Circle!

Aside from adjusting to full-time darkness and polar bears, my eyes were opened to the continuous and eternal importance of culture, family, and diversity. I was welcomed into the community and was able to share in experiences which are so important to this population. I am thankful for this opportunity and blessed for all the things I learned. I will always look back on this experience and remember why culture is key to nursing.

~Alexa Potts

My experience in Alaska was the most rewarding six weeks I have had in the nursing program. The people I met and places I explored were truly life-changing and I am so grateful to the nursing program for giving me this opportunity. Amongst the most exciting parts of the trip were the vaccination clinics I participated in with a public health nurse in a small village called Atkasuk.

The village was a short plane trip from Barrow and incredibly remote. The little kids in the village absolutely loved playing with me and I adored their huge smiles and seemingly never ending energy levels. I am so glad I decided to go to Alaska and would highly recommended this trip to any prospective students who are interested.

~Cristian Raether



Jessica Helget '11



Raether (left) and Potts in Barrow, Alaska.

A Note From The Academic Assistants

You all remember it: syllabus day of your first semester of nursing school. Trembling with excitement as you take the first steps down the path to your career, your excitement quickly turns to fear as you learn about the readings, quizzes, exams, labs, projects, presentations, and clinicals that will consume the next two years of your schooling. It seems as if you will never get through it all, but with the help of our fellow nursing students and professors, we all make it through successfully.

Here we are standing on the brink of graduation, and it is amazing how quickly the past two years have gone by. The guidance of Lynnea Myers '05, Heidi Meyer '98, Barb Zust '76, Amy Steffen, and Sarfo Nimoh has led us to where we are today, and we look forward to seeing where all of the seniors land in the coming years.

By becoming Academic Assistants, our role in the nursing program changed from solely learning to sharing our knowledge and experiences with the current juniors. It has been exciting to work with the juniors as they develop their skills and confidence throughout the year.

The Nursing Department brought in a new lab facilitator this year, Jessie Pelzel '11. Her work with the juniors has prepared them for whatever they will face in the clinical setting, and we appreciate the enthusiasm and expertise she has brought with her. Within the lab portion of the nursing program, the juniors were required to pass many skills tests before attending clinical.



Emily Hassenstab, Kassie Lueth

As the Academic Assistants, we spent many late nights practicing with the juniors and perfecting their skills. It is amazing to see their growth over the year, and their futures look very promising.

Outside of the nursing program, many Gustavus nursing students continue to further their learning and experience in the nursing field. Last summer, five of the current seniors participated in summer externships at hospitals developing their critical thinking and technical skills. Many of the current juniors have been applying to and will participate in similar programs this upcoming summer.

The Summer Institute of Nursing was developed last year, and four current seniors taught high school students about the field of nursing and trained the students in nursing skills. The Summer Institute was highly successful and current juniors will be participating this upcoming summer, as well.

Two of the current seniors were able to complete their OB and Public Health clinicals in Barrow, AK, last fall, and six juniors will be following in their footsteps this upcoming fall. Finally, students travel to Petatlán, México over Spring Break each year to participate in service-learning program.

It has been an honor to be members of the Gustavus Nursing Program and to work as Academic Assistants. Although we are excited to graduate and begin our nursing careers, we are sad to leave the Gustavus nursing community.

We have learned so much and are grateful to everyone that has guided us to where we are today. We look forward to where our classmates' careers lead them and what the Gustavus Nursing Program will bring to the future of nursing.

~Senior Academic Assistants Emily Hassenstab & Kassie Lueth

Gustavus Faculty to Malaysia

This past summer, Lynnea Myers traveled along with Drs. Pamela Kittleson (Biology), Thia Cooper (Religion), David Obermiller (History) and Steve Mellema (Physics) and his wife, Shirley to Malaysia as part of a faculty development trip to explore a new Gustavus-led study abroad opportunity for Spring 2014. Based on contacts made through the trip and the university partner, nursing will explore offering a future January Interim course in Malaysia.

In Spring 2014, Steve Mellema and his wife, Shirley, will be the leaders for a new study abroad program. Gustavus students will spend the entire semester in Malaysia, based at the Science University of Malaysia on the island of Penang. They will take four courses: Malay Language and Culture; Religions of Malaysia; Tropical Ecology; and The Malaysian Experience: Living Diversity.

Diverse ethnic groups in Peninsular Malaysia today include the Malays (~50%), Chinese (~30%) and Indians (~10%). More than 50% of the people are Muslims, more than 25% are Buddhist/Taoist/Confucians, about 10% are Christians, and about 8% are Hindus. Mosques, churches, Chinese temples and Hindu temples are seemingly everywhere.



Lynnea Myers and Steve Mellema with Malaysian Nursing Faculty in their nursing skills laboratory.



Myers, Mellema, and Malaysian Nursing Faculty following a presentation by Lynnea

Malaysia is a developed, friendly, healthy place to live and study. Being a country with such an ethnically, linguistically and religiously pluralistic population, it is a veritable laboratory for the study of diversity. It is a peaceful and tolerant country, and yet below the surface there are interracial, interreligious issues. Living for a semester in the midst of this society and meeting its people, Gustavus students will gain a unique perspective on many aspects of diversity. Students will come to understand what it is like to live in a truly multicultural society, where the tensions between races and religions have been part and parcel of life for well over a century. And, there is no other country in the world where such amazing diversity can be explored in a society where virtually everyone you meet speaks English.

The Tropical Ecology course will address the country's natural diversity, and includes field trips, from hiking in the heart of the world's oldest tropical rainforest to snorkeling on a coral reef. It will fulfill the Gustavus Natural Science Perspective (NATSCI) requirement.

The Malaysian Experience: Living Diversity will fulfill the Gustavus Human Behavior and Social Institutions (SOCSCI) requirement. That course, along with Religions of Malaysia, will include field trips to explore cultural and religious diversity. The entire semester will fulfill the Gustavus Non-Western Cultures (NWEST) requirement.

If you are interested, contact the Gustavus Center for International and Cultural Education.

~Lynnea Myers

Ribbel Volunteers with American Red Cross



Gustavus Senior Nursing Major Jeannie Ribbel volunteered with the American Red Cross Hurricane Sandy Relief Efforts on December 26th-January 10th. She traveled with her sister, Kay Ribbel, a nurse at Immanuel St. Joseph's-Mayo Health System. Together, they volunteered at the Greater New York Chapter in New York City.

They were involved in the American Red Cross Client Casework, a service offered to individuals and families affected by disasters to address their immediate disaster needs, as well as assist in their recovery. Client Casework ensures that each client is seen and served individually. They enjoyed being a part of an organization that is dedicated to serving others and applying their skills to benefit the victims of Hurricane Sandy.



Jeannie (left) and Kay Ribbel volunteered with American Red Cross

“Learning To Serve in Petatlán”

Jeffrey Rathlef, Angelique Dwyer, and Barbara Zust led a group of students on a “Learning to Serve” experience in Petatlán, Mexico, over Spring Break this year. Nursing students from the Class of 2014 and 15, Kaylee Carlson, Ana Gleason, Erin Hansen, David Krebs, Samara Lenort, Larissa Milne and Lyndsi Schwichenberg, were grouped with nine other students of various majors.

Students spent time in the Petatlán Hospital and Petatlán Clinic, as well as teaching English in a community setting, and learning Spanish with students from the University in Petatlán. Time in the hospital and clinic involved working with Petatlán physicians and nurses in both the emergency room and outpatient clinic doing blood pressure screening, wound care, and comfort care. Gustavus students and staff stayed in local homes. Upon returning to Gustavus, students captured the meaning of the experience through displays in the Jackson Student Union.



Erin Hansen working on a foot ulcer

Petatlán and St. Peter, MN became Sister Cities in May of 2010. *Sister Cities International* is a global citizen diplomacy network. Health was one of five areas agreed upon for exchange between the two cities. Gustavus nurses have been involved in all three of the trips to Petatlán thus far. The title “Learning to Serve in Petatlán” implies a creative process involving both the people of Petatlán and the Gustavus group. The purpose is to find ways to share with each other what we have, what we know, and who we are.

Honors & Awards 2012 - 2013

Academic Excellence Award

Each year we present an award to the nursing student with the highest grade point average.

*The 2013 Academic Excellence Award
was presented to
Christina Mantey*

Faye M. Hershey Prize in Nursing

This is an annual award made to juniors in nursing, who show promise as a prospective nurse and whose activities include volunteer work.

*The 2013 Fay M. Hershey Prize
was presented to
Larissa Milne*

2013 Sigma Theta Tau Chi Chapter-at-Large Inductees

Amy M. Brooks

Alyssa M. Gaulrapp

Laura T. Goebel

Emily A. Hassenstab

Kelsey A. Lucia

Christina R. Mantey

Samantha K. Opsahl

Kelli D. Phillips

Sarah Strand

Sydney M. Wigand

Class of 2014

We welcomed the Class of 2014 this past fall into the Nursing program. We have 24 young and promising students this year and we are excited about their academic adventures and the lives that they will touch on their journey.

Samantha Broeckert
Alexandra Buelow
McKinze Bunne
Laura Dack
Jennifer Doeden
Ana Gleason
Ashley Greeder
Erin Hansen
Josh Heinzen
Jessica Herschel
David Krebs
Samara Lenort

Angelica MacDonald
Larissa Milne
Tanner Peterson
Madeline Randall
Madeline Schmitz
Anna Schulte
Lyndsi Schwichenberg
Sean Sendelbach
Anna Torborg
Kayla Warner
Claire Wiese
Alecia Woods



Gustavus Junior Nurses, Class of 2014

Mason Recipient of Distinguished Alumni Award

Dr. Deanna Mason '96 was awarded the 2013 Gustavus Department of Nursing's Distinguished Alumni Award at the May 4th Pinning Ceremony for the Class of 2013.



Dr. Deanna Mason

Deanna is a parish nurse and the founding member of a multi-disciplinary free clinic opened at Our Lady of Mercy Parish, in Madrid, providing free health care to illegal immigrants currently barred from the public health care system due to the severe economic crisis in Spain. She is also a health services provider to English-speaking university campuses.

Dr. Mason received her bachelor's degree in nursing from Gustavus Adolphus College in 1996, her Masters degree in nursing as a Pediatric Nurse Practitioner, from the College of St. Catherine in 2001, and her doctorate (Ph.D.) in nursing from the University of North Dakota in 2010. Each educational step was made to delve more deeply into her interests of developmental pediatrics, research activities investigating the influence of spirituality on health and behavior, and improvement of nursing education.

Her dedication to community service is demonstrated in both her work and personal life. As the program director and faculty member at Saint Louis University – Madrid Campus, she integrated service learning into each nursing course to get students to start seeing the faceless poor. Additionally, she works with the NGO Yo Si! Sanidad Universal to help change healthcare legislation in Spain to once again cover undocumented workers and illegal immigrants.

Personally, she donates her time to feed the hungry and inspire youth to

become nurses by giving interactive lectures during Semana de la Ciencia (Science Week) sponsored by the community of Madrid.

Being active in numerous professional organizations, she has presented nationally on healthcare topics ranging from electronic interviewing strategies in qualitative research to her mid-level theory on the maturation of spirituality during adolescence and its influence on behavior. She has been an invited columnist for the Reinert Center for Teaching Excellence and a simulation reviewer of pediatric scenarios for the National League of Nursing. She is currently working on her first book exploring the influence of spirituality on pediatric health and behavior.

Outside of professional interests, she is married, has two children, and a dog named Winston. In her free time she plays piano, violin, and guitar and keeps an organic fruit and vegetable garden. Traveling with her husband and children is an important part of family life to increase cultural awareness, which has been immensely valuable to living and working in a foreign culture.

Pinning Ceremony

The Pinning Ceremony for the Nursing Class of 2013 was held on May 4, 2013. The ceremony was held in Alumni Hall in which a brief history of the Gustavus Adolphus Nursing pin was shared with the students and their guests. Each student received their pin as a recognition of the work they have done here at Gustavus Adolphus College.



Christina Mantey - 2013
Academic Excellence Award



2013 NCUR Presenters

The following students and their research were accepted for presentation at the 2013 National Conference of Undergraduate Research held at University of Wisconsin - Lacrosse.

Emily Batchelder: The effect of a residential summer institute of nursing experience including simulation of high school students' awareness and likelihood of pursuing careers in the nursing profession.

Amy Brooks: Exploring first year college students' perception and knowledge of digital abuse.

Laura Goebel and Jeannie Ribbel: Impact of sexual health and family planning education on current college students and post-graduates.

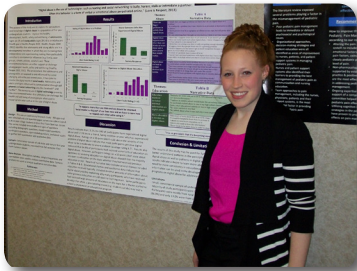
Kelsey Lucia and Kassandra Lueth: Knowledge of human papillomavirus and vaccine in young adult males.

Christina Mantey: Cultural ethical challenges: Exploring the lived experience of midwives and labor and delivery nurses when caring for culturally diverse perinatal patients.

Alexa Potts and Alyssa Gaulrapp: High school students' perception of nursing.

Sarah Strand: An exploration of the perceptions of high school students interested in nursing regarding mental health/mental health nursing.

Danielle Thibodeau and Samantha Opsahl: Exploration of parents' thoughts and beliefs toward vaccinating or not vaccinating their children in the rural area.



Brooks '13



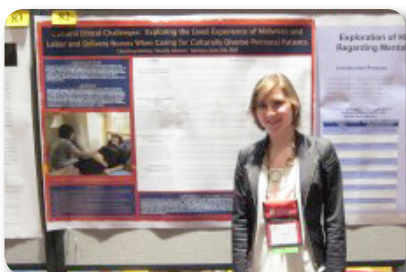
Lueth '13 (left) and Lucia '13



Opsahl '13 (left) and Thibodeau '13

Midwest Nursing Research Society Annual Conference

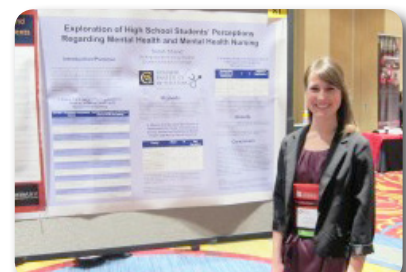
Four Gustavus student nurses attended the Midwest Nursing Research Society Annual Conference March 8-9, 2013 in Chicago, IL. All four students presented on their independent research studies conducted with Professors Barb Zust and Lynnea Myers.



Christina Mantey '13



Alyssa Gaulrapp '13, Alexa Potts '13



Sarah Strand '13

A Celebration and Review of Nursing Education at Gustavus

Nursing is a way of looking at the world. It is a passion that doesn't check out when one's shift is over. Therefore, nursing education requires a curriculum that raises fundamental questions about the meaning of human experience. As educators we need to nurture the nursing student's ability to think critically and creatively. In an age when people are categorized to fit into cost-efficient managed care boxes according to their labeled conditions, nurses with critical thinking skills are essential. Thinking outside the box requires nursing excellence, resourcefulness, creativity and advocacy.

The Gustavus Nursing Department has a long history of excellence, resilience and innovation. We applaud the courageous nursing students of the 1960's who paved the way for baccalaureate nursing education at Gustavus Adolphus College to establish a firm foundation. Nursing in the 60's and 70's flourished. Students spent the first two years of the program at Gustavus, followed by two years spent in nursing classes and clinicals at Bethesda Lutheran Hospital in St. Paul.

Living in Mattson Hall, complete with a house "mother," nursing students were connected by underground tunnel to the hospital for clinicals and for meals in the cafeteria. The nurse's choir, under the direction of "Pinky," went on tour every spring, singing in churches, dressed in white nursing uniforms. In spite of the fact that there were no "try-outs" to be in the choir, audiences were large (and polite).

Resilience and innovation marked the 1980's. Nursing class sizes dwindled across the country. Registered nurses became unhappy with an increasing lack of care at the bedside, long hours, and low wages. What once was a typical Gustavus nursing class of 48 students, became a class of 6 by 1985.

Saint Olaf and the College of Saint Catherine (St. Kate's) had similar dwindling class sizes. Fearing program closure, nursing faculty from the three colleges formed the Minnesota Intercollegiate Nursing Consortium (MINC) and the first MINC students were admitted in 1986. Students from Gustavus lived where they could in the Twin Cities as classes were held at St. Kate's and clinicals were all in the metro area. The last class to graduate from the "stand alone" Gustavus Nursing program was in 1988 with 10 students.

In 1991, St. Kate's broke away from the consortium, and Gustavus nursing students returned to the Gustavus campus to stay for all four years for the first time in Gustavus nursing history.

Resilience of the Gustavus Nursing program was again demonstrated in 1998 when the campus was hit by a devastating tornado. All Gustavus students had three extra weeks of vacation while Gustavus was being rebuilt except the nursing students who bunked with the Oles in Northfield and didn't miss a class or clinical.

Excellence, resilience and innovation of the Gustavus Nursing program remain strong today. Male students enrolled in nursing have steadily increased. Since 2000, over 50 Gustavus nursing students have presented their research studies at a national conference. In addition to NCUR presentations, 4 nursing students (2013) presented their research at the Midwest Nursing Research Symposium (MNRS). A new January internship at the CDC in Atlanta was piloted this year by a Gustavus senior nursing student.

Clinicals are now in multiple locations across south central Minnesota, the Twin Cities, and in Barrow, Alaska. Through generous donations, the nursing program has been able to add high fidelity simulation to enhance lab and classroom theory.

Nursing faculty have led international travel courses to Greece, England, Sweden, Tanzania, Peru, India, and soon Malaysia. Spring Break nursing service trips have

gone to Guatemala and Petatlán, Mexico. The Summer Institute of Nursing, in its second year, has attracted high school students from across the country to spend a week in July at Gustavus to explore the profession of nursing.

~Barb Zust



Gustavus students enjoying Petatlán, Mexico

Gustavus Alumni Mentoring Program

The Nursing Department has been invited to participate in the Gustavus Alumni Mentoring Program starting in the 2013-2014 academic year. The Gustavus Alumni Mentoring Program partners Gustavus alumni professionals one-to-one with upperclass students for career preparation assistance. Mentors and their mentees connect regularly throughout the academic year to discuss everything from study habits to career choices.

Mentors tell it like it is. They provide another voice that stresses the importance of a strong work ethic, a professional attitude and effective time management.

Mentors show the ropes. They encourage students to watch them in action and teach them how to get the job done; they acquaint students with their colleagues and their professional organizations.

Commitment

It is our hope that the Gustavus alumni participating in the Alumni Mentoring Program will interact with their student on a monthly basis. During these phone calls, emails, or meetings, alumni are encouraged to offer advice and insight on important subjects such as resume building, interviewing, networking, and job searching. Suggestions for specific topics will be offered by our team. Alumni participants will also be strongly encouraged to attend beginning and end of year banquets and provide feedback on the program. Two daylong job-shadow opportunities for their student at the mentor's place of work or a month-long career exploration during January Term would be highly valuable to our students but are not required.

How to Apply

Please contact the Nursing Alumni Mentoring Coordinator, Amy Pehrson, if you wish to participate in the alumni mentoring program. She can be contacted at apehrson@gustavus.edu. Be sure to write "mentor" in the subject line of the e-mail.

How can Nursing Alumni get involved?

- Volunteer to be a panelist at the Summer Institute, sharing your specialty in nursing with students who are thinking about nursing.
- Help with mock interviews for senior nursing students.
- Be a mentor for a nursing student.
- Blog with nursing students who would like advice on their career path, etc.
- Consider precepting a Gustavus nursing student at your institution.
- Consider sharing your expertise as a guest lecturer in class.
- Provide a scholarship for a financially-challenged high school student to attend the Summer Institute of Nursing.
- Consider co-leading an international January term.
- Help us find innovative clinical sites.... OR just plain clinical sites (they are getting scarce as the competition for sites increases).
- Donate to support nursing student research.
- Volunteer to help lead a Spring break service trip.
- Save discarded hospital equipment for our nursing lab.
- Apply for a faculty position; and/or clinical facilitator; OR refer someone to us. • Help us think creatively about our program in terms of assignments, clinicals, classroom topics, etc.

News *from* Alumni

1960's

Irene (Pearson) Nielsen '61

Currently, Irene is completing a dissertation for a PsyD in psychology. Her title is Adversity and Resiliency in Women born between 1930 and 1940. She also was an invited Pathfinder presenter at the 2013 American Society on Aging annual convention in Chicago.

Delores (Bade) Alt '64

Delores has been at many facilities in Home Health in Ames, IA, Springfield, VA, Corvallis, OR and lastly Charlottesville, VA which was spent as a Home Health Supervisor for 9 years. Delores lives in Ruckersville, VA and loves to travel.

Lois (Hoernemann) Banke '64

Lois lives in Ashland, OR and is retired as the education director for Rogue Valley Medical Center in Medford, Oregon. She continues to be very active as a Parish Nurse in the region.

Carol (Woods) Blaeser '64

Carol lives in Eagan, MN. Her nursing experience includes pediatrics, nursing homes, and home health. Presently she does personal care attendant assessments, working part time. She enjoys spending time and visiting her family.

Karyl (Krantz) Blair '64

Karyl moved from Minnesota to Payson, Arizona in 2002. She has worked as a public health nurse, a school nurse, and with developmentally disabled children and adults over the years. Currently, she has a small Healing Touch practice which includes volunteering at a program for combat veterans who have PTSD.

Ruby (Monson) Englund '64

Ruby lives on one of the Seattle hills and taught nursing at Seattle Pacific University for nearly 40 years! She and her husband enjoy traveling to the East Coast, the British Isles and most recently Israel.

Sharron (Anderson) Erickson '64

Sharron currently lives in Plymouth, MN after living many years in St. Cloud. Sharron was a nurse at Abbott-Northwestern Hospital, St. Cloud Hospital and worked for the Veterans Administration for 25 years. Sharron is actively involved as a grandmother to four.

Jen (Hetland) Hernes '64

Jen retired to Forest City, after being a public health nurse for Anoka County, MN for several years. Later, she worked as a nurse in nursing homes in South Dakota for 15 years. She enjoys spending time with their 6 granddaughters.

Helen Marie (Hesli) Jacobson '64

Helen lived in St. Paul for many years and worked for 20 years as a public health nurse in the Twin Cities area. She and her husband have in address in both Cambridge, MN and Apache Junction, AZ. They also have 14 grandchildren.

Charlotte (Olson) Jerney '64

Charlotte lives in Verona, Wisconsin. She has retired from the Army as a Colonel after 28 years in uniform. Her career included clinical, education, staff officer and administrative position. Charlotte's assignments were in several stateside and overseas locations including Colorado, Texas, Korea and Germany. She enjoys traveling now.

Joyce (Wallinder) Johnson '64

Joyce and her husband have lived on a lake in Burnsville since 1979. Joyce initially worked with the Minneapolis Visiting Nurse Service, she has spent many years volunteering for a variety of projects and traveled extensively throughout the world. They have 3 granddaughters.

Barbara (Nelson) Kroll '64

Barb and Gary moved to New Richmond, WI in 2005 after living in Maplewood, MN. Barb developed a nurse entrepreneur business that includes teaching workshops related to mental health and aging, serving as a nurse witness in court cases, and writing continuing education independent studies. They enjoy hiking and spending time with their 6 grandchildren.

Carolyn C. Kruger '64

Carolyn and her husband live in northern Virginia. Carolyn's nursing career has involved teaching maternal and child health internationally for many years. She and her husband have developed a non-profit project called "GENESIS Intl." in Malawi. It is a day program for about 80 preschool orphans and vulnerable children. The emphasis is on preschool education, nutrition and health care. They have 3 children, and 7 grandchildren.

Neta (Frykman) Lamp '64

Neta joined the Peace Corps after graduation. She worked in administrative positions at several hospitals in Southern California.

Linda (Neumann) Meyer '64

Linda lives in Alexandria, MN and also plays bridge with one of our former nursing instructors, Lois Nelson. Linda did Public Health Nursing for 23 years in places like Virginia, and North Carolina. She has 2 sons and a granddaughter.

Joan (Carlstrom) Morehouse '64

Joan and Terry currently live in Waconia, MN which is within close proximity to their 3 daughters and 8 grandchildren. Joan worked as a Public Health Nurse for Sherburne County, MN, prior to her retirement.

Portia (Benepe) Rey '64

Portia currently lives in Prescott, AZ. Portia was a Public Health Nurse in Wheaton, Illinois and Pittsburgh, PA and worked in Germany at an obstetrics hospital and a homeopathic hospital. She was also hired as marketing director for the PBS station in Pittsburgh which included many conversations with Mr. Rogers. Prior to her retirement, she worked as the office manager for a clinic of orthopedic surgeons.

Susan (Hanson) Rohloff '64

Sue and Dick live in Cohasset, MN. They spend winters in McAllen, TX. Sue taught in the LPN program at Itasca Community College in Grand Rapids, MN for many years. Their 3 sons and 8 grandchildren help keep them busy!

Carla (Johnson) Stoneberg '64

Carla and Ted moved to Indianapolis after they retired. Carla worked for the Denver Visiting Service, taught at North Park College in Chicago, and worked in a hospital based home care program and hospice in Anderson, IN for 22 years. They have 4 grandsons.

Diana (Kvols) Schweizer '64

Diane and Louis have lived in St. Paul since 1983. Diane was the first clinical nurse specialist in the Midwest and developed the first formal hospital-based diabetes education program. She worked with Aspen Medical Group in St. Paul for 32 years as an Adult and Geriatric Nurse Practitioner and Diabetes Nurse Specialist. She now spends time with family including her 2 daughters and 4 grandchildren.

Mary Ellen Kitundu '65

Mary spent years in nursing education, and is one of the founders of an organization known as International Health Partners. They are currently working on building the first pediatric hospital in Zinga, Tanzania.

Kathryn (Nelson) Burks '69

Kathryn recently retired for the Department of Veteran Affairs in January 2012. Since then she has been doing volunteer work at the VA, parish nursing at a small rural church, and traveling and teaching a class at Missouri Valley College.

1970's

Cory (Muth) Jepsen-Hobbs '71

Cory is a nurse practitioner in hematology/oncology after realizing cancer and hematology care is her true calling. Cory has spent the last 29 years in that subfield. Way to go Cory!

Marjorie (Aasness) Schaffer '71

Marjorie continues to teach at Bethel University. This summer she gave two presentations at the Sigma Theta Tau International Nursing Honor Society Research Congress in Brisbane, Australia. She is currently working on a 2nd edition of the Population-based public health clinical manual: The Henry Street Model for Nurses. She also hopes to travel to Ireland this summer for the International Public Health Nursing Conference. Keep up the great work Marjorie!

Stephanie (Olson) Geisler '73

Stephanie has been working for Mayo since 1977. She currently works in the Thrombophilia Clinic. Way to stay committed Stephanie!

Linda (Fuller) Howard '75

Linda received her PHD in 2012. She owns a company, Bottles To Spoons, Inc. which provides nutrition and nursing services for children birth to 3 years of age. Her daughter is now attending nursing school, and she is very proud of her.

Deb (Kauppinen) Esselstrom '75

Deb is currently working as a clinical supervisor for Dignity Health Hospice in Santa Maria, CA. She is grateful for her location and would like to invite her friends from the class of '75 out for a wine tasting. Thanks for the invite Deb!

Gail (Johnson) Rudberg '77

Gail is an Adult Nurse Practitioner in adult Medicine with HealthPartners. Gail has been with them for over 10 years and she loves the different aspects of this area including women's health and mental health.

Renee (Rule) Greer '79

Renee retired from the Air Force after a wonderful 26 ½ years active duty military career. She spent a couple of months as the Educator for Women's Services at Northeast Baptist Hospital, then was promoted to the Administrative Director. In January of 2012, Renee joined Specpro-Technical Services as a contractor to the United States Army's Institute of Surgical Research as a program manager for the Joint Trauma system.

Laura Rydholm '79

Currently, Laura teaches Pharmacology for the Rasmussen College nursing program in Mankato. Laura has also completed research on the "Care of Community-Dwelling Older Adults by Faith Community Nurses," which has been published in several noteworthy journals. She will travel to Lake Tahoe this June to present at the annual Health Ministries Convocation.

1980's
Beth Groehler Davis '83

Beth currently works at Masonic Homes in Bloomington, MN as the Infection Preventionist/Employee Health/Integrative Therapy Research Nurse.

Barbara (Lundstrom) Perkins '83

Barbara is currently working at Centennial Lakes Same Day Surgery Center in Edina, MN in admitting and PACU.

Ruth Nelson-Lau '85

Ruth continues to practice in the ER/Urgent Care in Merrill, WI. She is precepting a masters degree student this semester. She is truly looking forward to spring and warmer weather.

1990's
Sue Hemme '90

Sue currently is a Nurse Practitioner at the Center for Reproductive Medicine and has been there for over 2 years. She has also worked in numerous other units such as labor and delivery, NICU, and reproductive health in places like the University of Minnesota, Fairview Southdale, and Planned Parenthood.

Becky (Tjernagel) Turner '91

Becky and her family are currently stationed at Ft. Bliss, Texas where her husband is an active-duty Army Aviation Battalion Commander. She works as Neonatal Nurse Practitioner at William Beaumont Army Medical Center in El Paso.

Shari (Langhoff) Lee '91

Shari recently became the Lead Nurse in the Stanford Wound Center. She continues to be double certified in Wound Care and Ostomy Care and will be getting certified in Foot Care this summer. Good luck Shari!

Lauren Stewart '91

Lauren has been working as a Nurse Practitioner for the last 16 years, 15 of which have been in Trauma/General Surgery at St. Joseph's Hospital in Tampa, FL.

Vera Stephenson '94

Vera will be graduating from St. Catherine's University in May with her Master's in Nursing Education and she is currently working as an adjunct nursing instructor at Rasmussen College.

Deanna (Kozitza) Mason '96

Deanna currently works as a Nurse Practitioner on the University Health Unit at Syracuse University and as a Parish Nurse at Our Lady of Mercy Parish, both in Madrid, Spain. Deanna has found working in Spain with the Spanish healthcare system to be stimulating and exciting. Keep up the great work Deanna!

Trisha Niemi Haapoja '97

Trisha is working as a CPNP at North Metro Pediatrics in Coon Rapids, MN. North Metro Pediatrics is the only nonprofit, sliding-fee pediatric practice run by Nurse Practitioners in MN. Trisha spends the rest of her time raising her two kids, Lillian and Oliver!

2000's

Kati Pownell '00

Kati is currently working as a CRNA for an independent CRNA practice in western Wisconsin. She enjoys making a difference in patient's lives each day and finds her work very rewarding!

Megan Ploog '02

Megan is currently working at the University of Minnesota Amplatz Children's Hospital as a Nurse Manager and also serving as the MN Metro APHON Chapter co-president. Way to go Megan!

Jessica (Newman) Rivers '02

Jessica works at Northwestern Hospital, Minneapolis, MN in the Med/Surg/Neuro ICU. She is married, has a 3 year old daughter and a son due at the end of June!

Megan (Anderson) Dohm '03

Megan is in her 3rd year of teaching at Inver Hills Community College. Her teaching post is focused on simulation and she has expanded the learning experience to include all students in the nursing program. She also enjoys spending time with her two daughters.

Erin (Elling) Peterson '03

Erin and her husband live in Plymouth, MN where she is a Nurse Practitioner for MN Lung Center in the Minneapolis Clinic and Abbott Northwestern Hospital. They recently welcomed their 2nd child.

Elizabeth Eden '03

Elizabeth is in Gilbert, AZ working as a CPNP-PC in an allergy, asthma and immunology clinic.

Carissa (Herzog) Roach '05

Carissa currently works at United Hospital in St. Paul in the med/surg/telemetry float pool. She is also involved in precepting new grads and hires.

Kate (Sheehan) Menne '06

Kate graduated from the St. Mary's University of Minnesota Masters Program in Nurse Anesthesia last August and started working at Fairview Southdale in October. She is thoroughly enjoying her challenging, yet rewarding profession.

Amy (Hulbe) Prawalsky '06

Amy graduated from St. Catherine University in May, 2012 with her masters and completed boards to become a Pediatric Nurse Practitioner in June, 2012. She works as a PNP at Children's Hospitals and Clinics in Developmental Behavior Pediatrics.

Hillary Hilligoss '06

Hillary graduated from St. Catherine University in St. Paul, MN with a degree as a Pediatric Nurse Practitioner. She recently accepted a PNP position working at the University of Minnesota Amplatz Children's Hospital as a part of their Blood and Marrow Transplant team.

Joshua Siebell '06

Joshua is a graduate student at North Park University pursuing his Adult/Gerontological Nurse Practitioner degree and has been working at Provena St. Joseph Hospital in Lincoln Park, Chicago for the last year. Awesome work, Joshua!

Carrie (Joines) Jenkins '07

Carrie has been working as a RN Oncology Case Manager for Aetna. This is a different type of nursing that is relatively new, but is still patient focused. It's all about keeping people out of the hospital and healthier at home!

Amy (Schmidt) Ries '07

Amy is currently in graduate school at Winona State University pursuing a degree in Nursing Education. She is currently working on Fr5C, a thoracic surgery PCU, where she has taken on the charge nurse role and will be participating in the Nursing Leadership Perspective program this summer. She recently received an Individual Achievement Award from the Department of Nursing (Thoracic Vascular Division). Way to go Amy!

Emily (Buck) Moe '08

Emily is working at Regions Hospital in St. Paul, MN in the PACU. She also has a part-time job with Nurse Finders working in all the ICU's around the metro. She also just got married this past summer and had a baby in March. Congrats Emily!

Anne (Ellingson) Scheetz '08

Anne is currently working in general surgery at Saint Mary's Hospital in Rochester, MN. She is also in the process of getting her WOC certification from the WOCN and is enrolled in a part-time Adult/Geriatric NP program through Walden University.

Laura (Lundorff) Eich '09

Laura has recently taken a position at Fairview/University of Minnesota Medical Center-West Bank in their Inpatient Rehab Center and is excited for the new opportunity!



Gretchen (Libbey) Jayawardena '09

Gretchen lives in Iowa City, Iowa and recently transitioned to working as a staff nurse at the University of Iowa Children's Hospital on a Pediatric Hematology-Oncology unit.

Kristy Schmid '09

Kristy works at St. Johns Hospital in Maplewood, MN as a Charge Nurse on the Med/Surg floor, which specializes in Neuro/Tele and Pediatrics. In April, she will begin taking Healing Arts classes.

2010's

Kirstin (Smedstad) Branham '10

Kirstin currently works at Abbott Northwestern in the child/adolescent psychiatry unit.

Alyssa (Becklin) Haglund '10

Alyssa currently works in a postpartum unit at Fairview Southdale in Edina, MN and she is working on her Mother/Baby Certification.

Mariah McGill '10

As of February, Mariah began a new position at Mayo in the Cardiac Surgery Intensive Care Unit.

Katelyn Pedersen '10

Katelyn currently works at Abbott Northwestern in Cardiology. She will be traveling to Honduras in April to volunteer as a post-op/recovery RN at the Holy Family Surgery Center. This is her first experience with nursing abroad and is very excited for the opportunity to learn from another culture and experience health-care in Honduras!

Emily (Zehrer) Wiechmann '10

Emily recently gave birth to a son, Eli Benjamin, on March 23 and she is LOVING her new role as a parent. She currently works at Mercy Hospital in Coon Rapids, MN in their Family Care Unit.

Angel (Matthes) Yackel '10

Angel is currently living in Arizona, working for Pima Medical Institute's ADN Program as the simulation Lab Specialist. She is pursuing her MSN with a Family Nurse Practitioner focus through Georgetown University, with an expected graduation date in early 2015.

Sara Bruess '11

Sara recently accepted a job at Park Nicollet in St Louis Park, MN in the Dermatology Department. She will be specifically working in the Mohs Surgery department assisting with dermatologic surgeries.

Lauren Damrow '11

Lauren is currently working for the Park Nicollet Specialty Department where she cares for General Surgery, Otolaryngology, Urology, and Cardiology patients. She particularly enjoys the diversity of her job and the opportunity to work closely with and learn from several surgeons and providers. Lauren's plans for the summer include achieving her Ambulatory Nursing Certification and competing with her Morgan horse.

Laura Jensen '11

Laura is employed with Rice County Public Health working in the Family Child Health division. She does family home visiting, WIC certifications and she is the Rice County Coordinator for the Child and Teen Checkups program.

Kristin Kennedy '11

Kristin is currently working at Hennepin County Medical Center in the SICU which specializes in surgical, trauma, and neurocritical patients. She is also a part of the SICU's Patient and Family Centered Care Committee. Kristin loves the unpredictability and variety of patients she cares for!

Mary Jo Behr '12

Mary recently accepted a permanent position on an acute medical floor at Children's Hospital of Wisconsin. Way to go Mary!

Phoebe Breed '12

Phoebe is currently working on the surgical floor at Gunderson Lutheran Medical Center in La Crosse, WI. She also enjoys being a part of the unit quality and improvement committee.

Kirsten Carey '12

Kirsten is working in Eau Claire at a Mayo Clinic Health Systems Hospital on med-surg floor.

Sondra Winters '12

Sondra has been employed as a Critical Care RN by Children's Hospital of Wisconsin since August 2012. She has been experiencing the intensity and excitement of working in their Level 1 Trauma and Neurosurgery ICU.

Amanda Woodhull '12

Amanda works at Duke University Medical Center on an Oncology floor and she was recently accepted to Duke's Acute Care Master's Program.

Admission Office
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507-933-7676
admission@gustavus.edu
gustavus.edu



THIS SUMMER **JULY 7-11, 2013**

SUMMER INSTITUTE OF NURSING



"The nursing camp was and will continue to be one of the most valuable things I have done in regards to my future nursing career."

The Gustavus Adolphus College Summer Institute of Nursing is designed to provide high school students the opportunity to explore the profession of nursing, as well as other healthcare careers. The Institute will expose students to the variety of career opportunities available within nursing including hospital and community-based nursing, rural healthcare, and leadership opportunities in nursing. Students attending the Institute will receive valuable knowledge about applying to a nursing program, as well as have the opportunity to earn First Aid certification.

UNIQUE FEATURES:

- Gain hands-on experience with high-fidelity patient simulators
- Earn First Aid Certification
- Meet practicing nurses
- Tour a hospital setting
- Engage in community service projects
- Participate in campus activities like Zumba, swimming, "painting the rock"

WHEN

July 7-11, 2013

WHO

Students just completing 10th-12th grades

WHERE

Gustavus Adolphus College, St. Peter, MN

CONTACT:

Lynnea Myers, MSN, PHN, RN, CPNP
Assistant Professor, Department of Nursing
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