



2022 | VOLUME 31, NUMBER 1

# GUSTAVUS NURSING DEPARTMENT NEWSLETTER

## GREETINGS FROM THE DEPARTMENT CHAIR

Dear Gustavus Nursing Alumni and Friends,

We are excited to be starting the 2022-23 academic year with more students, faculty, and renovated space to support our growing program. On April 4, 2022 the Gustavus Nursing Program was approved to admit up to 40 students per cohort. Given the critical need for baccalaureate prepared nurses, this expansion is timely and aligns with Gustavus' vision to prepare students to lead purposeful lives so they may act on the great challenges of our time.

The Gustavus Nursing Program recognizes the need to promote the education of a more diverse professional nursing workforce as well as the need to serve a diverse society. As our program expands, we anticipate that the nursing cohort will increase in diversity and incorporate a wider variety of individuals and their experiences to better care for the diverse communities we serve. Additionally, clinical experiences using high-fidelity simulations have been integrated into the curriculum. These experiences will support the educational experiences of our students, representing patients from a variety of sociocultural and socioeconomic backgrounds.

Physical renovations to Mattson Hall have been occurring all summer. Creating space that supports active and engaged learning will be completed by the beginning of the academic year. We are excited to immerse students in the larger, updated classroom and contextual lab space. In addition, we are excited to be fully staffed with faculty (classroom and clinical) for 2022-23 and look forward to adding an additional tenure track faculty and clinical coordinator in 2023.

Growth in numbers, growth in faculty and staff, and growth in space will allow for the nursing program to continue to develop holistic, liberal arts nurses. We are thankful for the continued support from you, our alumni and families. Your generous gifts provide support for this growth as well as new and various learning opportunities for our students.

With gratitude,

Heidi Meyer & Jessica Stadick  
*Department Chairs, 2021-2022*

# NURSING DEPARTMENT NEWS/UPDATES



**Barbara Zust, PhD, RN | Professor**

Hello, Alumni! After three semesters of teaching in the online environment, I was exceptionally happy to be in-person this spring. Here are a few updates of what I've been up to. Take good care of yourselves!

- I am so grateful for the time I had with all of the Nursing Alumni that came together on June 4 to celebrate the 50th Anniversary for the Class of '72! Many alumni from a range of classes were also here! It was SO FUN to hear all they have done and are doing with their nursing career! I wish I had recorded it! They were amazing and inspirational! It was fun to think about Bethesda Hospital, where we could wake up and in 15 minutes be in our clinical. They also were all very interested in our present students. "How far do the students have to drive for clinical?" "How did the students manage COVID-19?" "Are you getting more male students?" "And more nursing students in general? Very important!" they said.
  - Rose Jost and I published: "Public Health Awareness of Climate Change's Impact on Health." I have been asked, "Isn't being a nurse enough for you? Now do you want to go into Environmental Studies?" Good question. Rose has been in Public Health for decades. I worked in Sibley County Public health for 10+ years and never thought about climate change's impact on health. Now I think about it all the time! The severe storms that take out the farmer's crops and damage property cause loss of income and food insecurity. There has been more flooding, and on the other side, more drought, crazy high temperatures, and wildfires. Public Health agencies are seeing a rise in mental health issues and suicides. According to the University of Minnesota "the largest global health profession and the most trusted profession - are well positioned to bring science-based solutions that address climate change to the general public." I'd like to add a sustainability assignment to my OB course. "Fetal exposure to environmental toxins can have lifelong health impacts." Huffling, K. 2020, Project Drawdown.
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**Heidi Meyer, PhD, RN, PHN | Associate Professor**

It's hard to believe that I have been teaching in the Gustavus Nursing Program for 14 years! While these past years have brought curriculum changes and constant modifications during the pandemic, the one constant is our dedicated and caring nursing students with strong roots in the mission and vision of Gustavus. Here are a few updates from the 2021-22 academic year:

- I am very excited about growing the Gustavus Nursing Program and preparing more Gustie nurses for nursing practice. We have worked hard this past year to thoughtfully grow while maintaining a strong, holistic nursing program founded in the liberal arts. Our world needs healing on so many different levels—and who better to lead the way than Gustie nurses!?
  - I was fortunate to be granted a sabbatical leave during the spring semester. I was able to complete two manuscripts related to emotional intelligence and did some preparatory work towards integrating end of life care into our curriculum.
  - I finished my third year as department chair this past year. Even though this position is challenging, I did enjoy the experience and look forward to the next three years in this position. My favorite aspects of this position are meeting with current and prospective students, working with other campus administrative departments on advising, recruitment, and retention, and having a strong team of nursing faculty who are engaged with innovative ideas for change that supports the development of Gustie nurses.
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**Jessica Stadick, PhD, RN | Associate Professor**

Greetings Alumni and Friends! The 2021-22 academic year was filled with many positives, but the following few are my favorite highlights from the academic year:

- Expansion of the nursing program is definitely the most exciting news that has emerged from the past year! Many years of qualified students on the waiting list will decrease and more liberal arts prepared nurses will enter the workforce, exciting times!
- Served on the leadership team for inclusive excellence. Gustavus is part of a multi-year, multi-institution initiative funded by the Howard Hughes Medical Institute focused on inclusive pedagogy. I am honored and excited to be a part of this initiative as we strive for inclusive teaching.
- Addition of new simulators and fundamental supplies. Throughout the year we added another simulator to our simulation family and many new supplies that will enhance our teaching and preparation of Gustie Nurses.
- Served as the interim department chair, spring 2022. This was a challenging role to fill, but I enjoyed the challenge and am happy to have served the department and college in this role.



Lynnea Myers, PhD, PhD, RN, PHN | Associate Professor

- I was honored to receive tenure at Gustavus this spring and I am currently on sabbatical leave through Fall 2022 in Stockholm, Sweden working on a joint research study in pediatric asthma with Karolinska Institute and the Mayo Clinic.
- I was able to mentor several nursing students this past year on independent research studies exploring NCLEX preparation strategies, along with the impact of COVID-19 on recent nursing graduates. The students were able to present at the Midwest Nursing Research Society annual meeting and we are working together to prepare manuscripts for publication.



Jessica Helget, MA, RN | Lab, Simulation, NCLEX Prep Coordinator and Clinical Coordinator

Greetings from Gustavus Nursing Department! Another year has come and gone up here on the hill! I have continued to work in the department as the Lab and Simulation Instructor and Clinical Coordinator.

A few highlights from the year:

- In collaboration with the Gustavus Health Services staff, the Nursing Department was able to successfully fit test all our nursing students for N95 masks for clinical. This process allowed our students to safely care for COVID-19 patients during their clinical rotations.
- Audio-visual recording equipment was installed this spring in our last simulation suite. This completes the phased installation, making the simulation suites complete!
- This spring was the first year I have been able to teach Medical Surgical Nursing II in the classroom. I thoroughly enjoyed teaching in this setting and look forward to the next academic year with great excitement!

## STUDENT RESEARCH

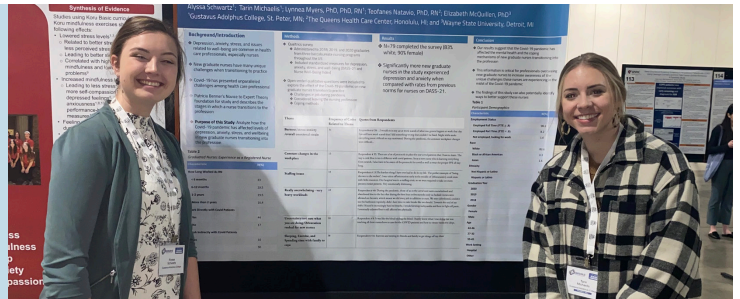
Tarin Michaelis '22 and Alyssa Schwartz '23

*Depression, Anxiety, Stress, and Wellbeing in New Graduate Nurses during the COVID-19 Pandemic*  
Society (MNRS) Annual Conference, April, 2022  
Faculty Advisor: Lynnea Myers

**Background:** Depression, anxiety, stress, and issues related to wellbeing are common in health care professionals, especially nurses. New graduate nurses, in particular, have many unique challenges when transitioning to practice. COVID-19 has presented unparalleled challenges among health care professionals; therefore, the purpose of this study is to analyze how the COVID-19 pandemic has affected levels of depression, anxiety, stress, and wellbeing in new graduate nurses transitioning into the profession.

**Conceptual/Theoretical Framework:** Patricia Benner's Novice to Expert Theory served as the foundation for this study and describes the stages in which a nurse transitions to the profession, with new graduate nurses typically being in the advanced beginner stage. The COVID-19 pandemic created a unique obstacle for new graduate nurses and this study sought to explore the effects of this challenge on new graduate nurses' levels of depression, anxiety, stress, and wellbeing.

**Method:** A Qualtrics survey was administered to graduates from the classes of 2018, 2019, and 2020 from three baccalaureate nursing programs throughout the US and included both standardized measures for depression, anxiety, and stress (DASS-21) and wellbeing (Nurse Wellbeing Index). Open-ended qualitative



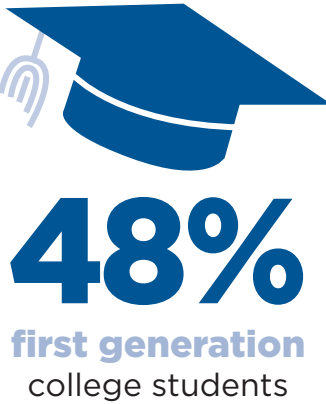
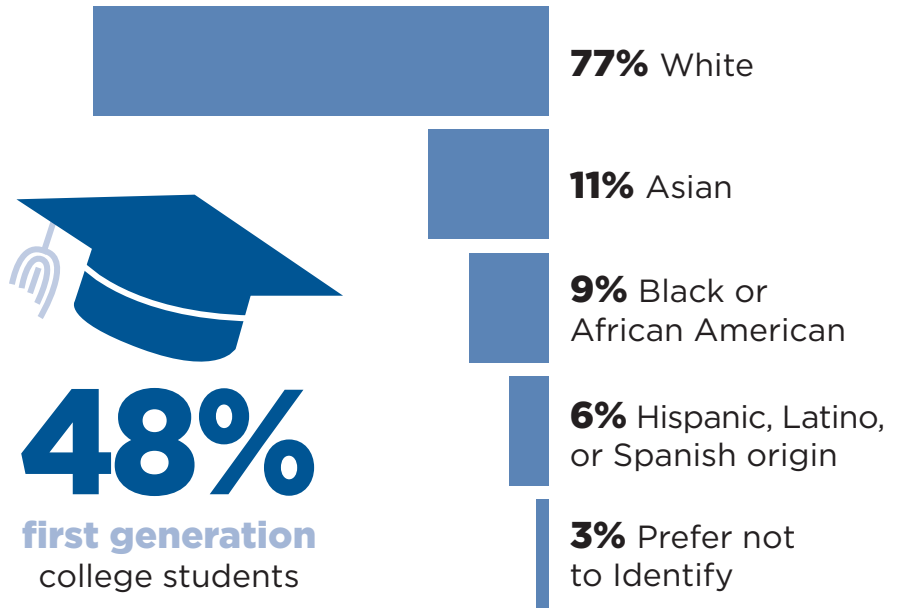
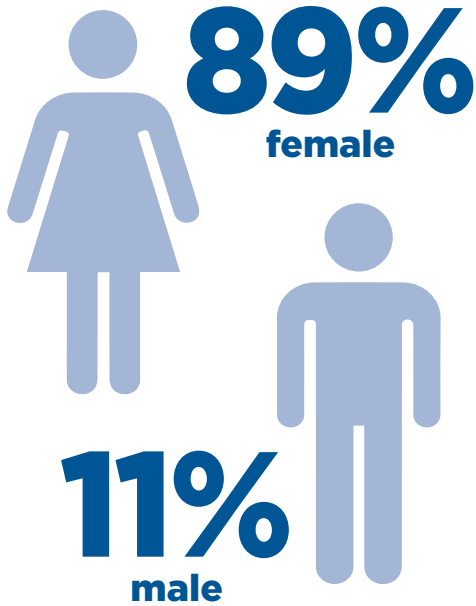
Alyssa Schwartz '23 and Tarin Michaelis '22

questions were also included to explore the effect of the COVID-19 pandemic on new graduate nurses' transition to practice.

**Results:** Seventy-nine respondents completed the survey (83% white, 90% female). Significantly more new graduate nurses in the study experienced depression and anxiety when compared with rates from previous norms for nurses on the DASS-21. Preliminary content analysis of qualitative data found new graduate nurses identified stressors related to staffing challenges and lack of preparation, training, support, and supplies for the care they were expected to provide to their patients. Nurses also identified difficulty with work-life balance.

**Conclusion:** Our results suggest that the COVID-19 pandemic has affected the mental health and the coping mechanisms of new graduate nurses transitioning into the profession. This information is critical for professionals overseeing new graduate nurses to increase awareness of the unique challenges these nurses are experiencing in the midst of the COVID-19 pandemic. The findings of this study can also potentially identify ways to better support these nurses.

# AT A GLANCE | CLASS OF 2024 APPLICANTS



## ALUMNI

### 1-YEAR GRADUATES (CLASS OF 2021)

89% NCLEX pass rate

**83%** Hospital  
**11%** Clinic/Primary Care/Ambulatory Care  
**6%** Other or Not Practicing as RN

#### LOCATION OF PRACTICE

**44%** Urban/Metropolitan  
**44%** Suburban **6%** Rural **6%** Other

#### PRIMARY PATIENT POPULATION

**62%** Adult **23%** Geriatric **8%** Pediatrics

### 5-YEAR (CLASS OF 2017) AND 10-YEAR (CLASS OF 2012) GRADUATES

#### PRACTICE SETTINGS

**70%** Hospital  
**25%** Clinic/Primary Care/Ambulatory Care  
**5%** Public/Community Health Agency

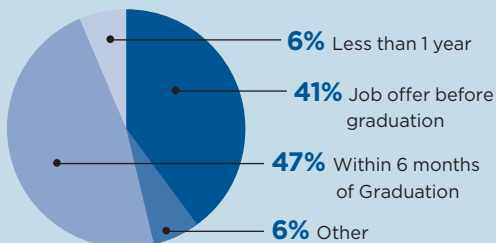
#### LOCATION OF PRACTICE

**45%** Urban/Metropolitan  
**25%** Suburban **15%** Rural **15%** Other

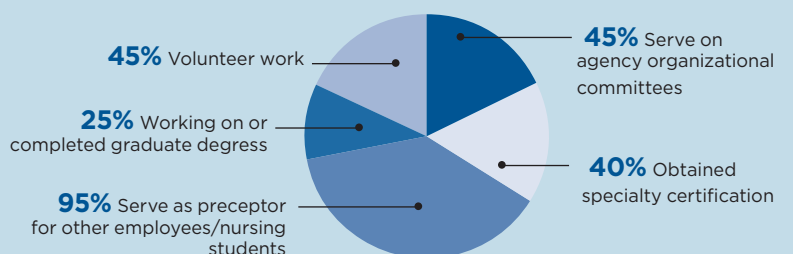
#### PRIMARY PATIENT POPULATION

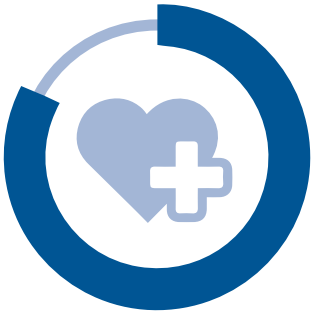
**50%** Adult **5%** Geriatric **15%** Pediatrics  
**10%** Maternal Child **20%** Family

### LENGTH OF TIME TO EMPLOYMENT AS RN



### GUSTIE NURSES LEADING THE WAY






**57%**

**experience**

as a nursing assistant  
or in other healthcare  
settings

**INVOLVED GUSTIES**

**20%**   
athletics/sports teams

**6%**   
music (band/choir/orchestra)

**31%**   
campus organizations  
and leadership

**EXCELLENCE IN NURSING AWARD**

**Jacqueline M. Attlesey-Pries, RN, MSN, CENP, Class of 1986**  
Vice President, Chief Operating Officer, Chief Nursing Officer  
Boulder Community Health (BCH)



Jackie has been honored to serve her community and the dedicated staff of BCH since 2011. Prior to joining BCH, Jackie worked at the Mayo Clinic, Rochester, MN, for 25 years in various nursing leadership roles. She is also Secretary of the Board of Directors for Golden West Senior Living Community.

An enduring element throughout her career has been Jackie’s passion for putting the needs of the patient first, compassionate care, and improving quality. She is a member of the American Organization for Nursing Leadership and the American College of Healthcare Executives.

Jackie holds a Bachelor of Arts in Nursing, Gustavus Adolphus College, Saint Peter, MN, and a Master of Science in Nursing, Winona State University, Winona, MN. She

is an Assistant Professor of Nursing at Mayo Clinic College of Medicine and is certified in Executive Nursing Practice. She was awarded one of the 2021 “Women Who Lights the Community” by the Boulder Chamber of Commerce for her volunteer work and her work during the pandemic.

“Lights” in Jackie’s life include husband, Michael, and sons, Josh and Sam.

**FAYE M. HERSHEY PRIZE IN NURSING**

**Luke Johnson**  
Class of 2023



Established in 1992 by Barbara Knight Kaiser to honor the memory of her grandmother, Faye M. Hershey,

a dedicated volunteer worker in nursing throughout her lifetime. This is an annual award made to a junior in nursing who shows promise as a prospective nurse and whose activities include volunteer work.

**2022 ACADEMIC EXCELLENCE AWARD**

**Megan Karrow**  
Class of 2022



Each year nursing presents an award to the student with the highest grade point average.

While all students who are admitted to the Gustavus nursing program have excellent academic records, achieving this academic feat is a notable accomplishment.

Congratulations, Megan!

## GUSTAVUS STUDENT NURSES ASSOCIATION (GSNA)

This was the third academic year that Gustavus Student Nurses Association was recognized as an official club here at Gustavus. With funding provided by the student senate, we were able to provide some gas gift cards for seniors to compensate for gas expenses accumulated driving to clinical locations all over Minnesota. We have connected the senior and junior classes by continuing the mentorship program and with the well-being events at the end of each semester. In the winter, we had a gingerbread building contest and soup-to-go provided by the faculty and staff. We had an outdoor event this spring with yard games and pizza. Some of the events we have done this year include a fall and spring blood drive, Q&A sessions for interested pre-nursing students, resume writing and interview workshops and nursing apparel. We are grateful to have completed our clinical and capstone experiences mostly in person this year.

CONGRATULATIONS to the Senior Nursing Class of 2022!!

Emma Doherty-Bohn & Vincent Nguyen, GSNA Co-Presidents

### 2021-2022 Senior Board Members

Emma Doherty-Bohn & Vincent Nguyen (Co-Presidents)  
Martina Rhoten (Treasurer), Tarin Michaelis (Historian)  
Megan Karrow (Secretary)

### 2021-2022 Junior Board Members

Hannah Kennedy & Payton Simon (Co-Presidents)  
Emily Norman (Treasurer), Hannah Hubbart (Historian)  
Hailey Trebil (Secretary)

## NURSING LAB TEACHING ASSISTANTS

Hello Everyone!

This year in skills lab, we celebrated being back together in person! As an added bonus, we got to help our students deepen their assessment skills and knowledge using our new high-fidelity mannequin. We got the itch to make the lab the best it could be for the TAs and students that will follow us, and completely took apart, consolidated and organized, and then reconstructed and labeled much of the lab. We loved getting to know the juniors and helping them to grow in knowledge and feel more confident performing their skills not only for assessments in the lab, but also in practice as they began their clinical experience. We are sad to leave this place we've called home for four years, and Mattson which has been our home base for two of them. We hope that we have left a legacy of encouraging curiosity, being okay with saying 'I don't know', and joy for the education we receive and the learning we helped facilitate.

In Gratitude,  
The TA's



**Emma Albers**

*"I have thoroughly enjoyed the opportunity to help the 2023 Cohort expand their knowledge and enhance their foundational nursing skills in the lab. It was rewarding to watch their confidence grow as they applied their knowledge in the clinical settings as well as in the lab. They have given me the gift of deepening my own knowledge and understanding of nursing materials and skills, and for that I am thankful. To my fellow TA's: Brianna, Nora and Brittany, I have enjoyed this experience with you and I can't wait to watch you all grow in your future careers! The future of this cohort and the Gustavus Nursing Department is bright! I look forward to watching it all as a Gustie Alumni".*



**Nora Hagestuen**

*"I loved getting to be in person with students this year, and getting to finally be hands-on with a larger group of students! I am so proud of how the Class of 2023 grew in their knowledge and skills over the course of the year, and how they engaged with the material, applying in-class knowledge to simulation and real-life scenarios. I also enjoyed getting to use my organization and cleaning skills to make the lab more streamlined for the years to come".*



**Brittany Peterson**

*"I loved having the opportunity to be a nursing lab TA this year. I remember how overwhelming learning all of the skills felt last year, so I was glad to help the juniors during their lab experience. It was so fun to watch each junior grow in their skills and gain confidence throughout the semester. I know they will all be great nurses! Thank you to the other TA's for making such a positive impact on this role, I'm excited to see the three of you excel in your nursing careers".*



**Brianna Polesky**

*"Assisting the junior nursing students to grow their knowledge, skill, and confidence was one of the most rewarding experiences I have had during my two years in the nursing program. As a TA, I was challenged to improve my own knowledge and skill through hands-on demonstration and teaching. I am very thankful I was allowed the opportunity to share my passion and knowledge as a TA, as well as share this experience with Brittany, Emma, and Nora. The class of 2023 has a bright future and I'm excited to watch the expansion of the nursing department".*



*Congratulations!*  
NURSING CLASS OF

  
**2022**

**BEST WISHES AS YOU TRANSITION  
INTO YOUR PROFESSIONAL  
NURSING ROLE!**



## SIGMA INTERNATIONAL HONOR SOCIETY OF NURSING

Twenty-two members of the Class of 2022 were inducted into Sigma International Honor Society, the Chi at-Large Chapter. The ceremony was held as a virtual event on November 6, 2021. The following academic nursing programs make up the Chi at-Large Chapter: Bethel University, Gustavus Adolphus College, St. Catherine University, and St. Olaf College. The following students were inducted from the Gustavus Nursing Class of 2022:

- |                   |                 |
|-------------------|-----------------|
| Emma Albers       | Ella Benoit     |
| Theadosia Cox     | Dalton Dahle    |
| Asha Durgapersad  | Nora Hagestuen  |
| Ellery Hassinger  | Nihad Issah     |
| Sophie Johnson    | Megan Karrow    |
| Kyla Mason        | Brooke Merila   |
| Kelsey Morrison   | Vincent Nguyen  |
| Brittany Peterson | Kristina Press  |
| Martina Rhoten    | Eh De Cem Say   |
| Isabella Schaffer | Mackenzie Skuza |
| Alysha Smith      | Youa Thao       |

Sigma Theta Tau International was founded in 1922 by six nursing students from the University of Indiana. Students who are inducted into Sigma represent the top third of their class in academics, leadership, and service. Sigma has opportunities and responsibilities to make definite contributions to schools of nursing, to the profession of nursing, and to the public.



## GAC NURSING MENTORS ON FACEBOOK

Our mentorship program for nursing students and grads is on Facebook: GAC Nursing Mentors.

This site allows for students and alumni to connect, foster relationships, and engage in meaningful discussions.

You can request to join the group at the web address: [facebook.com/groups/624999747648862](https://www.facebook.com/groups/624999747648862)

**If you would like to receive this newsletter electronically, please send your email address to Lisa Koppelman.**

**If you are receiving this newsletter electronically and would like to receive a hard copy, please e-mail your request and current mailing address to Lisa Koppelman.**

## ALUMNI NOTES

### Class of 1966

**Gracia Luhmann Hegener** retired as an RN, PHN and Deacon in the ELCA. Gracia is currently leading “Communities of Belonging,” a Carver County Public Health and community initiative. Cologne, one of 11 cities in Carver County MN, is the first to begin grass-roots efforts to strategically focus on the health and well-being of all people by fostering a community that is connected and cares for its individuals, families, environment, and organizations.

### Class of 1969

**Donna Sjoding Amidon** semi-retired in 2009 but now works for MN Visiting Nursing Agency, whose work expanded to giving COVID-19 vaccinations in 2021 and winter of 2022 in partnership with Hennepin and Minneapolis Public Health departments. This work will likely be her last job as an RN, but she was glad to be of help in dealing with COVID-19 and so happy to be of some service to her community.

### Class of 1970

**Barbara Watson Hammer** has worked for 52 years as a psychiatric nurse practitioner. Barbara has a private practice serving both children and adults and has loved just about every minute of the 52 years. The big “R” (retirement) is definitely not in her vocabulary!!

### Class of 1971

**Cory (Muth) Jepsen-Hobbs** retired in April 2015 and enjoyed every moment of those 44 years as a nurse. Cory first worked in acute care (neuro, Med/Surg ICU) and then in recovery at an OB/GYN office and outpatient surgery center. After relocating, Cory began the journey that lasted 33 years in hematology/oncology. Cory attended graduate school at Concordia in Mequon, WI and graduated with an MSN and became an Advanced Practice Nurse Practitioner, continuing to work at a cancer clinic until retirement.

**Marjorie (Aasness) Schaffer** published a book this last year, titled *Journey Through the Mental Illness Maze: How Families Find Hope and Acceptance*. In January, Marjorie presented virtually “Twenty Years with the Public Health Intervention Wheel” for the Global Network of Public Health Nursing. An article by the same name was published in the Jan/Feb issue of *Public Health Nursing*. In March, Marjorie presented virtually “Responding to Mental Health Concerns in Faith Communities” for the Faith Community Nurse Network.

### Class of 1972

**Polly (Albertson) Metts** After graduation, Polly moved to Cincinnati, OH and began working in Oral Surgery at Cincinnati General Hospital. After relocating to Indianapolis, Louisville, and Houston, TX, Polly and family returned north to the Chicago area in 1988. Polly continued in nursing, working in doctor offices, clinics, and eventually with developmentally challenged individuals at two locations until retirement from Misericordia with a heavy, yet joyful heart.

**Marthea (Opsahl) Putnam** retired after 47 years as a pediatric ICU (LSU and PICU) RN from Children’s Hospital Minneapolis, MN campus. Marthea loved her career caring for infants, children, and adolescents and their families.

### Class of 1974

**Melinda (Schulz) Franklin** Melinda’s nursing career spanned 45 years, retiring just before the pandemic. Melinda’s career included earning a Master of Science degree in medical-surgical nursing from the University of Michigan and becoming certified as an Adult Acute Care Nurse Practitioner, specializing in Neurosurgery.

### Class of 1976

**Michelle Olson Hartman** worked in the ICU for a couple of years and then went on to nurse anesthesia school, becoming a Certified Registered Nurse Anesthetist (CRNA) in 1985. Michelle has worked a lot of different places but settled in Florida and retired last May after 45 years as an RN and 36 years as a CRNA.

### Class of 1981

**Susan Bold Schumacher** recently retired after 30+ years as a Clinical Nurse Specialist in Gerontology in acute care. Susan’s accomplishments include: Board member of MN Affiliate of the National Association of Clinical Nurse Specialists, Preceptor for Advanced Practice Nurses for the University of Minnesota, Consultant for Minnesota Hospital Association and Health Care Interactive (online training on dementia), publishing, and speaking. Currently, Susan is a consultant for Minnesota Hospital Association on delirium and fall prevention and speak with community groups on topics related to aging.







### Class of 1985

**Terri Bergeron** just completed a two year term as President of the Pediatric Trauma Society, giving a presidential address at the PTS annual meeting in Baltimore last November.

**Ruth Nelson Lau** has been providing palliative care as a nurse practitioner to people in their homes with Prospero Health Partners since May of 2021. Ruth is looking forward to retirement in 2023.

### Class of 2000

**Laura Berg Menden** is now a PACU RN at TCO in Edina and loving it!

### Class of 2003

**Elizabeth Eden** has accepted a position at The Mayo Clinic in Phoenix as the Pediatric Nurse Practitioner in Radiation Oncology. As an active member of the multidisciplinary care team following patients and families as they receive precision focused proton and photon therapy, Elizabeth also works closely with the Child Life department, Physicians, Radiation Therapists, Nurses, and other staff to utilize innovative ways to decrease the use of daily anesthesia when possible, with the goal of eliminating numerous short and long term side effects, improving quality of life, and reducing burden of health care costs. Watch for presentation of their data in the coming years!

**Beth (Jorgenson) Gissibl** lives in Apple Valley, MN and has transitioned from a clinic manager at Children's Wisconsin to a Licensed School Nurse for Edina High School. Beth also just began the MSN in Nursing Leadership at Grand Canyon University.

### Class of 2006

**Joshua Siebell** currently works as a nurse practitioner at Palo Alto Medical Foundation in the Gastroenterology/Hepatology outpatient clinic, while also assuming inpatient responsibilities at Dominican Hospital in Santa Cruz, CA.

### Class of 2010

**Angel (Matthes) Yackel** has worked as a Nurse Practitioner for the past three and a half years at Carleton College and was recently promoted to Assistant Director of Student Health and Counseling.

### Class of 2012

**Allie Johnson** is an RN in the Pediatric Sedation department at the University of Minnesota Masonic Children's Hospital.

### Class of 2015

**Kailee Carlson** graduated with a Master of Acupuncture from Northwestern Health Sciences University in December 2021 and is currently working on finishing a Doctor of Acupuncture with a Chinese Herbal Medicine Specialization and Sports Emphasis program. Kailee continues to work as an RN at Woodwinds Hospital.

### Class of 2020

**Lindsey Schmidt** found navigating a career as a new graduate nurse in the early days of the pandemic extremely challenging. Lindsey recently made the transition from inpatient bone marrow transplant to outpatient oncology infusion at the U of MN, working on becoming an OCN and looking for more stability in recovering from the impact of COVID-19.

**Claire Wallace** started working after graduation at North Memorial in the Medical ICU—which was the COVID-19 ICU for almost two years. Claire also obtained Critical Care Registered Nurse Certification (CCRN) and Cardiac Medicine Certification (CMC) and is in the process of applying to graduate programs.

### Class of 2021

**Maren Beach** is a nurse at United Hospital on the Observation unit. Maren is a nursing preceptor on that unit and absolutely loves it!

**Alyssa Luecke** is currently working at United Hospital in the Cardiac Stepdown unit.





The baccalaureate  
degree program in  
nursing at  
Gustavus Adolphus  
College is accredited by  
the Commission  
on Collegiate  
Nursing Education.  
[ccneaccreditation.org](http://ccneaccreditation.org)



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