



SUMMER 2020 | VOLUME 29, NUMBER 1

GUSTAVUS NURSING DEPARTMENT NEWSLETTER

The baccalaureate in nursing program at Gustavus Adolphus College is scheduled to be reviewed in the Fall 2020 for re-accreditation by the Commission on Collegiate Nursing Education (CCNE).

As graduates of the Gustavus nursing program and valued members of our community, CCNE invites your written comments on our academic program qualifications for accreditation status. Your comments will be shared with the evaluation team prior to the site visit. Your comments will not be shared with the Gustavus nursing program. The deadline for receipt is 21 days prior to the evaluation, or August 24, 2020. Please send written comments to:

Commission on Collegiate Nursing Education
Attn: Third-Party Comments
655 K Street NW, Suite 750
Washington, DC 20001

or email: thirdpartycomments@ccneaccreditation.org

Thank you for considering this opportunity to participate in the evaluation of the Gustavus nursing.

GREETINGS FROM THE DEPARTMENT CHAIR



Dear Alumni and Friends, I am humbled to write this message during these unprecedented and challenging times. In addition to the pandemic that is having a physical, psychological, and economic impact, we are also challenged with the reality of racial inequities and resulting health disparities.

It seems fitting that the World Health Organization (WHO) has designated 2020 as the “International Year of the Nurse and Midwife” to honor the 200th anniversary of Florence Nightingale. I can’t tell you how many times Florence comes up in my teaching and how reflecting on her achievements in the past are still foundational in preparing safe nurses to work in today’s healthcare systems and with public health issues on many fronts.

While there have been many achievements in nursing, I recognize that we continue to have work to do in fostering community and acting to promote equity and social justice in our roles as nurses. Although this has been a challenging year, the Gustavus Nursing Program is dedicated to developing and nurturing students consistent with our mission statement:

The Department of Nursing fosters the development of nursing professionals who demonstrate the values of justice, faith, community, excellence and service through cognitive practice, integration of learning, ethical reflection, and intercultural understanding. Graduates of the program are distinguished by:

- *synthesis and application of a liberal arts education to provide holistic care;*
- *ethical and reflective practice to promote a just and peaceful world;*
- *the ability to advocate for the health and wellbeing of all people; and*
- *a commitment to lifelong learning, leadership, and service to others.*

I want to say thank you. Thank you to all of you for filling essential roles, not only in practice and direct patient care, but by caring for family and friends, caring for our communities, and advocating for the health and wellbeing of all. I’m very proud to be part of the most trusted profession as a nursing professional, and particularly a graduate of Gustavus Nursing.

Go Gusties! Shine on, shine on.

Heidi Meyer '98 PhD, RN, PHN
Director/Chair of Nursing



PREPARING NURSES FOR PRACTICE IN A PANDEMIC

The coronavirus pandemic has reinforced that nurses need to be prepared to care for patients holistically. This includes primary prevention and emergency preparedness as well as acute, critical care aspects.

REFLECTIONS ON EMERGENCY PREPAREDNESS IN NURSING EDUCATION

by Rose Jost '63

For the past four years I taught the Public Health Nursing course at Gustavus as a Visiting Instructor. In the communicable disease and emergency preparedness classes, I cautioned that a pandemic was inevitable in the foreseeable future. State and local public health agencies have their “all hazard emergency plans” to address every awful event imaginable. Students learned how the staff work with other community partners to coordinate, plan, train, and practice. When the news came from China in early January about a new viral disease that had spread from an animal to a human and then human to human I listened carefully. Could this be it, I wondered? January 21, 2020 brought news of one known case of the coronavirus in the USA. Although the course was complete and grades submitted, I decided to send an email to the senior students suggesting they pay attention to this news.

I now find myself contemplating how this new illness has transformed our world. I never thought of nurses as heroes but am grateful for the respect and support provided to them now. As an “at-risk” older adult, I obey the guidelines. I know and trust our public health leaders. Some of them seem to be working every day of the week and I hope they are getting some time to relax. Clear public health messages are critical but also challenging because so much is unknown and our society doesn’t allow for misjudgments.

The Gustavus nursing class of 1963 learned about emergency preparedness and infectious diseases such as typhoid fever, mumps, polio, tuberculosis, and measles. Our “Disaster Nursing class” was a new concept that Doris Stucke created for senior students to prepare for emergencies. I remember learning about nuclear bombs and their health effects (other than death). As temporary residents of St. Paul, in the event of a nuclear disaster in St.

Paul we would be transported to Northfield, Minnesota so I told my parents that’s where I would be. Realistically we wouldn’t be going anywhere.

We wore muslin cloth gowns that tied in the back and cotton masks with strings to care for patients in isolation. Upon leaving the room those were put into laundry bags and sent to the laundry, washed, and maybe even sterilized to be used another day. So, a news article about how unique it was that reusable gowns and masks were used in the past made me smile.

ADVANCING CRITICAL THINKING THROUGH CRITICAL CARE SIMULATIONS AND UNFOLDING CASE STUDIES

by Jessica Stadick

Historically, new graduates are not hired directly into critical care, emergency room (ER), or high acuity medical surgical nursing environments immediately following graduation; however, this trend is changing. Currently, new graduates are able to start their professional practice in one of these settings with no nursing experience, thus nursing programs must prepare students for these types of settings. Fortunately, the skills needed to practice in these areas are taught throughout the Gustavus curriculum and reinforced in the advanced medical surgical nursing course. Advanced Medical Surgical Nursing Across the Lifespan is a senior-level course where students participate in 13 high acuity simulations and complete six high acuity unfolding case studies. Throughout the scenarios, students must consider the primary problem, the relevant data, patient priorities, nursing interventions that align with those priorities, and how to prevent complications from occurring. By using this thinking process, students must initiate a plan to safely care for critically ill patients in a critical time frame and these skills are certainly timely during a pandemic like the one we are presently facing.



This semester, students had the ability to apply this type of thinking to a COVID-19 unfolding case study as their final exam. The case study took place in the ER and required them to triage the patient, recognize priorities, and formulate a plan of care based on the nursing priority areas. Health variances such as COVID-19 highlight the need for students to possess critical thinking and clinical reasoning skills; from triage to recognizing the acute respiratory distress COVID patients may experience. Overall, the ability to think in action is a skillset needed by all nurses. Presenting students with several opportunities to practice recognizing subtle changes in a patient’s status and preparing students to take early action like they do in this course are invaluable as they continue to build their foundation of professional nursing skills.



Barbara Zust, PhD, RN | Professor

Greetings Alumni! I hope this finds you well! Reflecting on this past year was challenging for me, as it has been quite a year!

Prior to starting the 2019-2020 school year, I spent a week at Holden Village, a remote retreat center, tucked away in Washington's mountains, only reachable by boat. Eating vegetarian food, listening to international reconciliation speakers and advocates of social justice; and singing with the community in the evenings, was an amazing healing and inspirational experience for me.

This year, I became involved with Gustavus' Reconciliation committee regarding the Oceti Sakowin (Dakota, Lakota, Nakota) people, whose land the college is built on. In my 20 years of teaching Nursing at Gustavus, I think we have had only one nursing student who was Nakota and I hope we have the opportunity to welcome many more.

I'll never forget the Class of 2020! Hats off to those who sailed through times of ambiguity; wrote some of the strongest advocacy Op-Eds I've read; and recognized the need for creating some of the most innovative ways to promote health and wellbeing! Additionally, so many students finished their senior year in Nursing while working fulltime/part time in hospitals and nursing homes during this COVID-19 crisis!



Jessica Stadick, PhD, RN | Associate Professor

The following are highlights from the 2019-2020 academic year:

Co-authored a successful grant proposal with the Gustavus Grants Office. The grant secured an OB/critical care high-fidelity simulation manikin.

Published an article on the quantitative methodology from my doctoral dissertation related to interprofessional collaboration.

Collaborated with Kirstin Buck '17 and colleague, Dr. Marian Frazier, on writing a manuscript based on Kirstin's undergraduate independent research investigating.

Started working as an RN in the Emergency Department as a casual employee to complement my teaching.



Lynnea Myers, PhD, PhD, RN, PHN | Assistant Professor

It has been an interesting return to teaching this spring, but the students have been fantastic and did such a great job with transitioning to online learning.

I really enjoyed teaching the Intro to Public Health course this spring to public health minor students on campus and loved all the great guest speakers we had for the course, including lots of public health nurses working tirelessly to protect their communities from COVID-19.

I am excited to continue my research this summer, focusing on neurodevelopmental disorders. I am wrapping up a paper I plan to co-publish with colleagues from the Karolinska Institute in Sweden and Nationwide Children's Hospital in Ohio on MRI findings in children and young adults with neurodevelopmental disorders. I also am excited to join our College's Institutional Review Board starting this upcoming academic year.



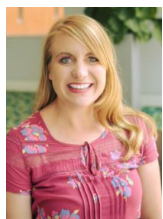
Jessica Helget, RN, BAN | Lab Simulation, NCLEX Prep Coordinator

This past year I began the Masters in Nursing Education program at St. Catherine's University and am looking forward to finishing up the program in May of 2021.

Lab: Fundamentals skills lab continues to be a highlight for the first-year nursing students. Being able to practice skills and assessment has helped our students find comfort in caring for patients hands on.

Simulation: B-Line, an up-to-date video recording system, was installed into one simulation suite and the medication room

The next phase of the install will happen in July, adding equipment to a second simulation suite. The department received a grant for the purchase of a new high-fidelity manikin, "Lucina," which has the capabilities to be an OB manikin and also an acute care manikin. To enhance the student experience, an AED and ventilator were also integrated with the manikin.



Laura Ingalsbe, MA, RN | Adjunct Faculty

Although most of this spring was spent apart from each other, I am confident the junior class found ways to continue learning and build community with each other. I will cherish these memories of our nursing students working together and encouraging one another when we all needed it the most.

Classroom: Asynchronous sessions so students so could also work as CNAs, sharing of ideas and reflections through Moodle Forums, video class conference call with the Park Nicollet Palliative Care team regarding the importance of intraprofessional and collaborative care during the pandemic.

Clinical: Debriefing ATI virtual simulations, integrated pathophysiology, prioritized nursing interventions, interpreted labs and assessment data together in a safe setting.

GUSTAVUS STUDENT NURSES ASSOCIATION (GSNA)

This was the first academic year that GSNA was recognized as an official Gustavus student organization, which allowed us to apply for Student Senate funding. We were gifted a generous amount to put towards food for events and clinical transportation. Nursing students are required to pay for transportation and parking out of pocket, and Student Senate was able to provide \$35 for each senior nursing student. This was really exciting! We continue to operate two annual blood drives, a Q&A for prospective nursing students, volunteer opportunities at a local soup kitchen, and a bonding event for students and faculty in the spring. Despite COVID-19, we have been meeting virtually and working to reapply for both organization recognition and additional funding. We will be granting NCLEX scholarships to a few seniors at the end of the month. It was another wonderful year for GSNA, and we have been honored to serve as leaders for the nursing program!

Lindsey Schmidt, *GSNA Co-President*

2019-2020 Senior Board Members

Lindsey Schmidt & Kylee Brimsek (Co-Presidents)
Kelsey Drews (Treasurer), Rachel Huber (Historian)
Claire Wallace (Secretary)

2019-2020 Junior Board Members

Allie Luecke & Kayla Weiers (Co-Presidents)
Julia Jacobs (Treasurer), Jen Hang (Historian)
Hannah Boese (Secretary)

NURSING LAB TEACHING ASSISTANTS (TA)

The nursing lab TAs are instrumental in not only physically preparing the weekly labs for the junior nursing students, but serving as mentors and role models as well. This past year, the four lab TAs provided valuable assistance to the department by keeping the lab organized, providing hands on learning experiences in weekly lab practice sessions, helping students perfect their head-to-toe assessments, and running mock run throughs of the final performance exam. They promoted an inclusive, fun learning environment that helped juniors feel accepted and confident to ask questions.



Hanna Mutschelknaus

"One of the most exciting parts of starting nursing school is learning new hands-on skills such as starting IVs, inserting catheters, and completing assessments during nursing lab. I enjoyed the opportunity to teach the junior nursing students throughout their time in the nursing lab!"



Bridger Pavelka

"Being a lab TA has been an absolute blast. We, as TAs, have been able to impact the junior class the Gustie way, Gustie Nurses helping other Gustie Nurses. It's been an honor and extremely rewarding to be a part of this program as a TA."



Siri Olson

"Being a lab TA was so fun and I feel as though I learned so much about myself throughout the time. It reassured me that some sort of teaching, not just at the bedside, will most likely be in my future. I am so grateful for the opportunities I had to work with the junior class and help them get through one of the toughest semesters of nursing school!"



Claire Wallace

"From making fake stool to printing endless amounts of labels for the med cart...Not only were we able to further develop our nursing skills and teaching abilities that will transition to our own nursing practice, but we were able to get to know the amazing individuals that make up the junior nursing class and assist them with developing the foundation of their nursing skills."





Congratulations!
NURSING CLASS OF
2020

BEST WISHES AS YOU TRANSITION INTO
YOUR PROFESSIONAL NURSING ROLE!



SIGMA INTERNATIONAL HONOR SOCIETY OF NURSING

Thirteen members of the Class of 2020 were inducted into Sigma International Honor Society, the Chi at-Large Chapter. The ceremony was held at St. Olaf College on November 7, 2019. The following academic nursing programs make up the Chi at-Large Chapter: Bethel University, Gustavus Adolphus College, St. Catherine University, and St. Olaf College. The following students were inducted from the Gustavus Nursing Class of 2020:

- | | | |
|------------------|---------------------|-------------------|
| Joyce Amakoue | Stephanie Coe | Alison Hinck |
| Rachel Huber | Hanna Mutschelknaus | Taylor Nelson |
| Siri Olson | Darren Orsten | Bridger Pavelka |
| Alexandra Rooker | Lindsey Schmidt | Alejandra Trapero |
| Claire Wallace | | |

Sigma, also known as Sigma Theta Tau International (STTI), was founded in 1922 by six nursing students from the University of Indiana. Students who are inducted into Sigma represent the top third of their class in academics, leadership, and service. Sigma has opportunities and responsibilities to make definite contributions to schools of nursing, to the profession of nursing, and to the public.



Front Row:
Alexandra Rooker,
Lindsey Schmidt,
Alejandra Trapero, Hanna
Mutschelknaus

Back Row:
Alison Hinck, Taylor
Nelson, Siri Olson,
Stephanie Coe, Claire
Wallace, Darren Orsten

Not Pictured:
Joyce Amakoue, Rachel
Huber, Bridger Pavelka

2020 ACADEMIC EXCELLENCE AWARD

Hanna Mutschelknaus
Class of 2020



Each year nursing presents an award to the student with the highest grade point average. While all students who are admitted

to the Gustavus nursing program have excellent academic records, achieving this academic feat is a notable accomplishment.

Hanna will receive her award when we gather for the in-person pinning ceremony. Congratulations, Hanna!

GAC NURSING MENTORS ON FACEBOOK

Our mentorship program for nursing students and grads is on Facebook: GAC Nursing Mentors. This site allows for students and alumni to connect, foster relationships, and engage in meaningful discussions. You can request to join the group at the web address: [facebook.com/groups/624999747648862](https://www.facebook.com/groups/624999747648862)

STUDENT RESEARCH

Kylee Brimsek '20

Exploration of the Lived Experience of Nurses' Uncertainty and Tolerance for Ambiguity.

Accepted for presentation at NCUR, April 2020.

Faculty Advisors: Barb Zust, Elizabeth Jenner (SOC).

Stephanie Coe '20 and Hanna Mutschelknaus '20

Exploring the Experiences of Cancer Patients and their Support Persons Before, During, and After Treatment.

Accepted for poster presentation at Midwest Nursing Research Society (MNRS) Annual Conference, April, 2020.

Faculty Advisor: Heidi Meyer

Chelsey O'Donnell '20, Emma Overbye '20, Ellie Peine '20, and Alexandra Rooker '20

Perceptions, Knowledge, and Use of Electronic Cigarettes Among Young Adults.

Accepted for presentation at Creative Inquiry, Gustavus, May 1, 2020.

Faculty Advisor: Jessica Stadick

Darren Orsten '20 and Stephanie Coe '20

Exploration of Public Health Agencies' Awareness of Climate Change Impacting Population Health.

Accepted for presentation at NCUR, April 2020.

Faculty Advisors: Barb Zust, Rose Jost.

PUBLIC HEALTH CLINICAL EXPERIENCE: ALASKA UTQUIAGVIK AND FAIRBANKS

Five senior nursing students participated in the Public Health immersion clinical experience for five weeks in Utqiagvik and Fairbanks, AK. Students provided health promotion activities for the communities and surrounding villages.



Senior nursing students met up with Gustavus Nursing Alumni Adam Burnett '15 and Alexandria Griep '18 during a field experience. Both Burnett and Griep reside and work in Utqiagvik.



Kylee and Alejandra stand under a whale arch.

"I learned a lot about Inupiaq culture and how global warming is affecting their way of life and health. In Fairbanks we experienced a pioneer home – which is how a nursing home should look!"

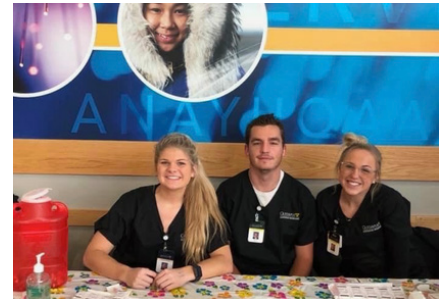
-Alejandra Trapero



Kylee and Alejandra prepare for a flight to one of the villages.

"Being able to go to the village Kaktovik and run clinic visits taught me so much in such a short time. Being able to practice nursing in another culture opened my eyes to a more holistic perspective."

-Kylee Brimsek



Alison Hinck, Alex Sellner, and Taylor Nelson run a flu shot clinic in the entrance of a bank in town.

"I learned so much being in Alaska. It taught me to be more holistic in my practice and really accepting of all people, all situations, and all ways of life."

-Taylor Nelson



Taylor stands outside the public health clinic where they had clinical experiences.

"It's extraordinary how community based the villages are. Everyone was looking out for each other, knew who each other were, helped each other and really supported each other."

-Taylor Nelson



Taylor and Alison hold a whale bone on one of their excursions.

"It is a lot heavier than it looks!"

-Taylor Nelson



ALUMNI NOTES

Class of 1971

Natalie (Peterson) Torkelson retired in November 2019 after 48 plus years. She had a rich and satisfying career in cardiology at Oklahoma Heart Institute/Medical Center in Tulsa, OK.

Class of 1979

Linda (Augst) Carlyon is a faculty instructor at North Hennepin Community College in Minneapolis.

Class of 1983

Kathleen Antonsen was the supervisor of member services for the national Marrow Donor Program. Kathleen passed away in December of 2019 and is survived by her parents and one sister.

Class of 1994

Kristina Haug is working as a nurse practitioner and NP Student Preceptor at myHealth for Teens, a nonprofit adolescent clinic in Hopkins.

Class of 2005

Kirsten (Hubert) Pettit works on a GI and transplant surgery unit at Penn Medicine in Philadelphia, PA

Class of 2009

Gretchen (Libbey) Jayawardena and her husband recently welcomed their second daughter, Skylar, in May. Her husband delivered her in the parking garage of their apartment, with the help of 911 dispatch over the phone! Everyone is well and healthy. She and her husband, along with their two daughters, are moving back to MN after his one year pediatric ENT fellowship in Boston. Gretchen stayed home with the children this past year and is looking forward to finding her nursing calling again in MN.

Class of 2013

Emily Hassenstab finished up her fifth travel nursing assignment in February and took the plunge into a permanent job! She is now working as a diabetes educator at Children's Minnesota and loving giving back to the diabetes community.

Harlie (Cozad) Metag was married in Costa Rica this past January and has bought a house in Robbinsdale, MN. She received her Doctorate in Nursing

Practice from the University of MN in May, specializing in Women's Health. She will end her seven-year career in L&D and transition to the Nurse Practitioner role at a high-risk OB clinic.

Sydney (Wigand) Graff is a Public Health Nurse in LeSueur County.

Class of 2017

Roisen Granlund will celebrate her third anniversary working as an RN at the Mayo Clinic in Rochester, MN. She currently works in the Cardiac Surgical Transplant ICU. Here she works with newborns through adults that have undergone cardiac surgery, or require a cardiac surgical device (ECMO, VAD, TAH, Balloon Pump, Impella). Prior to her cardiac ICU experience, she worked on a general surgery and trauma floor where she cared for trauma patients as well as abdominal surgical patients.

Jenna Ripperton has been working for 1 ½ years at Children's Minneapolis on the Neonatal Float Team.

Kristine Rogers works at Methodist Hospital Family Birth Center in labor and delivery. She started in the Family Birth Center with classmates **Jamie Niedermayer** and **Coursey Edwards**. She is intentional about recognizing the fear and anxiety a global pandemic and systemic racism add to one's life on top of a major life decision of welcoming a baby into this world.

Class of 2018

Elise Stepka worked for a year after graduation on a med/surg unit at the University of MN. This past summer she recently transferred to the Masonic Children's Hospital and is working in the NICU.

Annika-Elisabeth Walter currently works at a Transitional Care Unit (TCU) in the metro. She is entering the third year of a DNP degree and will begin her MPH in Public Health Practice in September of 2021.

Class of 2019

Jessica Dirks works in the med surg/ICU at the Owatonna Hospital. She has recently started training as a team leader (charge nurse) on nights.

EXCELLENCE IN NURSING AWARD

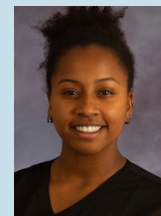
Trisha (Niemi) Haapoja, MAN, RN, PHN, APRN, CPNP, Class of 1997



Trisha was awarded the 2020 Excellence in Nursing Award. Trisha has focused her professional career on

caring for pediatric patients, in both her RN and APRN roles. She has been a dedicated nurse educator, not only for Gustavus Nursing students in their pediatric clinical rotations, but by precepting Masters and Doctoral program PNP students during their clinical rotations as well. Trisha has also served on the Gustavus Nursing Advisory Board, providing valuable insight and perspective in preparing future nursing professionals.

HERSHEY PRIZE IN NURSING

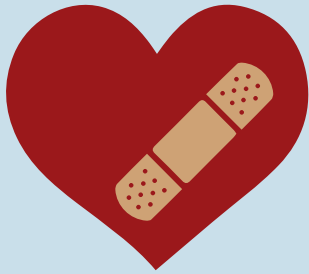


Sofia Ramos, Class of 2021

Established in 1992 by Barbara Knight Kaiser to honor the memory of her

grandmother, Faye M. Hershey, a dedicated volunteer worker in nursing throughout her lifetime.

This is an annual award made to a junior in nursing who show promise as a prospective nurse and whose activities include volunteer work.



ODE TO CAPTOPRIL by Emily Jesmer '21

No, I don't have heart failure, nephropathy, or proteinuria, But I am experiencing hysteria.

Adverse effects like tachycardia, hyperkalemia, and dizziness all make me apprehensive, But COVID-19 and quarantine are making me hypertensive.

No, I don't have idiopathic edema or left ventricular dysfunction from a heart attack. I just miss being back at GAC.

Sure I might experience fainting, altered taste, rash, or nephrotic syndrome. But sue me, it sounds better than being locked at home.

Thankfully I don't have a history of angioedema, or hypersensitivity to ACE inhibitors. But I am running out of extracurriculars.

You are an antihypertensive to be taken by mouth. This is as true as my yearning to drive back south.

I am done with my rant about this drug. I probably need it less than I just need a hug.

**Emily creatively integrated COVID into this poem for her Poetry de Pharmacology Assignment this past spring and gave permission to share*

EXCERPTS FROM GUSTIE NURSE COVID-19 STORIES

On the weekend of March 27, my unit, which was GI and transplant surgery, transitioned to the second COVID med-surg floor in our 800-bed hospital. That weekend that we transitioned I was in charge and opened the unit. This is what I wrote about the experience: *"It was a harrowing and humbling experience to open our unit to an entirely new patient population. We've been a COVID unit now, going on seven weeks and I can say the teamwork and the comradery that has been present on our unit and our entire health system is a testament to how nursing pulls together and has one goal, to give the best possible care to our patients, no matter the circumstance."*

- Kirsten Pettit '05

In the NICU we are on high alert for any potential cases in either our moms or babies. We are monitoring our babies so closely and have made many policy changes for the time being...Only one parent is allowed inside the hospital or at their child's bedside at a time. This is incredibly tough for new parents, not being able to share those first moments of their child's life together but we our doing our absolute best to keep everyone as healthy and safe as they can be at this time.

- Elise Stepka '19

I am working at Le Sueur County Public Health so the COVID response is a big part of what we do! We are not providing any direct personal care in my role, but we participate in multiple efforts with MDH to plan to keep our residents safe. We are arranging essential services for those tested positive remaining at home and coordinating with local nursing homes and assisted livings to try and prevent spread in those settings.

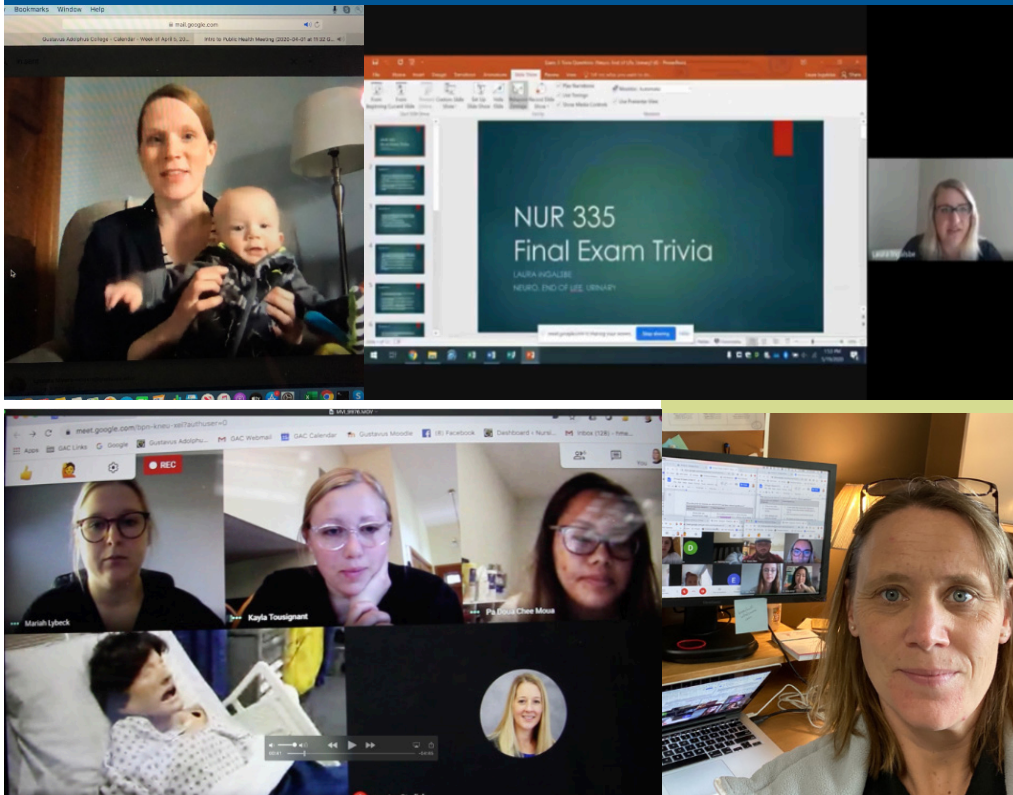
- Sydnie (Wigand) Graff '13

We were missing two weeks of classes, no physical contact with students, so no lectures, no labs, no in-person simulation, and no clinical. How could nursing faculty provide all these activities over our school's electronic learning management system? Is it possible to evaluate competence without working directly with the student?

As a Gustie, I have always been proud of my nursing degree. We are critical thinkers who are flexible and resilient. This semester, I was right in the thick of caring for others, my nursing students, as my team and I prepared another cohort of nursing students to be ready to meet the world, albeit from the other side of the computer. It turns out it is possible to recreate a curriculum in just a couple of weeks, spend six intense weeks with students and produce the next cohort of new graduate nurses, right on time.

- Linda (August) Carlyon '79
Nursing Faculty Instructor





TEACHING AND LEARNING - COVID STYLE

Kudos to our students and faculty for engaging with the curriculum from a distance during the last nine weeks of spring semester! While we were unable to have in-person class and clinical, technology became our best friend (and worst enemy!) for implementing teaching and learning activities, including virtual simulations.

Top Left: Thor joins his mom Lynnea Myers as a guest lecturer for the Public Health class.

Top Right: Laura Ingalsbe facilitates a final exam review/trivia game for the juniors.

Bottom Left: Seniors complete a telehealth simulation with their patient for their Final Performance Exam.

Bottom Right: Heidi Meyer proctors a final pharmacology group exam on three separate Google Meets!

DEPARTMENT ACHIEVEMENTS Congratulations!

Associate Professor, Jessica Stadick

Dr. Stadick received tenure and is now an associate professor in the Department of Nursing at Gustavus Adolphus College. The tenure installation ceremony was postponed until fall; however, we want to congratulate Jessica on this significant accomplishment!



Congratulations! Assistant Professor, Lynnea Myers

Dr. Myers completed a PhD in Developmental Neuroscience at the Karolinska Institute in Stockholm, Sweden. The title of her dissertation was Morphological Variants in Neurodevelopmental Disorders. She also has a PhD in Nursing from Vanderbilt University in Nashville, TN.



GRANT FUNDING RECEIVED

The Nursing Department received a grant from the Bremer Trust Fund to purchase a high-fidelity OB/critical care manikin, ventilator, and AED this past academic year. Faculty were trained on the manikin in January and it was used for advanced med/surg simulation in February. With additional support from the College for the installation of simulation recording equipment, the program's patient simulation rooms have become very effective and efficient teaching and learning environments. Co-authors of the grant were Jessica Stadick (Nursing) partnered with the Gustavus Grants Office to co-author the proposal.



Nursing department members pose by the newly acquired manikin for Gustie Gear Day.



The baccalaureate degree program in nursing at Gustavus Adolphus College is accredited by the Commission on Collegiate Nursing Education (ccneaccreditation.org).



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