



“Summer” 2018 Newsletter for Gustavus

NURSING ALUMNI

VOLUME 27, NUMBER 1

The Baccalaureate Nursing Program at Gustavus Adolphus College is accredited by the Commission on Collegiate Nursing Education: (<http://ccneaccreditation.org>)

News From Barbara Zust...



Greetings!

This has been an amazing year of connecting with alumni, and feeling so grateful for all of you! You have helped us find replacement faculty, interesting new community based learning experiences, and have given us guidance regarding new trends in Nursing!

I attended the AACN meeting in Washington D.C., and met up with Cynthia (Zotalis) Gustafson, '77 who was very helpful in mentoring us through accreditation, which, of course, is an ongoing process!

I also attended Dr. Verona Gordon's funeral with Becky Pyle '76, and Holly Elmore '77, along with many more Gusty Nurses from other classes. Verona taught Psychiatric Nursing at Gustavus. She was THE first woman to receive the Edgar Carlson Excellence in Teaching Award! She created INSIGHT, a cognitive therapy program for women which has been used nationally and internationally. I took her to the Shakopee Women's Prison to meet a group of women there who were attending the INSIGHT group I had arranged there. After that, she gave me a box of her INSIGHT books, and wanted me to get her program into correctional facilities for women. So, that's my plan!

The Administration added a new request to the departmental annual report this year, asking us to: **How have you used your liberal arts education in exceptional, creative, and interesting ways?** Being a little overdue on getting this report in on schedule, I

quickly sent out an all Nursing alumni request to get back to me on this. Although I am very certain I wasn't able to collect all the good things that you are doing, the ones that I did collect make me very proud to be a part of Gustavus Nursing Alumni! See the section in this Newsletter entitled: **Alumni Update: How have you used your liberal arts education in exceptional, creative, and interesting ways?** Let's keep adding to this!!

With deep gratitude for our Alumni,
Barb

News from Jessica Helget...



Greetings from Gustavus Nursing Department! I am so excited to start another fall here on the hill! I have continued to work in the department as the Lab, Simulation and NCLEX Prep Coordinator, all roles that I thoroughly enjoy! This year I have added an additional role as Clinical Coordinator. I have come to

appreciate the past relationships we have made with clinical sites and I love to continue to relationship build in order for our students to have the best clinical experiences possible!

During fall semester, my main role is working in lab with the first semester students. Teaching students in the lab setting has helped our students find comfort in caring for patient's hands on. Students are so eager to learn in the lab setting, so it makes my job so fulfilling! Additionally, I continue to work at Mayo Clinic Health System on a telemetry floor. This year I have expanded my nursing skills and have now crossed trained to a Progressive Care Unit (ICU step down). I have thoroughly enjoyed the challenges and high acuties in



the patient population I see. Being able to bring specific teaching and learning scenarios to the students from the acute care setting is rewarding for me as both an educator and a bedside nurse.

Simulation has become a large part of my role here at Gustavus, especially now that we received a grant to purchase a pediatric mannequin. This mannequin will be used in conjunction with our adult male, I-Stan. I am excited to use these two mannequins, along with a couple other “mid fidelity” mannequins this year. Additionally, we have purchased a medical moulage kit to make simulation “come to life!” I am excited to jump outside my comfort zone and use this kit to help enhance our simulations.

Lastly, as the NCLEX prep coordinator, I have learned so many new things again this year! The NCLEX prep curriculum we continue to use is ATI. Each year brings new ideas, videos, books, and sources of knowledge we are able to bring to our students. I enjoy meeting with the senior students to help prep them for their NCLEX and help put some anxiety at ease!

I feel very fortunate to have been able to engage in many remarkable experiences here at Gustavus thus far and I look forward to the next academic year with great excitement!

*Sincerely,
Jessica Helget*

News from Rose Jost...



Rose continues to teach Public Health for Gustavus. She has teamed up with our emeriti faculty: Jane Coleman, as Public Health clinical faculty. Rose oversees students at Dakota County and Scott County, Jane oversees students at Nicollet County, Brown County, and Watonwan County.

News from Heidi Meyer...



Heidi Meyer received a grant for a pediatric simulator this year. She is in the thick of her dissertation entitled: *Understanding Emotional Intelligence and its Relationship to Clinical Reasoning in Nursing Students: A Mixed Methods Study.*

She is hoping to defend her dissertation this summer. Heidi is receiving her PhD in Nursing from South Dakota State University, in Brookings, South Dakota.

News from Jessica Stadick...



Jessica Stadick is in the thick of her dissertation entitled: *“Assessing the Impact of Interprofessional Education on the Attitudes and Interprofessional Competencies of Health Care Professionals: A Mixed Methods Study”.*

Jessica will defend her dissertation this Spring/ Summer. Jessica is receiving her PhD in Nursing from South Dakota State University, in Brookings, South Dakota.

New from Lynnea Myers...



Greetings from Sweden! We are currently having the warmest summer ever recorded in Sweden. It has been lovely, but in a land of only a few buildings with air conditioning, the nights (and days) have been very hot!

Above: Mariah Schulte’17, Lynnea & Malin. Mariah spent J-term with Lynnea at Karolinska, doing research.



I have been on parental leave for the past year after the birth of our daughter and have so enjoyed my time with her! She will start in a Swedish preschool this fall.

In October 2017, I successfully defended my PhD in Nursing Science at Vanderbilt University. My dissertation was titled “Communicating with Health Care Providers: Perceptions of Parents of Children with Autism Spectrum Disorders.” The dissertation is available on line at:

<https://etd.library.vanderbilt.edu/available/etd-11022017-101115/unrestricted/Myers.pdf>.

I am currently drafting two manuscripts related to my dissertation study. I was also able to publish two papers this past year related to my work here: one focusing on the relationship between minor physical anomalies and diagnoses of neurodevelopmental disorders and another focusing on the ratio between the second and fourth digits of hands and its relationship to the presence of neurodevelopmental disorders. It has been a busy and memorable year!

<https://www.ncbi.nlm.nih.gov/pubmed/29209412>

<https://www.ncbi.nlm.nih.gov/pubmed/29704141>

I was thrilled to return to Gustavus several times this past year while we were home in Minnesota and was able to lecture in Fall 2017 to nursing students on prenatal, antenatal, and postnatal care in Sweden (based on my own experience delivering my daughter in Sweden) and public health screenings and in Spring 2018, I lectured to students on neurodevelopmental disorders in children.

We have been fortunate to travel a bit this past year and visited Belgium, Ireland, Spain, and Hungary. We will be leaving soon to travel to central Europe to meet up with some Gustavus classmates and their sons and will explore Germany, Slovenia, and Switzerland!

I look forward to returning to Gustavus again soon and I am so excited to share all that I have learned through this experience abroad with the next generation of nurses!

--Lynnea Meyers



Class of 2018 & Class of 2019



GRADUATE SCHOOL FOR GUSTAVUS NURSING CLASS OF 2018

Kyra Bryz-Gornia, Class of 2018, was accepted into the University of Minnesota's Doctoral Nursing Program for Informatics, beginning the fall of 2018.

Anniak E. Walter, Class of 2018, was accepted into the University of Minnesota's Doctoral Geriatric Nurse Practitioner Program beginning the fall of 2018.

PUBLICATIONS FROM UNDERGRADUATE NURSING RESEARCH 2017-2018

Jaclyn Housley, Class of 2016 & Anna Klatke, Class of 2016, published their undergraduate research "Evangelical Christian Pastors' Lived Experience in Counseling Victims/ Survivors of Domestic Violence" in the Journal of Pastoral Psychology, 66(5) 2017.

Breanna Flicek '16, Katie Moses '06, Courtney Schubert '06, & Jessica Timmerman '16, published their undergraduate research "10 Year Study of Christian Church Support of Domestic Violence Victims: 2005-2015" in the Journal of Interpersonal Violence, 2018.

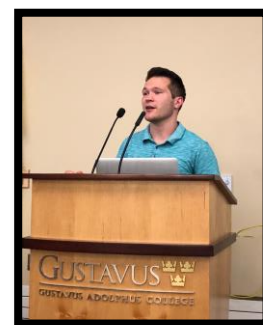
JENNA MORTEL '18 CONTINUED GUSTAVUS' LEADERSHIP ON THE MSNA BOARD



Jenna Mortel, Class of '18, served as the Director of Communications for the Minnesota Student Nurses' Association (MSNA). She worked hard on this year's MSNA Annual Convention, "Nursing: A Glimpse into the Future". The convention featured Rebecca Patton, the immediate past president of ANA, and a grad panel that featured two Gusties: Johnna Bottila'17, and Kristine Rogers'17. As a MSNA Board member, Jenna received funding to attend the NSNA Annual Convention in Nashville, TN. Gustavus has been represented on the MSNA Board for the past 4-5 years.

TAYLOR VOLD '18 KEYNOTE SPEAKER AT NURSES' WEEK BANQUET

Taylor Vold '18, was the keynote speaker for the Southern Minnesota Nurses Annual Nurse's Week Banquet on campus. Taylor's topic was "Health and Wellness in Chili" based on his summer internship in Chili.



ELISE STEPKA '18 GUSTIE OF THE WEEK

Elise Stepka '18, was featured by the Gustavus Weekly as Gustie of the Week. Elise served as a tour guide for prospective students. The Weekly stated that "Elise's nursing abilities and care for other people 'bled' into other corners of her life. In the Gustavus Wind Orchestra, she was known as the "Band Nurse". Elise was also involved in Language Buddies, helping an elementary school with English as a second language for Spanish speaking children; and Monday Friends, conversing with physically and/or mentally challenged people in the community. About graduating: Elise is grateful for the liberal arts opportunities that Gustavus offered, and remains continually impressed with the "tight-knit community that exists on the hill". "Being a Gustie", she said, "is a life long event."





Sigma Theta Tau International Honor Society of Nursing



Thirteen members of the Class of 2018 were inducted into Sigma Theta Tau International Honor Society of Nursing (STTI), Chi-at-Large Chapter. The ceremony was held at St. Catherine's University on November 4, 2017.

STTI is the second largest nursing organization. STTI was founded in 1922 by six nursing students from the University of Indiana. The honor society's name is derived from Greek words for Love, Courage, and Honor. Students who are inducted into STTI represent the top third of their class in academics, leadership and service. The following students were inducted from the Class of 2018:

Kyra A. Bryz-Gornia
Jenna C. Kivley
Kelli C. Poffenberger
Emem O. Udo

Olivia L. Crocker
Sophia J. Lyseng J.
Elizabeth E. Saunders

Alexandria C. Griep
Annika Olson-Merrick
Mariah A. Schulte

Taylor K. Karrow
Jennifer L. Nordlund
Hannah L. Sturtz

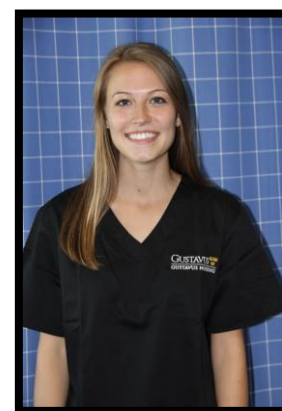


Pictured: Front row, from left to right: Olivia Crocker, Annika Olson-Merrick, Kelli Poffenberger, Elizabeth Saunders, Kyra Bryz-Gornia. Back row: Taylor Karrow, Emem Udo, Jenna Kivley, Maria Schulte, and Sophia Lyseng. (Not pictured: Alexandria Griep, Jennifer Nordlund, and Hannah Sturtz).

Faye M. Hershey Prize in Nursing

*The 2017 Faye M. Hershey Prize was presented to:
Jill C. Farniok, Class of 2019*

Established in 1992 by Barbara Knight Kaiser to honor the memory of her grandmother, Faye M. Hershey, a dedicated volunteer worker in nursing throughout her lifetime. This is an annual award made to juniors in nursing, who show promise as a prospective nurse and whose activities include volunteer work.





PINNING CEREMONY KEYNOTE SPEAKER BARBARA KROLL RECEIVES THE EXCELLENCE IN NURSING AWARD



On Saturday, May 5th, the Nursing Class of 2018 was honored with their traditional Nursing pins in celebration of finishing the Gustavus Nursing program. Family and friends were invited to share a pasta bar and dessert with their accomplished students. Barbara Kroll, Gustavus Nursing Alumni of 1963, was honored with the Distinguished Nursing Alumni award and spoke to the students about the changes in technology and society that have occurred in the past 50 years. The best part about Barbara's speech was the passion and love she displayed for the profession, the Gustavus community, and her beloved Gustavus classmates she still keeps in touch with. Taylor Karrow, '18 received the Academic Excellence Award for her hard work. Each student was pinned by Gustavus Nursing faculty. After Jessica Helget taught the students and

family about the history of the Gustavus Nursing Program and Nursing Pin that was given. Jessie then led any nurses in the audience to stand up and recite the original Florence Nightingale pledge with each other. The Gustavus Student Nursing Association (GSNA) Co-Presidents, Emee Udo and Mariah Schulte both '18, said a few words of gratitude toward the Nursing faculty, GSNA board members, Class Representatives, and the MSNA board member for their dedication to the program. It was a beautiful day to celebrate the new Gustavus Nursing Alumni!



Nursing Department Academic Excellence Award

*The 2018 Academic Excellence Award was presented to:
Taylor K. Karrow, Class of 2018*

Each year we present an award to the nursing student with the highest grade point average. While all students who are admitted to the Gustavus nursing program are the cream of the crop, achieving this academic feat is a notable accomplishment.

CLASS OF 2018 PINNING CEREMONY, MAY 2, 2018





GUSTAVUS IS NOW A TOBACCO FREE CAMPUS

Nissa Fell '00, Nurse Practitioner (NP and Nursing student, Jessica Dirks '19 worked this past school year to make Gustavus tobacco free. Gustavus received a grant through the American Lung Association to help make this happen. With volunteers from various organizations including the Gustavus Student Nurses Association (GSNA), the team handed out over 400 T-shirts raising awareness of the new tobacco free campus policy. The team also handed out tobacco cessation help. Nissa is a Nurse Practitioner in Gustavus' Health Services, and has been working on this project for 8+ years. Gustavus was one of the last colleges in MN to go tobacco free!

*Pictured from left to right is Rachel Strandmark '18, Nissa Stolp Fell '00 and Jessica Dirks, '19 wearing the shirts they handed out to students and staff.



NEWS FROM OUR ALUMNI...

How have you used your liberal arts education in exceptional, creative & interesting ways?

COL (R)Charlotte Olson Jerney '64 served as a nurse in the 44th Mobile Army Surgical Hospital (MASH) six months after graduating from Gustavus in Nursing. This unit was the closest hospital to the Demilitarized Zone (DMZ) between North and South Korea. She was assigned to Walter Reed Army Hospital before being stationed at the 95th Evacuation Hospital in Danang for which she was awarded the Bronze Star Medal for meritorious achievement in ground operations against hostile forces Charlotte represented women in the Armed Forces when she was asked to speak at the Vietnam Veterans Memorial Wall on the National Mall in Washington, D.C. on Memorial Day, May 30th 2016. Currently, Charlotte is running for an alders position for the City's Common Council in Verona, WI. She was nominated by the alders because she introduced ideas that had not been considered before, such as "instituting civic minded police programs to combat the rising opioid crisis, inclusivity, and diverse perspectives to make a high functioning council, promoting public health practices and paying attention to environmental conservation." The election is in April, 2019. (She currently serves on Gustavus Nursing's National Advisory Board).

Barbara Nelson Kroll '64 began a life long journey in nursing that encompassed clinical nursing practice in medical surgical, critical care, pediatrics and psychiatric patient care units; nursing educator in higher education, consultant regarding legal and ethical issues, and other entrepreneurial business enterprises. Barbara has provided review courses for new nursing grads taking the NCLEX, and has given one to one support and guidance to nurses who received corrective action from the MN Board of Nursing. She holds a Master's of Arts in Curriculum and Instruction in Allied Health; has written several articles for 'The Nightingale Newsletter'; and is always the advocate for Nursing, which she views as "a sacred calling of service to others." Barbara received the Gustavus Nursing Department's Distinguished Alumni Award this Spring.

Carolyn Kruger '64 spent over 30 years in international program development in the areas of maternal and child health through organizations such as World Vision, and was the Senior Technical Manager for the LINKAGES project/ USAID Global Funded Project, focusing on nutrition issues and the transmission of HIV from mother to child. She was also Professor and Chair, Health Science Division at Maryville University in St. Louis, MO.

Eunice Carlson '65 began her Nursing career with the Dept. of Veterans Affairs in Fargo, ND. She went on for a Master's degree and Med/Surg Specialist from the University of Nebraska. She developed the first CI Cpec role at the VA in Grand Island, NE.

Mary Ellen Kitundu '65 received the Distinguished Alumni Citation in 2015 for her work in establishing the first 500 bed Children's Hospital in Dar es Salaam, Tanzania to decrease the extremely high mortality rates of children under the age of five, and the high maternal-neonatal death rates. Mary Ellen also established a nursing school in Dodoma,



Tanzania. Prior to her recent death, Mary Ellen was working on a J-Term Internship for Gustavus Nursing students through the Dar es Salaam Children's Hospital. Gustavus students delivered 50 pound suitcases of nursing books and journals and nursing education lab supplies to Mary Ellen for her Dodoma Nursing School through the "With One Voice Tanzania" J-Term.

Karen Nelson '65 was the Director of Public Health Nursing from 1965- 2011: "My liberal arts education was always used to appreciate the value of every person. It helped to advocate for the peerless, and it gave me increased appreciation for the arts which helped handle the job stress."

Marcia (Nelson) Daehler '67 said "The liberal arts gave me the taste and the confidence to explore many roles and careers". She took on a supervisory role that also involved grant writing, when the Dept. of Health was merging two county health departments together. She worked in a crisis center for teens, and went on to be a psychiatric nurse in a general hospital. In 1996, she graduated from Purdue in adult psychiatric nursing, which led to consultant work, a certification in group psychotherapy, and a small private counseling practice she continues to do in retirement.

Ann Schwanke '69 used her Nursing degree to open a Veterinary Clinic with her husband, whom she assisted in surgery at the clinic. "Best advice given to me by one of my Nursing professors: Seek out the best in a field—the person that is willing to share their knowledge and mentor you!"

Dr. Jamesetta Alexander Newland '72 was inducted as a Fellow of the American Academy of Nursing in October (2017) at the Marriott Marquis in Washington, DC. This is one of the highest honors in the world that is given to a nurse. Dr. Newland is a clinical professor at New York University Rory Meyers College of Nursing and a nurse practitioner in primary care at a NYU Langone Health clinic. She is a Fulbright Specialist and returned to Lithuania this Spring (2018) to help faculty continue to develop the advanced nursing practice program there. She has published extensively and is the editor-in-chief of *The Nurse Practitioner*, a highly respected peer reviewed clinical journal for nurse practitioners. Jamesetta serves on Gustavus Nursing's National Advisory Board, and has been helpful regarding potential post-bac proposals.

Connie Hanson Martin '72 continues to practice nursing and has loved how varied her professional life has turned out. She is currently an OR nurse at Artie Nebraska Medicine in Omaha, Nebraska.

Pam Torkkola '73 is currently retired as of 2016 and has moved to Southern California to be closer to her children and grandchildren. For the last nine years of her nursing career she worked as the Nursing Educator at the M Health emergency departments. She keeps her California RN license current through multiple professional literature sources.

Vicki Haugen '76 says "While loving my whole career in nursing, my later professional years have lead me to become certified in parish nursing, spiritual direction, and as a BeFriender Lay Minister.... In my semi-retirement, I am truly enjoying training lay ministers in a community visitor program. The essence of nursing: faith and hope all facilitated in listening presence to those in need of support."

Rebecca Pyle '76 has been a Nursing leader, advocate and a community activist since her graduation from Gustavus. She developed and implemented a 'Chronic Special Needs Care Coordination Program' for pediatrics and adults for Kaiser Permanente Health Plan of Colorado; Served as President of the American Academy of Ambulatory Nursing and was instrumental in establishing the first domestic violence shelter in Ukraine. Currently, she is a Clinical Care Coordinator for the Sie Center for Downs Syndrome at Denver Children's Hospital and serves on the Board of Directors for Magic Moments Theatre Company for special needs youth and young adults.

Jane Vujovich '76 drew national attention with her design of elder residential living quarters in Steam Boat Springs, CO after being inspired by "nursing homes" she visited in Sweden. Part of the design involved placing playgrounds or day care centers in the center of the senior facility. Jane has recently been a Strategic Planner & Project Manager at MN Department of Human Services.



Cynthia Zotalis Gustafson '77 received her Master's degree in Public Health from the University of MN in 1983, and her PhD in Nursing from the University of MI in 1998. In the late 1990's she began developing parish nursing education, including a Parish Nurse Center at Concordia College in Moorhead, MN, and another Parish Nurse Center at Carroll College in Helena, MT where she was the chair for Nursing. In 2000, Cynthia helped establish a parish nursing program in Swaziland as a response to the AIDS crisis. This was the first parish nursing program in Africa. In 2012 Cynthia became the Executive Director of the Montana Board of Nursing. Her present position is with the University of Providence – a faith based academic environment combined with a large healthcare system: Providence St. Joseph Health. She stated “The mission statement of PSJH is one I can relate to and promote: *PSJH is an expression of God's healing love, we are steadfast in serving all, especially the poor and vulnerable.* This grounds my current work in preparation of undergraduate nurses to be steeped in the mission and values of compassion, dignity, justice, excellence, and integrity. My experiences at Gustavus with religion courses, philosophy course, art, literature opened my mind as a small town 18 year old, to see the world in new ways and experience the world of knowledge from all disciplines. Even my experience as a member of the woman's tennis team with Coach Koelher had a holistic effect on who I was and how I function in the world today.”

Jan Dauphinas Manary '78 earned a certificate of Health Care Management from the Carlson School of business and a Master's from the University of MN in Public Health. She progressed from clinical to administration to currently holding a Chief Operations role. She retired from the Navy as a Captain and received a Master's from the Navy War College in Strategy and Planning--the only nurse in her cohort. “Gustavus gave me the fortitude and courage to see to understand. I served one combat tour in Afghanistan and my early education formed a great foundation for me to understand the culture and adapt my style to the needs of the population I was serving.”

Renee Rule Greer '79 has been requested to be the Chief Nursing Officer at the 2019 World Scout Jamboree, celebrating 167 countries. This year, she was first runner up ‘Volunteer of the Year Joint Base, San Antonio. Renee was also selected to stand up new Orthopedic Trauma Registry for the Department of Defense, and chosen to lead a group of deployed active duty Guard and Reserve Flight Nurses in combat zone.

Rebecca Burnise '80 started her own business called Covenant Legal Nursing LLC, which helps patients write out their life plans, and estimated medical costs, with Medicare, etc.

Karen Vangness Schultz '80 began her Nursing Management career three years after graduation. In 2005, she became Vice President of patient Care for the largest medical center in Hawaii. She also was an adjunct instructor at Hawaii Pacific University for 3 years and at John A. Burns School of Medicine- Dept. of Psychiatry for 10 years. She said, “Although I went back to school a couple times (MSN and MBA in Healthcare management, I believe it was my good foundation from Gustavus that helped propel me.”

Julie W. Nadeau '81 was active duty in the Air Force for nine years and was stationed in Japan. She earned a Master's degree from California State University, and a Doctorate of Education from Walden University. She has had a 17 year relationship with Pearson Prentice Hall, contributing 9 chapters to 5 editions of a maternal newborn textbook. She was awarded and currently serves as the project director for a 4 year, \$2.6 million dollar HRSA Grant to support disadvantaged students. She also currently serves as a Holistic Admissions for Academic Nursing Consultant for the American Association of Colleges of Nursing (AACN). “ Gustavus prepared me extremely well for professional work that requires scholarly writing, and to work in complex, evolving environments, and with diverse populations.”

Amy Linner Quarberg '81 remembers doing her senior nursing research project on the power of touch, and discovered in the literature review this thing called Therapeutic Touch, a form of energy work. This was a foreign concept to her then, but today she is a holistic nurse clinician at St. John's Hospital giving patients what they really hunger for: Presence, hand or foot massage, energy work, guided imagery, and essential oils. She is also a consultant for staff wellbeing for Senior Care Communities, an organization where she introduced integrative care programs for nurses. In the mid 90's she wrote her Master's in Human development position paper on “Graceful Presence: Using Mindful Movement for Deepening Divine Connection” which was published in in the book: Holistic Nursing: A Handbook for practice, 4th edition. Lst year Amy was awarded the Nurse Excellence Award for St. John's Hospital and received the March of



Dimes Nurse of the Year Award in the category of Innovative and non-traditional Nursing. When she turns 62, (and tuition rates go waaaay down) she plans to go back to the U of M for her PhD.

Kim Dunlap-Madosh '84 submitted a request to do a self-study J-Term in her senior year at Gustavus regarding non-verbal communication in the OR. Bethesda Hospital agreed to teach her how to scrub in during the month of January in order to study the non-verbal communication first hand. This immersion in the OR set her up for a lifelong journey that included working in the OR at Marquette, MI; starting a surgical technology program that has now spread across the country; and designing operating rooms, sterile processing suites, a pre-op room and a PACU for a critical access hospital. Kim has served as Director of Surgical Services at UPHS Bell and UPHS Marquette. Currently, she is involved in building a new hospital—with 12 operating rooms--- scheduled to open in April 2019. Kim states, “I have so much to be thankful for, and one of the greatest is for my parents who encouraged me to go to Gustavus, and the wonderful liberal arts education I received there”.

Karen (Granquist) Gutierrez '85 completed her PhD on communication of prognostic information at the end of life in ICU patients at high risk for death in 2010 and has been teaching for Metro State University's Nursing Program for the last eight years. Recently, she was elected to the Board of Directors for Nursing Credentialing Corporation (AHNCC).

Cara (Wright) Broich '90 began her career in the Cardio-Vascular ICU at Abbott and then moved into the insurance industry. For the past 25 years, she has been working at Medica, beginning with quality of care investigations. Today, she is the Director of Quality & Clinical Advancement- Health Services which is responsible for designing and implementing the clinical models for new projects; the Accountable Care Organization(ACO), clinical relationships and engagement, the Medicare Stars Program, NCQA Accreditation for the health plan, Credentialing of the providers, medical Record reviews for quality and risk management, quality of care investigations, and quality improvement activities. Cara sits on the Board of Directors of Minnesota Community Measurement as well as the Reporting Advisory Committee. She states: “Without my liberal arts education I never would have had the opportunities that I have had. Quality Improvement theory has come easy because of my time at Gustavus.”

Sue (Goehl) Hemme '90 became an OB/GYN Nurse Practitioner and was recruited out of an OB GYN clinic to start an egg donor program and infertility clinic in 1997. She is currently the lead OG/GYN Nurse Practitioner at the Center for Reproductive Medicine in Minneapolis, and is working toward creating her own infertility business.

Jennifer Bowden Brickley '93 is working as the immunization Program Coordinator for Mayo Clinic Rochester's Primary Care practices. In 2017, she was awarded the Center for Disease Control (CDC)'s Childhood Immunization Champion Award for the State of Minnesota.

Deanna Mason '96 has been instrumental in creating a multi-disciplinary free clinic at Our Lady of Mercy Parish in Madrid, Spain. This clinic provides free health care to care for illegal immigrants that are barred from the public health care system due to Spain's economic crisis. Deanna is a Pediatric Nurse Practitioner and received her PhD from the University of North Dakota in 2010.

Katrin Pownell '00 graduated from the Franciscan Skemp Healthcare School of Anesthesia, University of WI, La Crosse, with a Master's degree in Biology with Nurse Anesthesia concentration in 2008. Currently, she is employed at Minnesota Gastroenterology and has two casual positions at Hudson Hospital and High Pointe Surgery Center. She also plays the piano for weddings, receptions, and funerals.

Kristina Mattson '02 said “ I have merged my liberal arts Nursing education and 11 years of experience as an oncology nurse, into the realm of Environmental Justice and Health community organizing, advocacy, and activism.” Kristina currently holds two elected positions: at-large Coordinating Committee member for the 4th Congressional District Minnesota Green Party, Saint Paul Highland Park District Council Representative (Spring 2018-2019). Previously, she held a position on the Highland District Council's Transportation Committee, and currently sits on the Board of the Highland District Council Community Engagement Committee. She co-founded a community action group called Zero Waste St. Paul, and has testified at the state Capitol in opposition of packaging preemption bills. She has also lobbied the state for funding and awareness of the I m pact of early childhood interventions on child outcomes in many disciplines of



study. Kristina is a Certified Master Recycler and Composter through Dakota County, and teaches classes on waste reduction at several elementary schools in St. Paul.

Erin Elling Peterson '03 became active with the Minnesota Nurses' Association Political Committee within the first year of graduating and has continued to speak up to legislators and political candidates about what Minnesota Nurses see as priorities in health care. As a Pulmonary Nurse Practitioner she has raised awareness of idiopathic pulmonary fibrosis by sharing her patient experiences and recommendations with nurse practitioners at national conferences and in round table panels with world renowned physician experts in the field. "I really appreciate how Gustavus Nursing education inspired me to always push myself to achieve more than I could ever imagine in this career!"

Elizabeth Eden '03 spent her first few years of her career working as a Hem/Onc/BMT nurse at Phoenix Children's Hospital. She became a Pediatric Nurse Practitioner in 2008 and then spent 6 years as a PNP for Allergy and Immunology before returning to Phoenix Children's Hospital as a Neuro-Oncology NP. She is creating protocols using the Ketogenic Diet. She has launched a "Nook Book" project at Phoenix Children's Hospital's Children's Cancer and Blood Disorder Clinic seeking to increase literacy for her patients and families.

Lindsay Vanderlinde '04 has transitioned from bedside nursing at a small hospital to The Minneapolis Heart Institute at Abbott Northwestern and is a nurse clinician for cardiothoracic surgery. She loves seeing current Gusties at their clinicals at Abbott representing GAC in gold and black.

Emily Ayers-Johnson '05 has worked in a cardiac step down unit in St. Paul, an outpatient cardiac clinic and doing outpatient chemotherapy administration in Illinois, and a home care position as a telehealth nurse for COPD-CHF patients in Milwaukee. Currently, she is looking forward to moving to the Twin Cities after her husband finishes his residency. She said, "I was definitely well prepared for these positions!"

Lynnea Piotter Myers '05 completed her Master's of Science as a Pediatric Nurse Practitioner at Duke University in 2006. She became President of the Minnesota Chapter of the National Association of Pediatric Nurse Practitioners from 2010-2012. She completed a PhD in Nursing at Vanderbilt University in 2017, and is currently in her last year of her Doctor of Medicine, Developmental Neurosciences at Karolinska University in Stockholm, Sweden. While at Karolinska, Lynnea created a J-Term Internship in Research at Karolinska for Gustavus students. Lynnea plans to return to teach at GAC, in the Fall, 2019.

Ana Bartz '07 received her Doctor of Nursing Practice, Family Nurse Practitioner from the University of Minnesota (2014). She has been working as a DNP at the at the Native American Community Clinic in Minneapolis, MN, and has recently started her own Mental Health clinic. She serves on Nursing's National Advisory Board, and created / manages the GAC Nursing Mentor website.

Laura Kojetin Ingalsbe '07 began her nursing career working at United Hospital in Orthopedics, Medical/ Surgical , and in the Float Pool. She served as co-chair for United's Nursing Research Council. Since January 2017, Laura has been an Independent Trunk Keeper for Matilda Jane Clothing. Her business has been able to benefit local Mothers of Preschoolers (MOPS) programs, Alzheimers patients, Syrian refugees, and local families overcoming tragic events. Laura has a Master's degree in Nursing education and currently is adjunct faculty for the Gustavus Nursing program.

Kalie Freeborn Townsend '08 received her Masters and Doctorate as a Family Nurse Practitioner from Viterbo University, La Crosse, WI. She wrote: "Working in healthcare, we meet a variety of people with varying backgrounds. I think having a broad educational base and open mind are essential in order to provide the best possible, individualized care to patients. A liberal arts education provided this education base and mind set."

Gretchen Libbey Jayawardena '09 began her Nursing career in the University of Iowa nurse residency program and worked for 5 years with cardiothoracic and vascular patients, and pediatric hematology/ oncology patients. She currently is working as an outpatient nurse/case manager at Vanderbilt in pediatric and adult cardiology for congenital heart disease. She received a Clinic Nurse Scholars grant to do research, and won the Care Care Associate Research Award at the International Symposium of Adult Congenital Heart Disease last year. She was asked to give an hour podium



presentation about her research at the ANCC Magnet Conference this October, but was unable to do so due to the birth of her first baby.

Carrie (Gunderson) Degerness '10 recently graduated from the University of Minnesota with her DNP in Health Innovation and Leadership with a certificate in Healthcare Design and Innovation. She is a Quality Improvement Specialist for inpatient services at Park Nicollet Methodist Hospital.

Katelyn Pedersen '10 worked in telemetry and CT ICU at Abbott for five years, and had the opportunity to travel to Honduras with an orthopedic and general surgery team. In 2015 moved to Seattle and worked for 2 years as a travel ICU nurse, mostly at the University of Washington Medical Center. Today she is at the University of Minnesota in a DNP Program to be a Family Nurse Practitioner. She hopes to use her degree to provide healthcare to underserved people in the Pacific Northwest. "Nursing at Gustavus and the college as a whole gave me the resources, encouragement, and educational diversity to inspire lifelong learning and curiosity about the integration about all subject matter within the human experience. The J-Term abroad programs fostered the confidence necessary to be a travel nurse, including the humility to ask for help and rely on others. Thank you, Gustavus!"

Angelica Yackel '10 initially found her passion in Public Health and health education. After working for a few years with Head Start, she decided to become a Family Nurse Practitioner through Georgetown University.

Brita (Gilyard) Erickson '11 is currently living in Silverthorne, CO with her husband. She works as a case management nurse at Summit Community Care Clinic, a family practice and Federally Qualified Health Center. Most patients she serves do not have insurance or have difficulty affording medical care. Brita added that she has loved learning more about primary care and the role it plays in a rural community like hers.

Kristin Kennedy '11 began her nursing career at MCHS Mankato. She later moved to the Twin Cities to work in critical care at HCMC before going to grad school for her masters in Anesthesia. She currently works as a CRNA at Mercy Hospital in Coon Rapids and occasionally at North Memorial. She has continued community service, including a mission trip to Nigeria where as an RN, she helped train nurses and staff to run a sustainable open-heart surgery program.

Laura Jensen '11 has been working at the Northfield Hospital for 2.5 years. Beginning in Med/Surg, she was cross trained for OB, and has recently started orientation for critical care. Laura stated "I use my liberal arts in communicating with and caring for my patients on a daily basis. It has set me up for learning more about different cultures. I still use my Spanish skills."

Paige (Hays) Pugh '11 has worked with CHI Health Clinics Orthopedics in Omaha, Nebraska from 2012-2017. She is married to Gustie Grad Chris Pugh '11 and has 2 daughters; Shane Elyse (3 years) and Brittyn Noelle (7 mo.). She recently moved to Lincoln with her family to be closer for her husband's work. After quitting her job in Omaha, she was an orthopedic nurse navigator at Bryan Health in Lincoln until she had her second baby with complications. Paige is currently back at her old job in Omaha, commuting every day. She supervises 42 clinical staff and oversees six clinic locations.

Stacy Miorana '12 started her nursing career in Hawaii, returning to Minnesota to work surgical oncology at the University of MN Medical Center, and is now a Holistic Nurse Clinician at St. Joseph's Hospital in St. Paul. "Having a liberal arts background is very helpful, because when something comes up at work, I have more knowledge to draw from that helps me connect with a variety of people in a variety of ways."

Cristian Raether '13 has been working as an RN in an Indian Health Services hospital on the Cheyenne River Reservation in Eagle Butte, South Dakota since he graduated from Gustavus.

April Phillips '14 is the Director of Allied Health for Ilisagvik College in Utqiagvik, Alaska. She also assists with Gustavus' Public Health Nursing students whose clinical is in Utqiagvik. Formerly known as Barrow, this area --the North Slope of Alaska-- is one of the most medically underserved areas in the country.



Kayla Warner '14 was the 2018 winner of the Rising Star Award. This award is given to a nurse with less than five years since board certification. Kayla is an RN at the University of Minnesota Physicians' Smiley's Family Medicine Clinic <http://mspmag.com/health-and-fitness/2018-outstanding-nurses-awards/>

Alicia (Woods) Hooper '14 is working as a Pediatric Neurology/Neuromuscular Care Coordinator at the U of M Pediatric Specialty Clinic. She recently was married in Christ Chapel; bought a house in Eagan, MN, and picked up a rescue puppy.

Mengyuan Sun '15 is working on her Doctorate in Veterinary Medicine at Columbia University in New York. She was accepted by two other Veterinary programs, but chose Columbia because it most closely aligned with her intent to combine Veterinary Medicine and Public Health when she returns to China. One Veterinary Program noted that they accepted her because she had clinical skills and people skills as a nurse.

Kailee Carlson '15 is working on her Doctorate in Chinese Medicine after working in an intensive care unit in Seattle, where she also served as a volunteer for the Seattle Children's Theatre.

Ellie Jenny '16 has been working at Abbott (Minneapolis), on a renal floor, in a float pool for med/surg and tele. This year, she started grad school at St. Scholastica in their Family DNP program.

Katie Kemp '16 is a former President of the Minnesota Student Nurses Association (MSNA), and is currently working with the American Nurses Association (ANA) to develop a chapter of ANA in Hawaii, which is the only state without an association. In 2017, Katie was awarded the Emerging Nurse award by the Hawaii Chapter of the American Organization of Nurse Executives. "The liberal arts emphasis and outstanding curriculum in the Gustavus Nursing Program fueled the passion and perseverance I have instilled in my Nursing practice and out of work involvements."

Sophia Iaquina '16 is working in Guatemala through the Peace Corp, with a focus on the public health of women and children.

Joey Vajgrt and Claire Gabler '17 After graduation, Joey and Claire moved out to Idaho. Claire recently took a school nurse position and Joey is looking into a Public Health career. They are both happy and healthy!

GAC Nursing Mentors on Facebook

Hello GAC Students and Alumni!

Our mentorship program for nursing students and grads is on Facebook: GAC Nursing Mentors, and allows students and alumni to connect, foster relationships, and engage in meaningful discussions. It's meant to be a place for encouragement, advice and connection for all nurses! You can find the group at the web address below and request membership from me once there (Ana Gronseth Bartz DNP FNP-C - Admin).

Hope to chat soon! <https://www.facebook.com/groups/624999747648862/>



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